

STONE SETTINGS *Stock Road Cemetery SS2 5QF*

Sunday 29th November 2.45pm **Sidney Barnett**

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 28 November / 16 Kislev** Mrs Zena Rose
Sunday – 29 November / 17 Kislev Mrs Lisa Franks, Mrs Lily Bloch, Mrs Sybil Graham, Mr Gerald Walters
Monday – 30 November / 18 Kislev Mr David Jacobson, Mrs Sue Abrahams
Tuesday – 1 December / 19 Kislev Mrs Sybil Graham, Mrs Denise Pitch, Mrs Joyce Harris, Mr Michael Phillips, Mrs Irene Josephs, Mrs Sheila Blaine
Wednesday – 2 December / 20 Kislev Mr Sid Berg, Mr Graham Berg, Mrs Renee Levine, Mr Maurice Lesley, Mr Larry Lisner, Ms Maralyn Lisner, Mr David Ramet
Thursday – 3 December / 21 Kislev Mr Barry Kaiser, Mrs Laraine Barnes
Friday – 4 December / 22 Kislev Mrs Muriel Rosenberg, Mr Elliot Baker, Mr David Baker, Mr Michael Baker, Mr Sammy Cohen, Mr Eddie Greene

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or leonardshulton@live.com, call Janice 07752874065 or Shul Office 01702 344900.

REGULAR EVENTS AT SWHC

<p>SEED Monday 7th Dec 8:45pm in Beit Hamidrash</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Monday Club - Shul Hall Call Maurice on 01702 351845</p>
<p>Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST</p>	<p>connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 csternshine@jcare.org</p>	<p>Bereavement Support Group Monday 21st Dec 8pm End of Year Social At the home Janice Steel Call Janice on 07752 874065</p>
<p>Little Latkes Baby & Toddler Group Tuesdays 10:30 – 12:00 Call Karen on 07887 847059</p>	<p>Pop-in – Talmud Torah Tuesday 15th Dec 2pm - 4pm Email Janice swhcfc@gmail.com</p>	<p>Cheder & SJYC Tuesdays / Thursdays southendyouth@outlook.com or call Barry 07876 685826</p>



Newsletter No. 907

SHABBAT COMMENCES 3:36pm

28 November 2015 | 16 Kislev 5776

Rabbi Binyamin Bar

Rabbi

Stanley Robinson

Geoffrey Pepper

Gabbaim

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*This week's Newsletter is kindly sponsored by **Suzanne & Anthony Larholt** who thank Rabbi Bar and the Community for their concern and support during Anthony's recent illness.*



SHABBAT VAYISHLACH TIMES

FRIDAY NIGHT

Mincha / Kabbalat Shabbat **3:35pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

Mincha **Immediately following the Morning Kiddush**

Shabbat ends **4:52pm**

Ma'ariv **5:20pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**

Ma'ariv **6:00pm**

MONDAY – THURSDAY

Shacharit **8:00am**

Ma'ariv **8:00pm**

NEXT FRIDAY

Shacharit **8:00am**

Shabbat commences **3:31pm**

Mincha / Kabbalat Shabbat **3:30pm**

Torah Reading	Daryl Luder	Soncino page 195
Haftorah Vayishlach	Roy Barnes	Soncino page 224

If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.

YAAKOV MEETS ESAV *Thoughts on the Parasha.*

Yaakov used several different tactics in dealing with Esav. He knew his brother was far more powerful than he was. Esav had four hundred warriors. By contrast, Yaakov had with him only his wives and children. At that time his oldest son was twelve. These children were to be the basis of the future Jewish people. But would they survive?

Yaakov tried conciliation, sending a large gift of several different kinds of livestock to Esav. Yaakov succeeded in persuading Esav to accept this gift. With this went an implicit acceptance on Esav's part of the existence of Yaakov and of the fact that he was in the right when he received their father's blessing. At the same time, Yaakov prayed to G-d, in a beautiful prayer expressing his feelings of humility. He felt that he was not worthy of all the great benefits that G-d had already granted him.

He was also ready to do battle. His tactic of dividing his camp in two was part of a military strategy. Yaakov was completely outnumbered, and he also hated the idea of harming others. Nonetheless, in order to protect his own life and the lives of his wives and children, he was ready to fight.

These are all different methods of relating to Esav, the enemies of the Jewish people through the ages. In different ways, these approaches have been used at various times in our long history to ensure our survival.

Prayer of course is a constant, which is always needed. Striking the right balance between conciliation and readiness for battle is the key to saving lives for everyone concerned. The goal is peace and safety, and Yaakov's meeting with Esav provides an example of skillful negotiation which was eminently successful.

Shabbat Shalom,
Rabbi Binyamin Bar

Kol Nidre Appeal 5776

It is still not too late to donate to this years' Kol Nidre appeal. Kindly call into the Shul office with your donation or go to: <https://mydonate.bt.com/events/swhc> to donate online.

Thank You. *Derek Silverstone*, President

DAILY MINYAN CONFIDENTIAL *An open letter to the gentlemen*

With so much illness about and many away, it is time for some other gentlemen to step up to the plate, and to be more conscientious and support the weekday services. Please do not ignore this polite request, and save on the phone bill! Attending Shul for a Yahrzeit, especially for a parent, or bringing help with you is a start! Thank you, *Geoffrey Pepper*

WHAT'S ON AT SWHC

THIS SHABBAT | Once again we welcome back **Daryl Luder**, who will kindly be leyning for us.

Tuesday 1st December | Jewish Women's Circle Rebbetzin Sufrin, in conjunction with Chabad, will be enlightening us with her invaluable knowledge at the home of Anne Wine. 7:45pm for 8:00pm. Please call Shul Office if you wish to attend.

Wednesday 2nd December | Jewish Men's Circle Rabbi Sufrin, in conjunction with Chabad, will be enlightening us with his invaluable knowledge at the home of Laraine & Roy Barnes. 7.45pm for 8.00pm. Please call Shul Office if you wish to attend.

Shabbat 5th December | The Kiddush will be kindly sponsored by Dr David & Carole Pelta as they say 'Cheerio' to Southend & Westcliff.

Public Menorah Lighting at Cliffs Pavilion | Sunday 6th - Sunday 13th December

Daily lighting times – Nightly sponsors with donuts!

Sunday 6th December, 7:30pm

Monday 7th December, 7:30pm

Tuesday 8th December, 6:30pm **Cheder Night**

Wednesday 9th December, 7:30pm

Thursday 10th December, 7:30pm

Friday 11th December, 3pm (Before Shabbat)

Saturday 12th December, 6pm **Youth Chanukah Party**

Sunday 13th December, 7.30pm **Gala Night**



The Chanukah Buzz | Motzie Shabbat 12th December, 6:30pm – 9pm

Come and join us for the Youth Chanukah Party. Food, Live DJ, Arts & crafts. See poster in Shul. Tickets from Barry Jacobs southendyouth@outlook.com 07876 685826.

AID Society Bridge | Thorpe Bay Bridge Club

20th Dec & 10th Jan. Call Geoff Cohen 339601 or Jan Linden 343289

Jewish Museum London | Exhibition "Blood" – til 28th February 2016

Email admin@jewishmuseum.org.uk for more information.

NOTICES

Security and CST Volunteers In light of the current situation we are urgently looking to recruit members of the community to join our Security Team. No experience necessary, full training given. Your community needs YOU! Please contact Kevin on 07855 257640.

The Shop | Opening Hours Sunday, 9.30am-11.30am Thursday, 10.00am – 4:30pm

Friday, 9.00am – 12:30pm Monday, 12noon – 3pm (Cash only)

Email alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271.

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives and friends and sponsor the Newsletter and/or Kiddush? Please contact the Shul Office to confirm availability, to book a Kiddush, contact **Lisa Berg on 07760 141162.**