

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 19 December / 7 Tevet Mrs Frances Kalmus, Mr Ronald Roback
Sunday – 20 December / 8 Tevet Mr Ronnie Blacker, Miss Lorraine Blacker,
 Mr Henry Harris, Mr Alan Jacobs, Mrs Lily Bloch, Mr Simon Luton, Mrs Judith O'brart,
 Mrs Josephine Pitch, Mr Malcolm Pitch, Mr Stuart Pitch
Monday – 21 December / 9 Tevet Mrs Carol Gedda, Miss Bertha Morris,
 Mr Geoff Newman, Mr Jeffrey Phillips
Tuesday – 22 December / 10 Tevet Mrs Benita Speck, Mrs Nita Marcus,
 Mrs Christine Leeding, Mr Ray Turner
Wednesday – 23 December / 11 Tevet Mrs Rita Ereira, Mrs Elise Levy, Mrs Lillie Wand,
 Mr Alan Wand
Thursday – 24 December / 12 Tevet Mrs Marilyn Lewis, Mrs Evelyn Statman,
 Mrs Linda Crystall, Mrs Betty Young
Friday – 25 December / 13 Tevet Mr Maurice Arkus, Mr Sammy Cohen,
 Mrs Sandra Symons, Mrs Estelle Luton, Rabbi Emmanuel Levy

Saying Kaddish in Shul? Please ensure you bring at least two relatives or friends to help with the Minyan.

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or leonardshulton@live.com, call Janice 07752874065 or Shul Office 01702 344900.

REGULAR EVENTS AT SWHC

SEED Monday 21 st Dec 8:45pm in Beit Hamidrash	J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info	Monday Club - Shul Hall Closed til 11 th Jan Call Maurice on 01702 351845
Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST	connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 csternshine@jcare.org	Bereavement Support Group Monday 21 st Dec 8pm End of Year Social At the home Janice Steel Call Janice on 07752 874065
Little Latkes —Closed til 12 th Jan Baby & Toddler Group Tuesdays 10:30 – 12:00 Call Karen on 07887 847059	Pop-In – Talmud Torah Tuesday 12 th Jan 2pm - 4pm Email Janice swhcfc@gmail.com	Cheder & SJYC Closed til 5 th Jan southendyouth@outlook.com or call Barry 07876 685826

Security and CST Volunteers In light of the current situation we are urgently looking to recruit members of the community to join our Security Team. No experience necessary, full training given. Your community needs YOU! Please contact Kevin on 07855 257640.



Newsletter No. 910

SHABBAT COMMENCES 3:30pm

19 December 2015 | 7 Tevet 5776

Rabbi Binyamin Bar

Rabbi

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Geoffrey Pepper

Gabbaim

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SHABBAT VAYIGASH

FRIDAY NIGHT

Mincha / Carlebach-Style Kabbalat

Shabbat **3:30pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

Mincha **Immediately following the Morning Kiddush**

Shabbat ends **4:49pm**

Ma'ariv **5:15pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**

Ma'ariv **6:00pm**

MONDAY

Shacharit **8:00am**

Ma'ariv **8:00pm**

TUESDAY | FAST OF TEVET

FAST BEGINS **6:10am**

Mincha / Ma'ariv **3:30pm**

Shacharit **8:00am**

FAST ENDS **4:51pm**

WEDNESDAY

Shacharit **8:00am**

Ma'ariv **8:00pm**

THURSDAY

Shacharit **8:30am**

Ma'ariv **6:00pm**

NEXT FRIDAY

Shacharit **9:00am**

Shabbat Commences **3:34pm**

Mincha / Carlebach-Style Kabbalat Shabbat **3:35pm**

This week's Newsletter is kindly sponsored by **Rosalyn & Derek Silverstone** as they celebrate their Ruby (40th) Wedding Anniversary. Mazel Tov!

Torah Reading	Rabbi Bar	Soncino page 277
Haftarah Vayigash	Derek Silverstone	Soncino page 293
<i>If you would like to repeat your Barmitzvah Haftarah, please contact the Gabbaim.</i>		

MAZEL TOV *A hearty Mazel Tov from the SWHC Community!*

Audrie & Alan Braden on the occasion of their Golden (50th) Wedding Anniversary
Sheila & Geoffrey Waterman on the occasion of their Golden (50th) Wedding Anniversary

YOSEF HATZADIK, JOSEPH THE RIGHTEOUS *Thoughts on the Parasha.*

Yosef could no longer hold himself back in front of all that were standing by him and so he called, "Go out all men from nearby me!" and no man stood near him when Yosef let his brothers know. And he gave a cry out with his weeping voice, and the Egyptians heard, and the house of Pharaoh, and Yosef said to his brothers, "I am Yosef! Is my father still alive?" And his brothers were not able to answer him because they were confounded from him.

Yosef took an awful risk by sending away the Egyptians and leaving himself unprotected before a desperate and dangerous audience. Why did he do it? The Midrash asks and answers: "Go out all men from nearby me!" Why did Yosef do this? Rabbi Shmuel Bar Nachman said, so said Yosef in his heart, "It is better that I should be killed, only that I should not embarrass my brothers in front of the Egyptians!"

Amazing! The most powerful instinct in a person is to remain alive and yet Yosef was willing to risk everything just so as not to embarrass his brothers. Any doubts we might have had about the purity of his motive for the game of "cat and mouse" he played with his brothers were also clarified in those moments before he revealed his true identity. Not only was not it not done out of cruelty or callousness but it was certainly based on love and compassion. 1) He wanted to make sure they had done a complete *Teshuva* which can only be determined if they find themselves in the exact same situation and they react differently. 2) Since they had judged him to be a false prophet based upon the pronouncements of his dreams, he needed to see the fulfilment of at least one dream, eleven bundles bowing down to his, even if he had to manipulate the last percentage manually.

How did Yosef do it? How did he muster the courage to hold his ocean of emotions from bursting forth just long enough till the Egyptians had left? How did he develop the instinct to not shame his brothers? Stronger than the reactivity to his own physical pain, having sensitivity to the feelings of others. That's the amazing Yosef HaTzadik!

I would like to take this opportunity to wish **Ros & Derek Silverstone**, our dear President and his wife, a heartfelt Mazel Tov on the occasion of their 40th wedding anniversary. Much nachus and simchas for many years ahead!

Shabbat Shalom,

Rabbi Binyamin Bar

WHAT'S ON AT SWHC

THIS SHABBAT | The special Cholent Kiddush is generously sponsored by **Rosalyn & Derek Silverstone** as they celebrate their Ruby (40th) Wedding Anniversary on 21st December. Mazel Tov!

AID Society Bridge | Thorpe Bay Bridge Club

20th December & 10th January. Call Geoff Cohen 339601 or Jan Linden 343289

Women's Circle | Tuesday 5th January 7:45pm for 8:00pm

Rebbetzin Sufrin, in conjunction with Chabad, will be enlightening us with her invaluable knowledge at the home of Florette Lieberman. Those needing a lift should contact Rochelle Samuel Rockyboobah@gmail.com and she will do her best to arrange.

Holocaust Memorial Day | Wednesday 27th – Thursday 28th January

A tree will be planted at noon on 27th January in Eastwood. A service of commemoration will take place at 5:30pm at the Civic Centre, Southend. On 28th January at 6:30pm the film "Night will Fall" will be shown at The Forum Theatre. A series of exhibitions will be displayed at the Civic Centre and in The Forum. All events are free to attend.

Ashley Blaker: Unfiltered | Thursday 18th February, 7:30pm

The Jewish Chronicle presents a stand-up show from the only Charedi Jew in British comedy! Tickets £15. Information on how to purchase tickets will follow shortly.

Jewish Museum London | Exhibition "Blood" – til 28th February 2016

Email admin@jewishmuseum.org.uk for more information.

THE SHOP

Normal Opening Hours

Sunday, 9.30am-11.30am

Friday, 9.00am – 12:30pm

Thursday, 10.00am – 4:30pm

Monday, 12noon – 3pm (Cash only)

Amended Opening Hours over the Winter Break

Tuesday, 22nd December 2.30pm – 4.30pm

Wednesday 23rd December 10:00am – 4:30pm

Thursday 24th December 9:00am – 1:00pm

CLOSED Friday 25th – Wednesday 30th December inclusive

Thursday 31st December 10:00am – 2:00pm

Please place your orders as soon as possible to avoid disappointment.

Email alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271.

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives and friends and sponsor the leaflet and / or Kiddush? Please contact the Shul Office to confirm availability and if you would like to book a Kiddush, please contact **Lisa Berg 07760 141162**.