

## COMMUNITY VOICE – DEADLINE FOR PESACH EDITION.

Please make sure you send in all your articles and Simcha photos no later than Wednesday 1<sup>st</sup> February

**Yahrzeits** *Rabbi Bar and the whole community wish the following members, Long Life.*

*(Yahrzeits begin the night before the date below)*

**Shabbat – 28 January / 1 Shevat** Mrs Betty Nathan, Mr David Black, Mr Gary Black, Mrs Freda Levy, Mr Mark Levy, Mrs Doreen Reindorp, Mr Alan Braden, Mrs Marie Bauer  
**Sunday – 29 January / 2 Shevat** Mr Terry Leigh  
**Monday – 30 January / 3 Shevat** Mr Ivor Finer, Mrs Andrea Robinson, Mr Stuart Fisher, Mrs Renee Levine, Mrs Helena Rosenberg, Mrs Adrienne Sussman, Mrs Miranda Royston, Mrs Stacey Brown  
**Tuesday – 31 January / 4 Shevat** Mrs Netta Harper, Mr Henry Harris, Mrs Linda Riseman  
**Wednesday – 1 February / 5 Shevat** Mrs Rita Ereira, Mrs Geraldine Symons  
**Thursday – 2 February / 6 Shevat** Mrs Pauline Patchick, Mr Howard Gibeon, Mr Cyril Levy, Mr Philip Lewis, Mrs Victoria Caplan, Mr Ronnie Blacker, Mrs Sylvia Vandermolten, Mr Jack Saunders  
**Friday – 3 February / 7 Shevat** Mrs Sandra Kutner, Mrs Sonia Scott,

**VISITING THE SICK** If you know anyone who would like a hospital or home visit, please email [swhcf@gmail.com](mailto:swhcf@gmail.com) or [leonardshulton@live.com](mailto:leonardshulton@live.com) call Janice 07752874065 or Shul Office on 344900.

## REGULAR EVENTS

<p><b>Pop-in   Shul Hall</b>                      Tuesday 21<sup>st</sup> Feb 2pm-4pm                      Email Janice  <a href="mailto:swhcf@gmail.com">swhcf@gmail.com</a></p>	<p><b>Project SEED</b>                      Date to be advised                      8:45pm in Beit Hamidrash</p>	<p><b>Bereavement Support Group</b>                      Monday 27<sup>th</sup> February                      At the home of Barbara Black                      Call Janice on 07752 874065</p>
<p><b>Add your Simcha onto the Website!</b>                      Contact Stanley Robinson  <a href="mailto:stan.stanrob@gmail.com">stan.stanrob@gmail.com</a></p>	<p><b>SJYC – Youth Club</b>                      Thursdays 4:30 – 6:30pm  <a href="mailto:youth@swhc.org.uk">youth@swhc.org.uk</a>                      or call Barry 07876 685826</p>	<p><b>J.A.C.S. Wednesdays</b>                      Call Allan Goldstein                      01268 771978 for more info</p>
<p><b>Cheder Classes</b>                      Tuesdays, 4:30 – 6:15pm                      Age 5+. Bar/Bat Mitzvah lessons also available.</p>	<p><b>connect@southend</b>                      Thursdays, Talmud Torah                      Chris Sternshine 334655  <a href="mailto:csternshine@icare.org">csternshine@icare.org</a></p>	<p><b>Monday Club</b>                      Social club with card games                      11:45 - 3:30pm, Shul Hall                      Call Maurice on 01702 351845</p>
<p><b>AID Society Bridge – 12<sup>th</sup> Feb</b>                      Thorpe Bay Bridge Club                      Call Geoff Cohen 339601 or                      Jan Linden 343289</p>	<p><b>Stock Rd Cemetery, SS2 5QF</b>                      Sunday – Friday                      Winter 10am – 3pm GMT                      Summer 10am – 4pm BST</p>	<p><b>Little Latkes Baby &amp; Toddler</b>                      31<sup>st</sup> January                      10:30am - 12noon                      Call Karen on 07887 847059</p>

**THE SHOP** *Kosher fresh, frozen, dry and baked goods available locally.*

**Opening Hours** | Sunday 9:30am-11am, Thursday 10am-4:30pm, Friday 9am-11am  
 Telephone 01702 430307 (during opening hours)  
**For orders** email: [alanmarkovitch@yahoo.co.uk](mailto:alanmarkovitch@yahoo.co.uk) or leave a message on 07956 597271



28 January 2017 | 1 Shevat 5777

**Rabbi Binyamin Bar**  
*Rabbi*

**Stanley Robinson**  
**Geoffrey Pepper**  
*Gabbaim*

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**Facebook** [facebook.com/swhc.org.uk](https://facebook.com/swhc.org.uk)



**ראש חודש**

The New Moon is on  
**Friday 27th January @ 5:36pm**



*We extend a very warm welcome to everyone attending our service this Shabbat.  
 We hope you enjoy the Service and you will join us again soon.  
 Visitors to our community are also very welcome.*

בס"ד



Newsletter No. 968

### SHABBAT VA'ERA ROSH CHODESH

#### FRIDAY NIGHT

Shabbat Rosh Chodesh commences and  
 Candle lighting **4:19pm**  
 Mincha/Carlebach-Style  
 Kabbalat Shabbat **4:30pm**

#### SHABBAT DAY

Shacharit **9:30am**  
 Children's Service **11:00am**  
*followed by*

Community Kiddush & Mincha  
 Shabbat ends **5:35pm**  
 Ma'ariv **6:10pm**

### WEEKDAY SERVICE TIMES

#### SUNDAY

Shacharit **8:30am**  
**Mincha – New For Winter Months** **1:45pm**  
 Ma'ariv **7:00pm**

#### MONDAY – THURSDAY

Shacharit **8:00am**  
**Mincha – New For Winter Months** **1:45pm**  
 Ma'ariv **8:00pm**

#### NEXT FRIDAY

Shacharit **8:00am**  
 Shabbat commences **4:32pm**  
 Mincha then Kabbalat Shabbat **4:40pm**

<b>Hallel for Rosh Chodesh</b>		Sacks Siddur pg 618
<b>Psalm 104 for Rosh Chodesh</b>		Sacks Siddur pg 154
<b>Torah Reading</b>		Soncino pg 351
<b>Maftir for Rosh Chodesh</b>		Soncino pg 943 v9-15
<b>Haftorah Rosh Chodesh</b>	<b>Anthony Larholt</b>	Soncino pg 1188
<b>Musaf</b>		Sacks Siddur pg 434
<b>Atah Yatzartah</b>		Sacks Siddur pg 440

*If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.*

## THE HOLY FROGS *Thoughts on the Parasha.*

The commentators point out that the frogs which afflicted Egypt as the second plague, placed themselves in one of two categories: 1) those who fulfilled Hashem's will 2) those who sacrificed their lives to sanctify Hashem's Name. These categories are derived from a careful comparison of three corresponding verses.

Initially Hashem warned Pharaoh that the frogs would be: "In your palace, in your bedroom, in your bed, in the homes of your officials and people, even in your ovens and kneading bowls" (Shemot 7:28). Later in the narrative, Moshe assured Pharaoh that the frogs: "will depart from you, as well as from your houses, your officials, and your people, they will remain only in the Nile" (ibid. 8:7).

Curiously, no mention is made of the frogs that had entered Egyptian ovens. In the next verse the Torah informs us that Moshe's assurances were fulfilled: "Hashem did just as Moshe said, and the frogs in the houses, courtyards, and fields died". Here again, the Torah omits any reference to the frogs that had leaped into Egyptian ovens.

Kli Yakar resolves this inconsistency by explaining that those frogs that leapt into the ovens represented the pious Jews throughout history who would sacrifice their lives for the sake of sanctifying Hashem's Name. Thus the Torah does not include the "oven frogs" in its list of casualties, for they alone survived and returned to the Nile; all the rest died.

Indeed, these "oven frogs" have served as an inspiration to righteous Jews throughout the generations. When Chananyah, Mishael, and Azaryah were given the choice of bowing down to an idol or being cast into a blazing furnace, they reasoned that if the frogs in Egypt were capable of sacrificing their existence for the sake of Hashem's honour, so could they (Talmud Pesachim 53b). And the outcome of their decision is no less dramatic and inspiring, like the frogs that emerged unscathed from the ovens of Egypt, these three righteous men miraculously walked out of the furnace unharmed.

Shabbat Shalom,  
*Rabbi Binyamin Bar*

## MAZEL TOV! *A hearty Mazel Tov from the SWHC community.*

**Geoff Newman** on the occasion of his 90<sup>th</sup> Birthday

## FORTHCOMING EVENTS

### **Mezuzah and Tefilin Checking in Southend til 12<sup>th</sup> February**

Rabbi Bar senior is offering his service to check your Mezuzos and Tefilin. You can give them to him at the morning or evening services, bring them to 43 Finchley Road or call on 01702 393535. Having an experienced Sofer in town is a great opportunity to ensure your Mezuzos and Tefilin are Kosher.

**Friday 10<sup>th</sup> February | Family Friday Night** For all the Children and Youth of the Community and their Families, (inc Grandparents etc) to join us in welcoming the new Rebbetzen Chaya Faigie to our community. Activities from 4:30pm. Meal at 6pm. £5 per tickets (Child or adult) or £16 for 4 tickets. Please book and pay by Sunday 5<sup>th</sup> February with Barry Jacobs on 07876 685826 [youth@swhc.org.uk](mailto:youth@swhc.org.uk), or contact the shul office.

**Shabbat 11<sup>th</sup> February | Simcha Kiddush for Rabbi Bar & Rebbetzin Chaya Faigie Bar** also **Tu B'Shevat, The "New Year" for Trees.**

The Community will be celebrating the marriage of Rabbi Bar and Rebbetzin Chaya Faigie. Everyone is welcome to the morning service and the Simcha Kiddush afterwards. There will also be a special Children's Service.

**Thursday 16<sup>th</sup> February | Kidz Kalendar Kafé, 10am-12noon in the Talmud Torah** Building on the success of December's coffee morning, we are selling Hot Drinks, Cakes & Doughnuts etc for 50p each to raise funds for the Kidz Kalendar with Little Latkes & Youth activities. Why not pop down have a nosh and natter. **The entire community is welcome!**

**Sunday 26<sup>th</sup> February | AID Society Annual Quiz Shul Hall.** Fish & Chip Supper. Doors open 6.00pm. Tickets from Rochelle O'Bart 01702 719297.

**Monday 6<sup>th</sup> March | Film Club presents "The Pianist of Willesden Lane"** at the Jewish Care Community Centre 8.00pm. £5 donation including refreshments to Emunah (Not under SWHC Kashrut Supervision). Tickets from Marilyn 01702 476349 or Rochelle 01702 436991.

**Wednesday 8<sup>th</sup> March | Ladies Guild Celebrity Lunch with Anton du Beke **Sold Out**** 12noon for 12:30pm. For waiting list, please email [van38@blueyonder.co.uk](mailto:van38@blueyonder.co.uk) or call 07813 824684.

### **AJEX – Southend & District Branch**

AJEX Members are respectfully reminded that their Annual Membership Subscription for 2017 of £10 is now due. Please send your subs to:-  
 Derek Silverstone, 49 Bournemouth Park Rd, SS2 5JH.

## SPONSORSHIP *Celebrate and commemorate your loved ones.*

**Ladies Guild Kiddushim** Contact Lisa Berg on 07760141162 or [swhc.org.uk/ladies-guild/#kiddush](http://swhc.org.uk/ladies-guild/#kiddush)  
**Newsletter** To sponsor the weekly newsletter please contact Pam Freedman in the Shul Office.  
**Tree of Life** in the Shul Hall. For our 110<sup>th</sup> Anniversary, each leaf will be £110 for a limited period.