



5 December 2015 | 23 Kislev 5776

Rabbi Binyamin Bar

Rabbi

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*This week's Newsletter is kindly sponsored by **Dr David & Mrs Carole Pelta** as they bid "Cheerio" to Southend & Westcliff for pastures new.*



רֹאשׁ חֹדֶשׁ

ROSH CHODESH TEVET

Shabbat & Sunday 12th & 13th Dec
New Moon Friday 11th Dec 7:19am

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Gyula Vari and **Sasha Small** on the loss of a wife and mother, **Herta Vari**

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 5 December / 23 Kislev Mrs Cheryl Goldenberg, Mrs Carole Pelta, Mrs Shirley Gibeon

Sunday – 6 December / 24 Kislev Mr Stephen Barnett, Mr Cyril Berman, Mr Victor Berman, Mr Michael Goldstein, Mr Cedric Jacobs, Mr Keith Jacobs, Mr Stuart Jacobs

Monday – 7 December / 25 Kislev Mrs Sybil Graham, Mrs Suzanne Taylor, Mrs Joan Green, Mrs Brenda Hendrick

Tuesday – 8 December / 26 Kislev Mr Cyril Berman, Mr Victor Berman, Mr Brian Moss, Mrs Lily Marks, Mrs Barbara Kerkhoff, Mrs Josephine Muslin

Wednesday – 9 December / 27 Kislev Mr Michael Assenheim, Mrs Brenda Franks, Mrs Edna Stuart, Mrs Zena Rose

Thursday – 10 December / 28 Kislev Mr Michael Konyn, Mrs Roberta Rose, Mrs Zena Rose, Mr Stephen Rosenthal, Mrs Miriam Litman

Friday – 11 December / 29 Kislev Mrs Francine Green, Mr Jeffrey Barcan, Mr Larry Lisner, Ms Maralyn Lisner, Mr Alan Shalet, Mrs Sylvia Vandermolten, Mr Michael Vandermolten, Mrs Frances Witzendorf, Mr Alan Witzendorf

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or leonardshulton@live.com, call Janice 07752874065 or Shul Office 01702 344900.

REGULAR EVENTS AT SWHC

<p>SEED Monday 7th Dec 8:45pm in Beit Hamidrash</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Monday Club - Shul Hall Call Maurice on 01702 351845</p>
<p>Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST</p>	<p>connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 csternshine@jcare.org</p>	<p>Bereavement Support Group Monday 21st Dec 8pm End of Year Social At the home Janice Steel Call Janice on 07752 874065</p>
<p>Little Latkes Baby & Toddler Group Tuesdays 10:30 – 12:00 Call Karen on 07887 847059</p>	<p>Pop-In – Talmud Torah Tuesday 15th Dec 2pm - 4pm Email Janice swhcfc@gmail.com</p>	<p>Cheder & SJYC Tuesdays / Thursdays southendyouth@outlook.com or call Barry 07876 685826</p>

SHABBAT VAYESHEV TIMES

FRIDAY NIGHT

Mincha / Kabbalat Shabbat **3:30pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

Mincha **Immediately following the Morning Kiddush**

Shabbat ends **4:49pm**

Ma'ariv **5:15pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**

Ma'ariv **6:00pm**

MONDAY – THURSDAY

1st – 4th Days of Chanukah

Shacharit **8:00am**

Ma'ariv **8:00pm**

NEXT FRIDAY

5th Day of Chanukah

Shacharit **8:00am**

Shabbat (6th Day of Chanukah)

commences **3:29pm**

Mincha / Kabbalat Shabbat **3:20pm**

This will enable the lighting of the Chanukah Candles which must be lit in the Shul before the onset of Shabbat which begins at 3.29pm

Torah Reading	Rabbi Bar	Soncino page 229
Haftorah Vayeshev	Geoffrey Pepper	Soncino page 248
Blessing the New Month	Tevet	Sacks Singers page 424

If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.

CONSTANT CLIMBING *Thoughts on the Parasha.*

In this week's Parasha we read how Tamar, Yehuda's daughter-in-law, was informed that Yehuda was about to come to the town of Timna to shear his sheep. In the words of the Torah: "And it was related to Tamar saying: 'Behold, your father-in-law is coming up to Timna to shear his flocks."

The Torah does not detail the nature of a person's going and coming if not absolutely necessary to the content of the story. For example, even though Avraham was taking his son Yitzchak up a mountain (in the story of the *Akeda*) the verse simply says "And he went to the place etc." Why then, does the verse specify in our story of Tamar, that Yehuda " ...is *coming up* to Timna... "?

Rashi, in an innovative interpretation, explains that Timna was one of those few towns located on the slopes of a mountain. Rashi states, "...you ascend to it from one direction and descend to it from the other."

It is now clear that the expression of ascent is pertinent in the story of Tamar. For since Timna was on the mountain-slopes, Tamar, who was planning to go and meet Judah, could not have known from which direction her father-in-law was approaching the town if her informer had failed to say "...coming up to Timna...".

Our service of Hashem is similar to ascending a mountain. A mountain climber cannot stop mid-way on the steep slope, as it is almost impossible to prevent himself from losing his footing and falling; he must climb steadily upwards. Similarly, in ascending the "mountain of G-d" a constant upwards movement is vital, not only for the purpose of going higher, but also to ensure that one does not fall lower.

The Chanukah lights teach us a similar message. Every night of Chanukah a new light is added, for spiritual affairs must always be in ascendancy. To observe the Mitzvah today with the same devotion as yesterday, we must increase our commitments!
Wishing you all a wonderful, bright and happy upcoming Chanukah!

Shabbat Shalom,
Rabbi Binyamin Bar

Kol Nidre Appeal 5776

It is still not too late to donate to this year's Kol Nidre appeal. Kindly call into the Shul office with your donation or go to: <https://mydonate.bt.com/events/swhc> to donate online. Thank You. *Derek Silverstone*, President

WHAT'S ON AT SWHC

THIS SHABBAT | The Kiddush is kindly sponsored by Dr David & Carole Pelta as they say 'Cheerio' to Southend & Westcliff.

Public Menorah Lighting at Cliffs Pavilion | Sunday 6th - Sunday 13th December

Daily lighting times – Nightly sponsors with donuts!

Sunday 6th December, 7:30pm

Monday 7th December, 7:30pm

Tuesday 8th December, 6:30pm **Cheder Night**

Wednesday 9th December, 7:30pm

Thursday 10th December, 7:30pm

Friday 11th December, 3pm (Before Shabbat)

Saturday 12th December, 6pm **Youth Chanukah Party**

Sunday 13th December, 7.30pm **Gala Night**



The Chanukah Buzz | Motzie Shabbat 12th December, 6:30pm – 9pm

Last chance to book for the Youth Chanukah Party. Food, Live DJ, Arts & Crafts. See poster in Shul. Tickets from Barry Jacobs southendyouth@outlook.com 07876 685826.

AID Society Bridge | Thorpe Bay Bridge Club

20th Dec & 10th Jan. Call Geoff Cohen 339601 or Jan Linden 343289

Jewish Museum London | Exhibition "Blood" – til 28th February 2016

Email admin@jewishmuseum.org.uk for more information.

NOTICES

Security and CST Volunteers In light of the current situation we are urgently looking to recruit members of the community to join our Security Team. No experience necessary, full training given. Your community needs YOU! Please contact Kevin on 07855 257640.

The Shop | Opening Hours Sunday, 9.30am-11.30am Thursday, 10.00am – 4:30pm

Friday, 9.00am – 12:30pm Monday, 12noon – 3pm (Cash only)

Email alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271.

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives and friends and sponsor the Newsletter and/or Kiddush? Please contact the Shul Office to confirm availability, to book a Kiddush, contact **Lisa Berg on 07760 141162.**