



**Yahrzeits** *Rabbi Bar and the whole community wish the following members, Long Life.*

*(Yahrzeits begin the night before the date below)*

**Shabbat – 15 July / 21 Tammuz** Mr Geoffrey Basco, Mr Raymond Basco, Mrs Tina Jacobs, Mrs Annette Samuels

**Sunday – 16 July / 22 Tammuz** Mr Ivor Bennett, Mrs Gloria Goldring

**Monday – 17 July / 23 Tammuz** Mrs Gina Dias, Mrs Sheila Leigh, Mr Norman Lapp

**Tuesday – 18 July / 24 Tammuz** Mr Ian De Haan, Mrs Jackie Neidus, Mrs Helen Koppel, Mrs Mirelle Walters

**Wednesday – 19 July / 25 Tammuz** Mr Alan Cohen, Mrs Pamela Collin, Mrs Barbara Fearnley, Mr Simon Joseph

**Thursday – 20 July / 26 Tammuz** Mr Ralph Ruvin, Mr Michael Lyons, Mrs Loretta Shulton, Mr Ivor Rose

**Friday – 21 July / 27 Tammuz** Mr Michael Yaffe

**VISITING THE SICK** If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email [swhcfc@gmail.com](mailto:swhcfc@gmail.com) or [leonardshulton@live.com](mailto:leonardshulton@live.com), call Janice on 07752874065 or the Shul Office on 01702 344900.

**REGULAR EVENTS**

<p><b>Monday Club</b> Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p><b>Little Latkes Baby &amp; Toddler</b> Tuesday 25<sup>th</sup> July 10:30am - 12noon Call Karen on 07887 847059</p>	<p><b>Bereavement Support Group</b> Monday 17<sup>th</sup> July at the home of Janice Call Janice on 07752 874065</p>
<p><b>Cheder Classes</b> Tuesdays 4:30 – 6:15pm Age 5+ Bar/Bat Mitzvah lessons also available</p>	<p><b>Pop-In   Talmud Torah</b> Tuesday 25<sup>th</sup> July 2pm-4pm Email Janice <a href="mailto:swhcfc@gmail.com">swhcfc@gmail.com</a></p>	<p><b>J.A.C.S. Wednesdays</b> Call Allan Goldstein 01268 771978 for more info</p>
<p><b>Insights into the Weekly Sedra</b> Gentlemen’s discussion group. Wednesdays after Ma’ariv in Beth Hamedrash</p>	<p><b>SJYC – Youth Club</b> Thursdays 4:30 – 6:30pm <a href="mailto:youth@swhc.org.uk">youth@swhc.org.uk</a> or call Barry 07876 685826</p>	<p><b>AID Society Bridge– 6<sup>th</sup> Aug</b> Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p><b>Jewish Museum til 24<sup>th</sup> Sept</b> Amy Winehouse A Family Portrait For Info call 020 7284 7384</p>	<p><b>Stock Rd Cemetery, SS2 5QF</b> Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p><b>Add your Simcha onto the Website!</b> Contact Stanley Robinson <a href="mailto:stan.stanrob@gmail.com">stan.stanrob@gmail.com</a></p>

**THE SHOP** *Kosher fresh, frozen, dry and baked goods available locally.*

**Sunday** | 9.30am-11am    **Thursday** | 10am-4.30pm    **Friday** | 9am-11am  
01702 430307 (during opening hours) / [alanmarkovitch@yahoo.co.uk](mailto:alanmarkovitch@yahoo.co.uk) / 07956 597271



15 July 2017 | 21 Tammuz 5777

**Rabbi Binyamin Bar**  
*Rabbi*

**Stanley Robinson**  
**Geoffrey Pepper**  
*Gabbaim*

Finchley Road  
Westcliff-on-Sea  
Essex SS0 8AD

**Telephone** 01702 344900  
**Fax** 01702 391131  
**Email** [shuloffice@swhc.org.uk](mailto:shuloffice@swhc.org.uk)  
**Website** [www.swhc.org.uk](http://www.swhc.org.uk)  
**Facebook** [facebook.com/swhc.org.uk](https://facebook.com/swhc.org.uk)



*We extend a very warm welcome to everyone attending our services this Shabbat. We hope you enjoy the Services and you will join us again soon.*

**SHABBAT**

**FRIDAY NIGHT**

Mincha/Carlebach-Style  
Kabbalat Shabbat 7:30pm  
Shabbat commences  
and Candle lighting 8:00pm

**SHABBAT DAY**

Shacharit 9:30am  
Children’s Service 11:00am  
*followed by* Kiddush  
Rabbi’s Shiur 8:15pm  
Mincha *followed by* 9:00pm  
Seudah Shlishit  
Ma’ariv *when* Shabbat ends 10:19pm

**WEEKDAY SERVICE TIMES**

**SUNDAY**

Shacharit 8:30am  
Mincha *followed by* Ma’ariv 7:30pm

**MONDAY - THURSDAY**

Shacharit 8:00am  
Mincha *followed by* Ma’ariv 8:00pm

**NEXT FRIDAY**

Shacharit 8:00am  
Mincha *then* Kabbalat Shabbat 7:30pm  
Shabbat commences 8:00pm

<b>Torah Reading</b>	<b>Rabbi Bar</b>	Soncino pg 932
<b>Haftorah</b>	<b>Rabbi Bar</b>	Soncino pg 968
<i>If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim</i>		

## HISTORY IN THE MAKING *Thoughts on the Parsha*

In Parshat Pinchas, the Jewish People are, once again, counted. The commentaries give various reasons for this. One of the reason is that since there was a plague, and unfortunately many from the Tribe of Shimon died, Hashem wanted Moshe to count the Jews again. This is compared to a shepherd whose flock was attacked by wolves. After being attacked the shepherd wants to take account of the remaining flocks.

The Torah gives the numbers of each tribe, and Dan is the most numerous of all the tribes. It is interesting to note that the entire tribe of Dan came from Dan's only one son, Chushim. Chushim was deaf and being deaf in those days meant that a person remained immature and uneducated. And yet, his tribe merited to become the largest.

Contrast this with the tribe of Binyamin who begun with Binyamin's ten sons, and even Binyamin did not have a larger tribe than Dan. The Chafetz Chaim (Rabbi Yisrael Meir Kagan d. 1933) points out, that things do not always go according to logical expectations and that, of course, it is all up to Hashem.

This is a great message to us. We are the foundation upon which every subsequent generation is being built. Who knows what could come from us? Our thoughts, our speech, and our actions should be exemplary, because they are the basis for the younger generation who will see, hear, observe and emulate us. A small kindness we show can multiply in the hands of the children and grandchildren who witnessed it, or heard the stories. The potential is limitless. We are potentially the mothers and fathers of hundreds of thousands of people!

The Chafetz Chaim was once asked how it is possible that Moshiach will come to us when there were previous generations which achieved much greater levels of piety and closeness to Hashem. His answer was that we may be smaller than they were, but we are like midgits standing on the shoulders of giants.

We are all part of a historical process. We are participating in the fulfillment of a great destiny. The Torah is the map which leads us to our destinations. May we all merit to contribute positively to the fulfillment of this great destiny.

Shabbat Shalom

*Rabbi Binyamin Bar*

<p><b>Annual 10 Mile Charity Walk for the Westcliff Jewish Community Centre's Dementia Group.</b> Larry Lisner completed the walk on Wednesday 5 July to raise money to support this Group. Please pay any outstanding donations pledged to Larry as soon as possible. Thank you.</p>
---

## MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

**Loretta De Haan** on the occasion of her 80<sup>th</sup> Birthday

**Frances Goldstein** on the occasion of her 80<sup>th</sup> Birthday

## FORTHCOMING EVENTS

**THIS SHABBAT | AID Society Shabbat** Please come and support the AID Society. Enhancing the quality of life of the more vulnerable Jewish people living in the town.

**Tuesday 18<sup>th</sup> July, 10:30am – 12:30pm | Ladies Guild Coffee Morning**

At the home of Georgina & Colin Baum. Donation £5 to include coffee and cake. For more information, please contact Sara at [van38@blueyonder.co.uk](mailto:van38@blueyonder.co.uk).

**Tuesday 18<sup>th</sup> July 8pm | Men's & Women's Learning Circle** with Rabbi & Rebbetzin Sufrin. Men at the home of Marc & Sharon Ordever. Ladies venue to be confirmed.

**Friday 20<sup>th</sup> July | Community Voice Magazine** Closing date for all articles.

**Sunday 23<sup>rd</sup> July, 10am – 12noon | Southend Hospital Trust Community Engagement Event.** Synagogue Hall. Alan Tobias, OBE, Chairman of Southend University Hospital Trust, will be giving a presentation about the Success Regime and how this may affect hospital services in the near future. The hospital will have an information stall present. Looking forward to seeing you all on the day! The Ladies Guild will be providing refreshments.

**Sunday 23<sup>rd</sup> July – Tuesday 1<sup>st</sup> August | The Three Weeks – From Mourning To Morning** 3-part programme to explore the practical and theoretical meaning of the Three Weeks.

**The Halachot of Mourning | Sunday 23<sup>rd</sup> July, 8:30pm**

With Rabbi Binyamin Bar. Men and Women welcome.

**Internalising The Mourning on a Personal Level | Sunday 30<sup>th</sup> July, 8:30pm**

With Rebbetzin Chaya Faigie Bar. Women only shiur.

**Bridging The Gap To Mourning | Tuesday 1<sup>st</sup> August - TISHA B'AV**

Men and Women welcome. Schedule and details to follow.

**Monday 31<sup>st</sup> July – Tuesday 1<sup>st</sup> August | Tisha B'Av** Fast begins Monday 8.48pm Fast Ends Tuesday 9.49pm. Synagogue Office will open at 1pm.

**Sunday 13<sup>th</sup> August | 10 mile (16 km) Sponsored Walk** Jennifer Pepper, Rebbetzin Chaya Faigie and other ladies of the Community, are walking from 9am (along the seafront and pier) to raise funds towards a *Keilim* Mikveh to be sited in the Synagogue grounds. Proceeds will be ring-fenced. Tea reception in the Synagogue Hall afterwards approx 2pm. "A huge Mitzvah, I want to be first in the queue" To sponsor: <https://mydonate.bt.com/fundraisers/jenniferpepper>

## SPONSORSHIPS *Celebrate and commemorate your loved ones.*

**Ladies Guild Kiddushim** Contact Lisa Berg 07760141162 or [swhc.org.uk/ladies-guild/#kiddush](http://swhc.org.uk/ladies-guild/#kiddush)

**Newsletter** Contact the Shul Office £25 donation to sponsor our weekly Newsletter.

**Mark your Simcha with a Leaf on our Tree of Life in the Shul Hall** Each leaf will be £110.

**Seudah Shlishit** Contact [geoffrey.pepper@hotmail.co.uk](mailto:geoffrey.pepper@hotmail.co.uk) (minimum donation £30).