



CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Miriam Goldman, Frances Teplizki & Michael Boda on the loss of their mother, **Gertrude (Trudy) Greenbaum**

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 21st May **Bernard Green** 2:00pm

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 13 May / 17 Iyar Mrs Sheila Carter, Mrs Dawn Shestopal, Mrs Julie Baum

Sunday – 14 May / 18 Iyar Mrs Ruth Leigh, Mr David Gordon, Mrs Sheila Sekenofsky, Mr David Riseman, Mr Ralph Schiller

Monday – 15 May / 19 Iyar Mr Anthony Larholt, Mrs Angela Kneller, Mr Lawrence Simmons, Mrs Sophia Zetter, Mr Richard Zetter

Tuesday – 16 May / 20 Iyar Mrs Janice Pitch

Wednesday – 17 May / 21 Iyar Mrs Roberta Rose

Thursday – 18 May / 22 Iyar No Yahrzeits

Friday – 19 May / 23 Iyar Mr Keith Fenton, Mr Adam Fenton, Mrs Robyna Shinegold

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhfc@gmail.com or leonardshulton@live.com call Janice 07752 874065 or Shul Office on 01702 344900.

REGULAR EVENTS

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Little Latkes Baby & Toddler Tuesday 27th June 10:30am - 12noon Call Karen on 07887 847059</p>	<p>Bereavement Support Group Monday 19th June At the home of Sophie Zetter Call Janice on 07752 874065</p>
<p>Cheder Classes Tuesdays, 4:30 – 6:15pm Age 5+. Bar/Bat Mitzvah lessons also available.</p>	<p>Pop-In Talmud Torah Tuesday 20th June 2pm-4pm Email Janice swhfc@gmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>
<p>Discussion Group on Torah insights into the weekly Sedra Every Wednesday after Ma'ariv in the Beit Hamedrash</p>	<p>SIYC – Youth Club Thursdays 4:30 – 6:30pm youth@swhc.org.uk or call Barry 07876 685826</p>	<p>AID Society Bridge– 28th May Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Jewish Museum til 24th Sept Amy Winehouse A Family Portrait For Info call 020 7284 7384</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Add your Simcha onto the Website! Contact Stanley Robinson stan.stanrob@gmail.com</p>



13 May 2017 | 17 Iyar 5777

Rabbi Binyamin Bar
Rabbi

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We extend a very warm welcome to everyone attending our service this Shabbat. We hope you enjoy the Service and you will join us again soon.

SHABBAT EMOR

FRIDAY NIGHT

Mincha/Carlebach-Style
Kabbalat Shabbat **7:30pm**
Shabbat commences
and Candle lighting **8:00pm**

SHABBAT DAY

Shacharit **9:30am**
Children's Service **11:00am**
followed by Kiddush
Rabbi Shiur **7:45pm**
Mincha **8:30pm**
followed by Seudah Shlishit
Ma'ariv when Shabbat ends **9:44pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**
Mincha *followed by* Ma'ariv **7:00pm**

MONDAY – THURSDAY

Shacharit **8:00am**
Mincha *followed by* Ma'ariv **8:00pm**

NEXT FRIDAY

Shacharit **8:00am**
Mincha *then* Kabbalat Shabbat **7:30pm**
Shabbat commences **8:00pm**

Torah Reading	Rabbi Bar	Soncino pg 740
Haftorah	Anthony Larholt	Soncino pg 761
<i>If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim</i>		

What's Lag B'Omer

Lag BaOmer is a great celebration. Jews from around the world light bonfires and for weeks before, children in Israel scavenge wood to arrange as impressive sculptures. Great public celebrations are held and the wood towers are burned on Lag BaOmer. But please allow me to share with you the historical background of Lag BaOmer.

There was once a man, Rabbi Akiva, who had twenty-four thousand disciples. He taught them to love, but their love was too absolute, too true, to be loving. As the Talmud informs us, "They did not conduct themselves with respect for each other". They died, and their death spawned a period of mourning. Lag BaOmer is the day on which the plague ended and the dying ceased.

Lag BaOmer is also the anniversary of the passing of Rabbi Akiva's greatest disciple, Rabbi Shimon bar Yochai. Rabbi Shimon referred to the day of his passing as "the day of my happiness" but if Lag BaOmer marks the date of Rabbi Shimon's death, why is it such a celebration?

The Talmud describes a seminal event in the life of Rabbi Shimon: When the Romans outlawed the study of Torah, Rabbi Shimon spoke out against them. The Romans thus pronounced a death sentence against Rabbi Shimon, who was forced to go into hiding.

Rabbi Shimon and his son Elazar fled to a cave in the northern region of Israel. They had no means of subsistence, but a miracle occurred and a carob tree sprouted in the cave, along with a stream of water. Rabbi Shimon and his son remained in the cave for 13 years, involved in nothing but the study of Torah.

Rabbi Shimon went on to become the greatest Torah teacher of his generation and devoted his entire life to the pursuit of truth. When he reached the final day of his life, he called together his students and told them: "Until now, I have held the secrets of the Torah close to my heart. But now, before I die, I wish to reveal all."

The miracles which allowed Rabbi Shimon was able to live out a full life and the climax of Rabbi Shimon Bar Yochai's life with the revelation of Torah's greatest inner secrets is cause for great celebration.

Please join us for the Sunday special Lag Baomer Barbeque and celebrations!

Shabbat Shalom *Rabbi Binyamin Bar*

SPONSORSHIPS *Celebrate and commemorate your loved ones.*

Ladies Guild Kiddushim Contact Lisa Berg on swhc.org.uk/ladies-guild/#kiddush or 07760141162

Newsletter Contact the Shul Office £25 donation to sponsor our weekly Newsletter.

Tree of Life in the Shul Hall For our 110th Anniversary, each leaf will be £110 for a limited period.

Seudah Shlishit Contact geoffrey.pepper@hotmail.co.uk (minimum donation £30).

Breakfast &/or L'Chayim Contact geoffrey.pepper@hotmail.co.uk

FORTHCOMING EVENTS

Sunday 14th May, 12noon - 3pm | Lag B'Omer Community BBQ Barbeque food and drinks, children's activities including face painting, live music and lots more. Ticket prices, adult, £7, child (12 and under) £5. Book and pay with Shul Office. Tickets available on the door.

Tuesday 16th May, 7:30pm | Film Club presents "Dough" Call Marilyn 01702 476349 or Rochelle 01702 436991 for tickets. Jewish Community Centre, Cobham Road.

Wednesday 17th May, 12:15-1pm | All Kinds of Loving Concert Recital

Laura Burns will be performing in the Southend on Sea Civic Centre, Council Chamber at a 45 minute recital. Come and enjoy some of her favourite songs! Admission is free with a retiring collection.

Sunday 21st May, 9:15am | SWHC AGM Shul Hall

9:15am for signing in and voting. Meeting commences at 10am

Tuesday 23rd May, 2:30pm | Ladies Guild AGM You are cordially invited to the Ladies Guild AGM in the Shul Hall. For more information contact Sara van38@blueyonder.co.uk

SHAVUOT 5777

Tuesday 30th May | Erev Shavuot – Mincha 8:30pm – Candle lighting 8:44pm – Seudah Tikun Leil, a programme of learning for Men & Women with refreshments and cheesecake and special guest speakers. Join us for this traditional late night meal catering to both body and soul!

1st Night Shavuot – Ma'ariv 10:15pm – Learning Shiur following on at the home of Rabbi & Rebbetzin Bar. All are welcome.

Wednesday 31st May | 1st Day Shavuot – Shacharit 9:30am – Reading The Ten Commandments approx 10:15am – Children's Service 11am – Kiddush with Cheesecake after service ends – Mincha/Ma'ariv 7:30pm – Candle lighting 2nd Day 10:17pm

Thursday 1st June | 2nd Day Shavuot – Shacharit 9:30am – Yizkor approx 11:30am – 'Extra Special Shavout Kiddush with ice cream and fruit salad' after the service. Thank you to the Anonymous sponsors. Mincha 8:45pm. Ma'ariv when Shavuot ends 10:17pm.

Friday 2nd June, 11am | Magen David Adom Bike Dedication At The Hilton, Tel Aviv.

Meet in the Foyer for the ceremony which will be followed by a Buffet at The Hilton to which everyone from the Community in Israel is cordially invited.

Thursday 15th June, 8pm | Shir Jewish Music A concert of Klezmer and other music from the Jewish tradition with 5 piece band, Shir. Tickets £10/£8 conc, free refreshments. Please purchase your tickets with Yael, concertseries@swhc.org.uk / 01702 346 543.

Wednesday 21st June, 8pm | Reverend Gary Newman Concert An evening with Reverend Gary Newman and the London Cantorial Singers at Sinclair House.

Monday 26th June, 9am | Diana: Her Fashion Story Ladies Guild trip to Kensington Palace. Coach leaves Riverside at 9am, £30 per person inc return coach and entrance. Contact Sara Vandermolen on van38@blueyonder.co.uk for tickets.

THE SHOP *Kosher fresh, frozen, dry and baked goods available locally.*

Opening Hours | Sunday 9.30am-11am, Thursday 10am-4:30pm, Friday 9am-11am
Call 01702 430307 (during opening hours) email: alanmarkovitch@yahoo.co.uk / call 07956 597271