

## CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

The family of the late **Mrs Sheila Schwartz**

## Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

*(Yahrzeits begin the night before the date below)*

**Shabbat – 21 January / 23 Teveth** Mrs Rosalind Cohen, Mr Ivor Rose, Mr Melvyn Speck

**Sunday – 22 January / 24 Teveth** Mrs Annabel James

**Monday – 23 January / 25 Teveth** Mr Geoffrey Cohen, Miss Barbara Rayleigh, Mr Harvey Symons

**Tuesday – 24 January / 26 Teveth** Mrs Helene Platman, Ms Hilary Platman, Mrs Jane Barnett, Mrs Sylvia Bennett

**Wednesday – 25 January / 27 Teveth** Mrs Netta Harper, Prof John Harper, Mr Michael Kutner, Mrs Sandra Winston, Mrs Marie Bauer, Mrs Anita Salomon

**Thursday – 26 January / 28 Teveth** Mrs Sylvia Bennett, Mrs Myra Wolfe, Mr Anthony Larholt, Mrs Lily Bloch, Mr Rodney Stone

**Friday – 27 January / 29 Teveth** Mrs Gertie Denenberg, Mrs Margaret Althasen, Mrs Joanne Marcon, Mr Norman Lapp, Mrs Betty Steel, Mr Richard Rubin, Mr Alan Shalet, Mrs Jacqueline Phillips

**VISITING THE SICK** If you know anyone who would like a hospital or home visit, please email [swhfc@gmail.com](mailto:swhfc@gmail.com) or [leonardshulton@live.com](mailto:leonardshulton@live.com) call Janice 07752874065 or Shul Office on 344900.

## REGULAR EVENTS

<b>Pop-In   Shul Hall</b> Tuesday 24 <sup>th</sup> Jan 2pm-4pm Email Janice <a href="mailto:swhfc@gmail.com">swhfc@gmail.com</a>	<b>Project SEED</b> Date to be advised 8:45pm in Beit Hamidrash	<b>Bereavement Support Group</b> Monday 23 <sup>rd</sup> Jan At the home of Martin Dorne Call Janice on 07752 874065
<b>Add your Simcha onto the Website!</b> Contact Stanley Robinson <a href="mailto:stan.stanrob@gmail.com">stan.stanrob@gmail.com</a>	<b>SJYC – Youth Club</b> Thursdays 4:30 – 6:30pm <a href="mailto:youth@swhc.org.uk">youth@swhc.org.uk</a> or call Barry 07876 685826	<b>J.A.C.S. Wednesdays</b> Call Allan Goldstein 01268 771978 for more info
<b>Cheder Classes</b> Tuesdays, 4:30 – 6:15pm Age 5+. Bar/Bat Mitzvah lessons also available.	<b>connect@southend</b> Thursdays, Talmud Torah Chris Sternshine 334655 <a href="mailto:csternshine@jcare.org">csternshine@jcare.org</a>	<b>Monday Club</b> Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice on 01702 351845
<b>AID Society Bridge – 12<sup>th</sup> Feb</b> Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289	<b>Stock Rd Cemetery, SS2 5QF</b> Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST	<b>Little Latkes Baby &amp; Toddler</b> 31 <sup>st</sup> January 10:30am - 12noon Call Karen on 07887 847059

## THE SHOP *Kosher fresh, frozen, dry and baked goods available locally.*

**Opening Hours** | Sunday 9:30am-11am, Thursday 10am-4:30pm, Friday 9am-11am  
Telephone 01702 430307 (during opening hours)

**For orders** email: [alanmarkovitch@yahoo.co.uk](mailto:alanmarkovitch@yahoo.co.uk) or leave a message on 07956 597271



Newsletter No. 967

21<sup>st</sup> January 2017 | 23<sup>rd</sup> Tevet 5777 SHABBAT COMMENCES/CANDLE LIGHTING 4:07pm

## Rabbi Binyamin Bar

*Rabbi*

## Stanley Robinson

## Geoffrey Pepper

*Gabbaim*

Finchley Road  
Westcliff-on-Sea  
Essex  
SS0 8AD

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**Fax** 01702 391131

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**Website** [www.swhc.org.uk](http://www.swhc.org.uk)

**Facebook** [facebook.com/swhc.org.uk](https://www.facebook.com/swhc.org.uk)

*This week's Newsletter is kindly sponsored by Shirley & Alan Shalet to celebrate Alan's 80<sup>th</sup> Birthday. Mazel Tov!*



**NEW MOON**

Friday 27<sup>th</sup> January @ 5:36pm

*We extend a very warm welcome to everyone attending our service this Shabbat.*

*We hope you enjoy the Service and you will join us again soon.*

*Visitors to our community are also very welcome.*

## SHABBAT SHEMOT

### FRIDAY NIGHT

Mincha/Carlebach-Style

Kabbalat Shabbat **4:20pm**

### SHABBAT DAY

Shacharit **9:30am**

Children's Service **11:00am**

*followed by*

Community Kiddush & Mincha

Shabbat ends **5:24pm**

Ma'ariv **6:00pm**

## WEEKDAY SERVICE TIMES

### SUNDAY

Shacharit **8:30am**

**Mincha** | New for the Winter Months **1:45pm**

Ma'ariv **7.00pm**

### MONDAY – THURSDAY

Shacharit **8:00am**

**Mincha** | New for the Winter Months **1:45pm**

Ma'ariv **8.00pm**

### NEXT FRIDAY

Shacharit **8:00am**

Shabbat Rosh Chodesh commences **4:19pm**

Mincha then Kabbalat Shabbat **4:30pm**

<b>Torah Reading</b>	<b>Rabbi Shmuel Zaltsman</b>	Soncino pg 319
<b>Haftarah</b>	<b>Geoffrey Cohen</b>	Soncino pg 345
<b>Blessing the New Month</b>	<b>Shevat</b>	Sacks Siddur pg 424
<b>Anim Zemirot</b>	<b>Benjamin Gershlick</b>	Sacks Siddur pg 458

## JEWISH NAMES *Thoughts on the Parasha.*

The book of Shemot begins by recording of the names of the tribes of Israel that now came to live in Egypt. What is the reason that the Torah repeats once again the names of the children of Yaakov? We are aware of their names from the previous Torah portions that we read at the conclusion of the book of Bereishit. Commentaries explain that the Torah wishes to stress to us the importance of Jewish names. Indeed, we will find throughout the five books of the Torah the names of the tribes repeated many times. So, what is special in a Jewish name?

I remember hearing a story about a Brit Milah. When the Rabbi asked the father the name of the boy, the father responded: "Avraham, Yitzchak, Yaakov, David, Shlomo, Yosef." The Rabbi was astounded and asked the father: "why such a string of names?" The father replied: "Rabbi, I am a poor man so the child won't have much of an inheritance. If he looks like my side of the family, he is not going to be too handsome. If he resembles my wife's side of the family he probably won't be that clever either. So, I decided, let him at least have a good name!" The tribes of Israel had good names, each one representing loyalty to God and to Jewish life. In the Egyptian exile the fact that they remembered their names – their ancestors, their traditions, their vision of the future – that kept alive their spark of hope for redemption.

There is a Jewish tradition attributed to the kabalistic masters that one should recite a verse containing one's name or the first and last letters of one's name before stepping back at the conclusion of the silent Amidah. This is to allow one to remember one's name even in the world to come, after 120 years. Apparently even there, remembering our name is important. As in our name lies our soul and essence. I know of nothing that so deeply touches a family's nerve system as the naming of a child. As in that name there lay the history of the family and the hopes and blessings for the newborn's success – Jewish success – in life. Therefore, before embarking on the narrative of Israel in Egypt, the Torah first gives us an understanding of Jewish survival – through our names. There is truly a great deal in our names. For that will be the key to the eventual redemption and exodus of Israel from Egyptian slavery.

Shabbat Shalom,  
Rabbi Binyamin Bar

### AJEX – Southend & District Branch

AJEX Members are respectfully reminded that their Annual Membership Subscription for 2017 of £10 is now due. Please send your subs to:-  
Derek Silverstone, 49 Bournemouth Park Rd, SS2 5JH.

## MAZEL TOV! *A hearty Mazel Tov from the SWHC community.*

**Doreen Novitt** on the occasion of her 80th Birthday

**Barbara Black** on the occasion of her 80th Birthday

**Laura & Brian Burns** on the birth of a grandson, a son for **Shoshana & Grant Kramer** and a great grandson for **Marilyn & Len Belson**

## FORTHCOMING EVENTS

**This Shabbat 21<sup>st</sup> January** | We welcome **Rabbi Shmuel Zaltsman & his family** who are joining us this Shabbat weekend and **Rabbi Zaltsman** will be leining & davening. We also welcome back **Louise & Alan Gershlick's** grandson, **Benjamin**, who will be singing Anim Zemirot.

**This week's Kiddush** is generously sponsored by **Shirley & Alan Shalet** in celebration of **Alan's 80<sup>th</sup> Birthday**.

**Women's Learning Circle with Rebbetzin Sufrin** | **Tuesday 24<sup>th</sup> January 7:45pm for 8:00pm** In conjunction with Chabad at the home of Sarah Miller.

**Thursday 26<sup>th</sup> January | Holocaust Memorial Day Service Civic Centre** Doors open 5:30pm for 6pm followed by refreshments, catered by the Ladies Guild. Free car park from 4pm.

**Friday 27<sup>th</sup> January | Tree Planting Ceremony**

12 noon Southchurch Hall Gardens, Park Lane, Southend on Sea SS1 2TE

**Friday 10<sup>th</sup> February | Family Friday Night** For all the Children and Youth of the Community and their Families to join us in welcoming the new Rebbetzen Chaya Faigie to our community. Activities from 4:30pm. Meal at 6pm. £5 per tickets (Child or adult) or £16 for 4 tickets. Please book and pay by Sun 5<sup>th</sup> Feb with Barry Jacobs on 07876 685826 [youth@swhc.org.uk](mailto:youth@swhc.org.uk).

**Shabbat 11<sup>th</sup> February | Simcha Kiddush for Rabbi Bar & Rebbetzin Chaya Faigie Bar** also **Tu B'Shevat, The "New Year" for Trees**.

The Community will be celebrating the marriage of Rabbi Bar and Rebbetzin Chaya Faigie. Everyone is welcome to the morning service and the Simcha Kiddush afterwards.

**Thursday 16<sup>th</sup> February | Kidz Kalendar Kafé, 10am-12noon in the Talmud Torah** Building on the success of December's coffee morning, we are selling Hot Drinks, Cakes & Doughnuts etc for 50p each to raise funds for the Kidz Kalendar with Little Latkes & Youth activities. Why not pop down have a nosh and natter. **All of the community are welcome!**

**Sunday 26<sup>th</sup> February | AID Society Annual Quiz Shul Hall.** Fish & Chip Supper. Doors open 6.00pm. Tickets from Rochelle O'Brart 01702 719297.

**Monday 6<sup>th</sup> March | Film Club presents "The Pianist of Willesden Lane"** at the Jewish Care Community Centre 8.00pm. £5 donation including refreshments to Emunah (Not under SWHC Kashrut Supervision). Tickets from Marilyn 476349 or Rochelle 436991.

**Wednesday 8<sup>th</sup> March | Ladies Guild Celebrity Lunch with Anton du Beke Sold Out** 12noon for 12:30pm. For waiting list, please email [van38@blueyonder.co.uk](mailto:van38@blueyonder.co.uk) or call 07813 824684.

**SPONSORSHIP** *Celebrate and commemorate your loved ones.*

**Ladies Guild Kiddushim** Contact Lisa Berg on 07760141162 or [swhc.org.uk/ladies-guild/#kiddush](http://swhc.org.uk/ladies-guild/#kiddush)  
**Newsletter** To sponsor the weekly newsletter please contact Pam Freedman in the Shul Office.  
**Tree of Life** in the Shul Hall. For our 110<sup>th</sup> Anniversary, each leaf will be £110 for a limited period.