

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

The family of the late **Lily Bloch**

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 3rd December 11am **Ralph Freedman**

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 2 December / 14 Kislev Mrs Sandra Caplan, Mr Allan Greenstein, Mrs Linda Burns, Mr Richard Raphael

Sunday – 3 December / 15 Kislev Mrs Hazel Rose, Mrs Yvette Eichen, Mr David Gershlick, Mr Alan Gershlick, Mrs Doris Finesilver, Mrs Barbara Barnett, Mrs Jennifer Pepper, Mr Gyula Vari, Mr Sacha Small, Mr Geoffrey Waterman, Mrs Roberta Silver

Monday – 4 December / 16 Kislev Mrs Zena Rose

Tuesday – 5 December / 17 Kislev Mrs Sybil Graham, Miss Caroline Newman, Mr Gerald Walters

Wednesday – 6 December / 18 Kislev Mrs Sue Abrahams

Thursday – 7 December / 19 Kislev Mrs Sybil Graham, Mrs Denise Pitch, Mr Michael Phillips, Mrs Irene Josephs, Mrs Sheila Blaine, Mrs Linda Bennett

Friday – 8 December / 20 Kislev Mr Graham Berg, Mr Maurice Lesley, Mr Larry Lisner, Ms Maralyn Lisner, Mr David Ramet

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

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| Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845 | Bereavement Support Group <u>End of Year Social</u> Monday 18 th December at the home of Janice Call Janice on 07752 874065 | Pop-In Talmud Torah Tuesday 19 Dec 2pm-4pm Email Janice swhcfc@gmail.com |
| Cheder Classes Every Tuesday rabbibar@gmail.com | J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info | SJYC – Youth Club New Sunday Club starting January 2018! |
| AID Society Bridge 10th Dec Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289 | Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST | Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush |
| Seudah Shlishit Contact geoffrey.pepper@hotmail.co.uk (minimum donation £30) | Newsletter Sponsorship Contact the Shul Office £25 donation | Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110 |



בס"ד



Newsletter No 1012

2 December 2017 | 14 Kislev 5778

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*This week's newsletter is kindly sponsored by **Roberta & Michael Yaffe** to celebrate **Michael's 70th Birthday**. Mazel Tov!*



We are delighted to welcome all members and guests/visitors today. Everyone is invited to the Kiddush after the service which we hope you will enjoy.

SHABBAT VAYISHLACH

FRIDAY NIGHT

Mincha/Carlebach-Style

Kabbalat Shabbat 3:40pm

Shabbat commences

and Candle lighting 3:33pm

SHABBAT DAY

Shacharit 9:30am

Children's Service 11:00am

Kiddush & Mincha *follows the main service*

Shabbat ends 4.50pm

Ma'ariv 5:20pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am

Mincha 1:45pm

Ma'ariv 8:45pm

MONDAY - THURSDAY

Shacharit 8:00am

Mincha 1:45pm

Ma'ariv 8:45pm

NEXT FRIDAY

Shacharit 8:00am

Mincha *then* Kabbalat Shabbat 3:30pm

Shabbat commences
and Candle lighting 3:30pm

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|----------------------------|-------------------------|----------------|
| Torah Reading | Rabbi Bar | Soncino pg 195 |
| Haftorah Vayishlach | Dr Arnold Azulay | Soncino pg 224 |

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THE POWER OF TEFILA *Thoughts on the Parsha*

In our weekly portion of Vayishlach, we find Yaakov receiving the news that his vengeful brother, Esav, is planning to arrive with 400 of his men. Rashi, points out that upon hearing the news, Yaakov has three choices before him: to appease Esav through gifts; to prepare for war with him; and to pray. Yaakov chose to utilize all three options, but the order in which he chose to implement them is significant. Rashi notes that Yaakov first prepared for battle by dividing his people, then did he pray, and then he sent gifts. It seems surprising that Yaakov, our Forefather, would not immediately turn to Hashem for help.

However, there is another story in which the Jewish People turn to Hashem first. Right before the splitting of the Sea of Reeds, the Egyptians were behind them and the sea was in front of them. They prayed and asked Hashem to help them. And Hashem answered? "Speak to the Children of Yisrael that they should move on." The Midrash relates that Nachshon Ben Aminadov began to walk into the sea. He walked deeper and deeper, and before the sea engulfed him, it dramatically split.

There is an important insight about prayer which we can learn. Prayers are meaningful and effective when preceded by serious action and intent. Hashem creates a situation where we are faced with a choice, because through that conflict and choice we have the ability to grow and realize our true potentials. Prayer is talking to Hashem. It can be in English, French, Spanish, or whatever language one feels most comfortable. G-d understands and wants to hear our prayers.

A Rabbi was once asked: "Rabbi, I pray every day but Hashem does not always seem to answer my prayers!" The Rabbi answered: He answers **every** prayer! Sometimes the answer is yes, and sometimes it's no."

And when Hashem answers, "No", we should ask ourselves, what is Hashem trying to tell me? We should fill our prayers with praise and thanks for all that Hashem gives us, and ask for things for our own lives, and for the lives of others. But never forget the lesson of Yaakov. We must also make *efforts* in our own lives and know that G-d is there watching over us with love.

Shabbat Shalom!

Rabbi Binyamin Bar

THE SHOP *Kosher fresh, frozen, dry and baked goods available locally.*

Open: Sunday | 9:30am-11am **Thursday** | 10am-4:30pm **Friday** | 9am-11am
01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community!*

Edward Harris on the occasion of his 83rd Birthday

FORTHCOMING EVENTS

This Shabbat | The Kiddush this week is generously sponsored by **Roberta & Michael Yaffe** to celebrate **Michael's 70th Birthday**.

Sunday 3rd December, 7pm | Southend & District AID Society presents an Antiques Evening featuring Trevor Cornforth of Chalkwell Auctions and Howard Linden of Linden & Co at the Community Centre, Cobham Road, Westcliff. You are invited to bring along an item of interest (one per household) ceramics, silverware, collectables. Light refreshments (Not under SWHC Kashrut Supervision). Donation £8 per person. Please contact Rochelle O'Brart 01702 719297 or Geoff Cohen 01702 339601.

Sunday 10th December, 12 for 12:30pm SHARP | Lunch with Chief Rabbi Ephraim Mirvis. Grand Celebration Luncheon, marking our 111th Anniversary, with guest speaker Chief Rabbi Ephraim Mirvis. **SOLD OUT**

Sunday 10th December, 3-6pm | Cobham Singers Fundraising concert at the Jewish Community Centre. Tickets £5 to include tea and cake (Not under SWHC Kashrut Supervision) please call 01702 334655.

Sunday 17th December, 5:30pm | "Light up the Nights" Community Chanukah Party Rabbi & Rebbetzin Bar invite you to a FREE Chanukah party with donuts, latkes, chocolate, a video presentation, dreidel games and a short performance from the Cheder children. In the Shul Hall, everyone is encouraged to come along and have some Chanukah fun!

Public Menorah Lighting | Cliffs Pavilion 12th – 19th December

There will be a daily lighting, to which everyone is encouraged to attend with free doughnuts for all. Gala Night is Tuesday 19th December with guest dignitaries; everyone is invited back to a reception at SWHC.

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| Tuesday | 12th Dec | 7:00pm | Sunday | 17th Dec | 5:30pm |
| Wednesday | 13th Dec | 7:30pm | Community Chanukah Party Shul Hall | | |
| Thursday | 14th Dec | 7:30pm | Sunday | 17th Dec | 7:30pm |
| Friday | 15th Dec | 3:15pm | Monday | 18th Dec | 7:30pm |
| Saturday | 16th Dec | 6:15pm | Tuesday (Gala Night) | 19th Dec | 7:30pm |



Sunday 14th January 2018, 8pm | The Astor Palm Court Orchestra returns bigger and better than ever with 11 musicians! Playing their chocolate box mix of light classical and popular music you all know and love. Tickets £10/£8 from Yael please email, concertseries@swhc.org.uk.

Tuesday 16th January 2018, 7.30pm for 8pm | PaL – Phone and Learn Flexible Jewish Learning on any Jewish topic via phone or skype tutorial. Rabbi Shimshon Silkin will be speaking about "Seven Wonders of Jewish History". Refreshments will be served with the opportunity to meet the PaL team.