



Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 1 July / 7 Tammuz Mr Symon Davis, Mr David Gordon, Mrs Zena Keizer
Sunday – 2 July / 8 Tammuz Mrs Ruth Dix, Mrs Sylvia Bennett, Mrs Janice Langsman
Monday – 3 July / 9 Tammuz Mrs Lorraine Scroton, Mrs Deana Marco, Mr John Klein
Tuesday – 4 July / 10 Tammuz No Yahrzeits
Wednesday – 5 July / 11 Tammuz Mr Leonard Belson, Mrs Frances Finegold,
 Mrs Audrey Barcan, Mrs Phyllis Fenton, Mr Michael Lee, Mr Derek Lee,
 Mrs Rosalind Cohen, Ms Pamela Kay
Thursday – 6 July / 12 Tammuz Mrs Sheila Leigh, Mrs Freida Goldstone, Mr Allan Sholem
Friday – 7 July / 13 Tammuz Ms Teresa Capp

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or leonardshulton@live.com, call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS

Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845	Little Latkes Baby & Toddler Tuesday 25 th July 10:30am - 12noon Call Karen on 07887 847059	Bereavement Support Group Monday 17 th July at the home of Lawrie Call Janice on 07752 874065
Cheder Classes Tuesdays 4:30 – 6:15pm Age 5+ Bar/Bat Mitzvah lessons also available	Pop-In Talmud Torah Tuesday 25 th July 2pm-4pm Email Janice swhcfc@gmail.com	J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info
Insights into the Weekly Sedra Gentlemen's discussion group. Wednesdays after Ma'ariv in Beth Hamedrash	SJYC – Youth Club Thursdays 4:30 – 6:30pm youth@swhc.org.uk or call Barry 07876 685826	AID Society Bridge– 9th July Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289
Jewish Museum til 24th Sept Amy Winehouse A Family Portrait For Info call 020 7284 7384	Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST	Add your Simcha onto the Website! Contact Stanley Robinson stan.stanrob@gmail.com

THE SHOP *Kosher fresh, frozen, dry and baked goods available locally.*

Sunday | 9.30am-11am **Thursday** | 10am-4.30pm **Friday** | 9am-11am
 01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271



1 July 2017 | 7 Tammuz 5777

Rabbi Binyamin Bar

Rabbi

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*This week's newsletter is kindly sponsored by **Suzanne & Anthony Larholt** in celebration of **Anthony's 70th Birthday**. Mazel Tov!*



We extend a very warm welcome to everyone attending our services this Shabbat. We hope you enjoy the Services and you will join us again soon.

SHABBAT CHUKAT

FRIDAY NIGHT

Mincha/Carlebach-Style
 Kabbalat Shabbat 7:30pm
 Shabbat commences
 and Candle lighting 8:00pm

SHABBAT DAY

Shacharit 9:30am
 Children's Service 11:00am
followed by Kiddush
 Mincha 9:15pm
followed by Seudah Shlishit (see inside)
 Ma'ariv when Shabbat ends 10:34pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
 Mincha followed by Ma'ariv 7:15pm

MONDAY – THURSDAY

Shacharit 8:00am
 Mincha followed by Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:00am
 Mincha then Kabbalat Shabbat 7:30pm
 Shabbat commences 8:00pm

Torah Reading	Rabbi Shlomo Fink	Soncino pg 898
Haftorah	Anthony Larholt	Soncino pg 911
Anim Zemirot	Joshua Larholt & the Belz Children	Sacks Siddur pg 458

If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim

AHARON'S PASSING AWAY *Thoughts on the Parsha*

On the first of Av, in the fortieth year of Israel's wandering in the Wilderness, at the age of one hundred and twenty-three years, Aharon passed away and was succeeded by his son Elazar. Aharon had the satisfaction of seeing Elazar clothed in the vestments of the Kohen Gadol, thus seeing how a great father was succeeded by a great son.

It all started with the Jewish people camping next to "Hor Hahar" (Mountain of the Mountain). As Rashi explains that it was given this name because the configuration of the mountain was like that of a small apple perched atop a large one, or like one mountain atop another one. Then Hashem commanded Moshe: *"Take Aharon and his son Eleazar; bring them up to Hor Hahar... divest Aharon of his official garments, enrobe his son Eleazar with them..."*

Ramban surmises that after Aharon performed the final Tabernacle service of the afternoon, and while he was still clad in the vestments of the Kohen Gadol, Moshe summoned him to the mountain and, by means of the change of vestments, transferred the office of Kohen Gadol from him to Elazar.

Then Aharon died through *'Mitat Ne'shikah'* - death by a kiss of Hashem - as it were, meaning that his soul became united with Hashem. The Talmud describes this as the most exalted form of death, likening it to pulling a hair from milk, meaning that the soul leaves the body without resistance.

Rashi cites the sequence: Moshe brought Aharon into a cave, where there was a made-up bed and a burning lamp. Moshe told Aharon to mount the bed, straighten his arms, and close his mouth and his eyes.

When the Jewish people perceived that Aharon had passed away, *"The entire house of Israel"* observed a mourning period of thirty days. As Rashi explains, Aharon was mourned by everyone, men and women alike, because Aharon pursued peace and extended himself to bring harmony between adversaries and between man and wife.

Shabbat Shalom
Rabbi Binyamin Bar

SPONSORSHIPS *Celebrate and commemorate your loved ones.*

Ladies Guild Kiddushim Contact Lisa Berg 07760141162 or swhc.org.uk/ladies-guild/#kiddush

Newsletter Contact the Shul Office £25 donation to sponsor our weekly Newsletter.

Mark your Simcha with a Leaf on our Tree of Life in the Shul Hall Each leaf will be £110.

Seudah Shlishit Contact geoffrey.pepper@hotmail.co.uk (minimum donation £30).

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Myra & David Gordon on their granddaughter, **Carrie Gillary**, gaining a BA (Honours) at Westminster University.

Suzanne Taylor and **Laurie Taylor** on the birth of a granddaughter, **Ariella Maisie**, to their son **Marc Taylor** and daughter-in-law, **Francesca**. Mazel Tov to grandparents **Rosalind & Roy Keast** and great grandfather, **Neville Peters**.

FORTHCOMING EVENTS

THIS SHABBAT | This week's Kiddush is generously sponsored by **Suzanne & Anthony Larholt** in celebration of Anthony's 70th Birthday. Mazel Tov!

This week's **Seudah Shlishit** is kindly sponsored by the **Belson and Burns` families** to mark the end of the Shloshim (thirtieth day) of their late mother Marilyn Belson (*obm*).

Sunday 2nd July 7pm | AID Society presents a Murder Mystery Night. £15 including sandwich supper. Contact Rochelle O'Brart for tickets.

Wednesday 5th July | Annual Charity Walk for the Westcliff Jewish Community Centre.

Larry Lisner will be walking 10 miles to raise money to help support activities for vulnerable adults in the community who attend the Community Centre. Please give generously, as every penny counts. Thank you.

Next Shabbat 8th July | CST & Security Stewards' Shabbat Honouring those who protect our Community. Welcoming honoured guest, **Alan Levy**, Security Director from Hendon.

Sunday 9th July 12noon – 3pm | Community Funday & BBQ All INCLUSIVE price of £7.50pp before the 30th June or £10pp thereafter. Children under 3 go FREE! In aid of The Kidz Kalendar. Unlimited Barbeque, Ice-Cream, Popcorn & Candyfloss. New for this year, a Reptile Petting Zoo! More activities to be confirmed. Please contact Barry on 07876 685826 / youth@swhc.org.uk or leave cash/cheques made payable to "The Kidz Kalendar" with the Shul Office.

Tuesday 11th July | Fast of Tammuz Breaching of the walls of Jerusalem. Times to follow.

AID Society Shabbat | 15th July Please come and support the AID Society. Enhancing the quality of life of the more vulnerable Jewish people living in the town.

Tuesday 18th July, 10:30am – 12:30pm | Ladies Guild Coffee Morning

At the home of Georgina & Colin Baum. Donation £5 to include coffee and cake. For more information, please contact Sara at van38@blueyonder.co.uk.

Sunday 23rd July, 10am – 12noon | Southend Hospital Trust Community Engagement Event.

Synagogue Hall. Alan Tobias, OBE, Chairman of Southend University Hospital Trust, will be giving a presentation about the Success Regime and how this may affect hospital services in the near future. The hospital will have an information stall present. Looking forward to seeing you all on the day! The Ladies Guild will be providing refreshments.