

**STONE SETTING** *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 23<sup>rd</sup> April **Ashley Kalms** 3:00pm

**Yahrzeits** *Rabbi Bar and the whole community wish the following members, Long Life.*

*(Yahrzeits begin the night before the date below)*

**Shabbat –15 April / 19 Nisan** Mrs Sylvia Shaw, Mr Sam Rakusen

**Sunday – 16 April / 20 Nisan** Mr David Garston, Mrs Janet Levene, Mr Anthony Kanutin, Mrs Anita Salomon, Mrs Helen Koppel, Mrs Felicia Lawrence, Mrs Carol Turansky

**Monday – 17 April / 21 Nisan** Mrs Sonia Helper, Mrs Angela Klemer, Mrs Janice Linden, Mrs Joy Harris, Mrs Diane Cohen, Mrs Jackie Jacks, Mr David Walters

**Tuesday – 18 April / 22 Nisan** Mr Kenneth Carter, Mrs Joyce Harris, Mr Stephen Redstone, Mr Stephen Salt, Mrs Marion Sussman, Mrs Simone Ridgewell, Mrs Stephanie Greenbaum

**Wednesday – 19 April / 23 Nisan** Mrs Myra Gordon, Mrs Rochelle Samuel, Mrs Shirley Gibeon

**Thursday – 20 April / 24 Nisan** Mrs Joyce Baum, Mr Barry Foreman, Mr Mark Rubin, Mr Anthony Rubin

**Friday – 21 April / 25 Nisan** Mrs Jean Delmonte

**VISITING THE SICK** If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email [swhcf@gmail.com](mailto:swhcf@gmail.com) or [leonardshulton@live.com](mailto:leonardshulton@live.com) call Janice 07752 874065 or Shul Office on 01702 344900.

**REGULAR EVENTS**

<p><b>Monday Club</b> Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p><b>Little Latkes Baby &amp; Toddler</b> Monday 24<sup>th</sup> April 10:30am - 12noon Call Karen on 07887 847059</p>	<p><b>Bereavement Support Group</b> Monday 8<sup>th</sup> May At the home of Ivan Kanutin Call Janice on 07752 874065</p>
<p><b>Cheder Closed this Tuesday</b></p>	<p><b>Pop-In   Talmud Torah</b> Tuesday 9<sup>th</sup> May 2pm-4pm Email Janice <a href="mailto:swhcf@gmail.com">swhcf@gmail.com</a></p>	<p><b>J.A.C.S. Wednesdays</b> Call Allan Goldstein 01268 771978 for more info</p>
<p><b>Discussion Group on Torah insights into the weekly Sidra</b> Every Wednesday after Ma'ariv in the Beit Hamedrash</p>	<p><b>SJYC – Youth Club</b> Thursdays 4:30 – 6:30pm <a href="mailto:youth@swhc.org.uk">youth@swhc.org.uk</a> or call Barry 07876 685826</p>	<p><b>AID Society Bridge– 30<sup>th</sup> April</b> Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p><b>Jewish Museum til 24<sup>th</sup> Sept</b> Amy Winehouse A Family Portrait For Info call 020 7284 7384</p>	<p><b>Stock Rd Cemetery, SS2 5QF</b> Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p><b>Add your Simcha onto the Website!</b> Contact Stanley Robinson <a href="mailto:stan.stanrob@gmail.com">stan.stanrob@gmail.com</a></p>

**THE SHOP** *Kosher fresh, frozen, dry and baked goods available locally.*

Re-opens Thursday 20<sup>th</sup> April 10am to 4:30pm, Friday 21<sup>st</sup> April 9am to 11am

Call 01702 430307 (during opening hours) email: [alanmarkovitch@yahoo.co.uk](mailto:alanmarkovitch@yahoo.co.uk) / call 07956 597271



בס"ד



15 April 2017 | 19 Nisan 5777

Newsletter No. 979

**Rabbi Binyamin Bar**

*Rabbi*

**Stanley Robinson**

**Geoffrey Pepper**

*Gabbaim*

Finchley Road  
Westcliff-on-Sea  
Essex SS0 8AD

**Telephone** 01702 344900

**Fax** 01702 391131

**Email** [shuloffice@swhc.org.uk](mailto:shuloffice@swhc.org.uk)

**Website** [www.swhc.org.uk](http://www.swhc.org.uk)

**Facebook** [facebook.com/swhc.org.uk](https://facebook.com/swhc.org.uk)

**SHABBAT Chol Hamoed**

**FRIDAY NIGHT**

Shabbat commences

and Candle lighting **7:33pm**

Mincha/Kabbalat Shabbat **7:30pm**

**SHABBAT DAY**

Shacharit **9:30am**

Children's Service with  
Rebbetzin Chaya Faigie **10:30am**  
*followed by Kiddush*

Mincha **7:30pm**

*followed by Seudah Shlishit kindly*

sponsored by **Myra & David Gordon**

Ma'ariv when Shabbat ends **8:49pm**

*This week's Newsletter is kindly sponsored by **Rebbetzin Chaya Faigie Bar**, in celebration of her husband, **Rabbi Binyamin Bar's 40<sup>th</sup> Birthday.** **MazelTov!***

**WEEKDAY SERVICE TIMES**

**SUNDAY**

Shacharit **8:30am**

**1<sup>st</sup> Night Yom Tov – 7<sup>th</sup> Day Pesach**

Mincha then Ma'ariv **7:30pm** Candle Lighting **7:36pm**

**MONDAY – FRIDAY** See inside for all Pesach & Week Day Service Times

*The Shul Office will be closed on  
Monday 17<sup>th</sup> & Tuesday 18<sup>th</sup> April*

*We extend a very warm welcome to everyone attending our service this Shabbat.*

<b>Torah Reading</b>	<b>Rabbi Bar</b>	Soncino p558	Art Scroll Machzor p588
<b>Maftir</b>	<b>Rabbi Bar</b>	Soncino p945 v 19	Art Scroll Machzor p594
<b>Haftorah</b>	<b>Geoffrey Cohen</b>		Art Scroll Machzor p596
<b>Anim Zemirot</b>		Sacks Singers p458	Art Scroll Machzor p624

*If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim*

## SPLITTING OF THE SEA ON 7<sup>th</sup> DAY PESACH *Thoughts on the Parasha.*

Behind the Jewish people was an army ready for war. Before them was a deep and impassable ocean. They could neither advance nor retreat. They were ambushed. What could they do?

Moses tried an age-old tactic: he cried out to G-d. But G-d rebuked him: "Why do you cry to me? Tell the Children of Israel to journey forth."

Journey forth, but how? There was an ocean before them! G-d never addressed this question, and Moses never asked it. G-d said to journey forth, and journey they did. Yet the Children of Israel hesitated. They were prepared to plough into the ocean, but they needed to be led.

So Nachshon son of Aminadav stepped in. He was the prince of the tribe of Judah. Leading his tribe, Nachshon strode into the sea. Wading through the rising tide, the waters first reached his waist, then his chest and shoulders. At the very last moment, as the waters reached his nostrils, the Red Sea parted and the Children of Israel followed him into the sea.

As King David described: "The ocean saw and fled." (Psalm 114).

The Midrash cites many reasons for which our ancestors merited the splitting of the Red Sea. According to some of our sages, the waters parted because of the merit of our ancestors' profound faith and unwavering confidence that G-d would protect them.

And the question is: why did the waters wait to split until Nachshon jumped in?

Faith is a quality of the soul. It exists within us at all times. Even when we deny our faith, our soul within continues to believe. But G-d is not satisfied with concealed inner faith. The waters were waiting for the Jewish people to express their faith through action. The sea demanded an external demonstration of their faith. When Nachshon sallied forth and expressed the faith that the nation carried within themselves, the waters quickly parted.

Every Jew is capable of reaching the pinnacle of devotion which Nachshon reached. If we are absolutely determined to keep Shabbat or to put on *tefillin* each morning, G-d will find a way to make it possible. If we are absolutely committed to walk in the path of Torah, G-d will give us the strength to do so. Like the Red Sea, our obstacles will vanish, giving us clear and unimpeded passage.

**Shabbat Shalom**

**Rabbi Binyamin Bar**

## SPONSORSHIPS *Celebrate and commemorate your loved ones.*

**Ladies Guild Kiddushim** Contact Lisa Berg on [swhc.org.uk/ladies-guild/#kiddush](http://swhc.org.uk/ladies-guild/#kiddush) or 07760141162

**Newsletter** Contact the Shul Office £25 donation.

**Tree of Life in the Shul Hall** For our 110th Anniversary, each leaf will be £110 for a limited period.

## MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

**Myra Blayer** on the occasion of her 90<sup>th</sup> Birthday

**Yvette Eichen** on the occasion of her 85<sup>th</sup> Birthday

## Pesach & Weekday Service Times

### Shevi'i Shel Pesach – Monday 17<sup>th</sup> April

Morning Service 9:30am

Mincha then Ma'ariv 7:50pm

**Candle Lighting 8:53pm**

*The candles should not be lit before this time*

### Ach'aron Shel Pesach – Tuesday 18<sup>th</sup> April

Morning Service 9:30am

'**Yizkor**' Memorial Service approx 11:15am

Mincha 7:45pm

*Followed by Seudat Neilat Hachag at the home of Rabbi & Rebbetzin Bar*

Ma'ariv, Yom Tov ends **8:55pm**

### Wednesday 19<sup>th</sup> April & Thursday 20<sup>th</sup> April

Morning Service 8:00am

Mincha then Ma'ariv 8:00pm

### Friday 21<sup>st</sup> April

Morning Service 8:00am

Mincha then Ma'ariv 7:30pm Shabbat commences 7:44pm

## FORTHCOMING EVENTS

This week's Kiddush is generously sponsored by **Rebbetzin Chaya Faigie**, in celebration of her husband, **Rabbi Binyamin Bar's** 40<sup>th</sup> Birthday. Mazel Tov, too, to **Marc Ordever** who is also celebrating his 40<sup>th</sup> Birthday.

**Thursday 20th April | Challah Bake 8:30pm** Synagogue Hall with TWO Rebbetzin Bars (Rabbi Bar's mother & wife)

**Sunday 23rd April, 7pm | Yom Hashoah** Mincha/Ma'ariv followed by Memorial Candle Lighting to the 6 million who perished in the Holocaust. Holocaust Survivor Guest Speaker, Susie Barnett. "Now I'm educating young people for my father and those who went through the Holocaust, especially the ones who didn't survive." All Welcome. Donations to AJR.

**Monday 1st May, 7pm | Yom Hazikaron/Yom Ha'atzmaut** Celebrations in the Synagogue Hall with entertainment from members of our community, and from London, the versatile Sidney Austin. Donation £5 in advance to include "Sass's Falafel". All proceeds to the Israeli War Disabled. Grand raffle on the night. Tickets from Shul Office or Marilyn Salt.

**Tuesday 9th May | Westcliff & District WIZO Guided tour of the Wallace Collection** Coach leaves Westcliff at 1:30pm, Tour 3:30pm with time in the West End. Returns about 7pm. Contact Adrienne for more info and to book your place on 01702 333004.

**Sunday 14th May, 12noon - 3pm | Lag B'Omer Community BBQ** Barbeque food and drinks, children's activities including face painting, live music and lots more. Early bird ticket prices, adult, £6, child (12 and under) £4, family ticket (2 adults and 2 children) £15. Book and pay with Shul Office by Sunday 30<sup>th</sup> April. Tickets on the door, £1 more each and no family tickets.

**Tuesday 16th May | Film Club presents "Dough"** Call Marilyn 01702 476349 or Rochelle 01702 436991 for tickets.