

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Sheila Carter on the loss of her husband, **Kenneth Carter**

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 21st May **Bernard Green** 2:00pm

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 20 May / 24 Iyar Mrs Brenda Feldman, Mr Gerry Russell, Mr Jeffrey Greenstein

Sunday – 21 May / 25 Iyar Mrs Valerie Sperber, Mr Brian Moss, Mrs Fay Muller, Mr Gavin Simons

Monday – 22 May / 26 Iyar Mr Norman Lapp, Mr Michael Nelkin, Mrs Freda Harris, Mr Richard Raphael, Mrs Linda Burns,

Tuesday – 23 May / 27 Iyar Mrs Sue Cohen, Mr Marc Ordever, Mr Jonathan Rapp, Mr Roger Rapp,

Wednesday – 24 May / 28 Iyar Mrs Loretta De Haan, Mr Alan Gershlick, Mr David Gershlick, Mrs Maxine Herman, Mr Derek Solomon, Mrs Marylyn Solomon,

Thursday – 25 May / 29 Iyar Mrs Estelle Bradley, Mr Ronnie Kloos, Mrs Gloria Goldring, Mr Lawrence Simmons, Mrs Susan Stone, Mrs Barbara Zybutz,

Friday – 26 May / 1 Sivan Mrs Brenda Franks, Mrs Tracy Jacobs

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcf@gmail.com or leonardshulton@live.com call Janice 07752 874065 or Shul Office on 01702 344900.

REGULAR EVENTS

Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845	Little Latkes Baby & Toddler Tuesday 27 th June 10:30am - 12noon Call Karen on 07887 847059	Bereavement Support Group Monday 19 th June At the home of Sophie Zetter Call Janice on 07752 874065
Cheder Classes Tuesdays, 4:30 – 6:15pm Age 5+. Bar/Bat Mitzvah lessons also available.	Pop-In Talmud Torah Tuesday 20 th June 2pm-4pm Email Janice swhcf@gmail.com	J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info
Insights into the Weekly Sedra Gentlemen's Discussion Group. Every Wednesday after Ma'ariv in the Beit Hamedrash	SJYC – Youth Club Thursdays 4:30 – 6:30pm youth@swhc.org.uk or call Barry 07876 685826	AID Society Bridge– 28th May Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289
Jewish Museum til 24th Sept Amy Winehouse A Family Portrait For info call 020 7284 7384	Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST	Add your Simcha onto the Website! Contact Stanley Robinson stan.stanrob@gmail.com



בס"ד



Newsletter No. 984

20 May 2017 | 24 Iyar 5777

Rabbi Binyamin Bar
Rabbi

Stanley Robinson
Geoffrey Pepper
Gabbaim

Finchley Road
Westcliff-on-Sea
Essex SS0 8AD

Telephone 01702 344900

Fax 01702 391131

Email shuloffice@swhc.org.uk

Website www.swhc.org.uk

Facebook facebook.com/swhc.org.uk

This week's Newsletter is kindly sponsored by Family Shaul Kornbluh in celebration of Eli's 11th Birthday. Mazel Tov!



ראש חודש

New Moon is on
Thursday 25th May at 8.32pm

We extend a very warm welcome to everyone attending our service this Shabbat. We hope you enjoy the Service and you will join us again soon.

SHABBAT BEHAR-BECHUKOTAI

FRIDAY NIGHT

Mincha/Carlebach-Style
Kabbalat Shabbat **7:30pm**
Shabbat commences
and Candle lighting **8:00pm**

SHABBAT DAY

Shacharit **9:30am**
Children's Service **11:00am**
followed by Kiddush
Rabbi's Shiur **7:50pm**
Mincha **8:40pm**
followed by Seudah Shlishit
Ma'ariv when Shabbat ends **9:58pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**
Mincha *followed by* Ma'ariv **7:00pm**

MONDAY – THURSDAY

WEDNESDAY Yom Yerushalayim
Shacharit **8:00am**
Mincha *followed by* Ma'ariv **8:00pm**

NEXT FRIDAY (Rosh Chodesh)

Shacharit **8:00am**
Mincha *then* Kabbalat Shabbat **7:30pm**
Shabbat commences **8:00pm**

Torah Reading	Rabbi Bar	Soncino pg 764
Haftorah – Bechukotai	Jeremy Symons	Soncino pg 789
Blessing The New Month	Sivan	Sacks Siddur pg 424
<i>If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim</i>		

FREEDON, JUBILEE AND US *Thoughts on the Parasha.*

"And you will count seven Shmitah (Sabbatical) cycles seven years, seven times, forty-nine years. And you will sanctify the fiftieth year and proclaim freedom in the land for all of its inhabitants." [Leviticus 25:8].

The Yovel (Jubilee) year heralded the freeing of all slaves. The six-year term of slavery would be prematurely terminated at the start of the Yovel year. Even those who wished to continue slavery at the conclusion of their six-year term were no longer slaves when the Yovel arrived. Over the course of time, many family fields and properties would be sold. The Yovel would automatically return the land to the original owners.

In this light, the Yovel was certainly a proclamation of freedom for many, particularly those who were slaves and now are free people, but why is it described as a proclamation of freedom "for all of its inhabitants"?

When it comes to ownership we tend to misunderstand the true reality. We feel: "I have earned it therefore it is mine". The Yovel grants a person a better perspective: "I am the master over no one and no thing". Hashem appoints me for a limited amount of time and then He passes it on to someone else. This servant helped me run my home smoothly, for which I am very grateful to him, he now returns to his home. I have had a great deal on this field, I utilized it to the best of my abilities, now it goes back to its rightful owner.

Until The Yovel the soul had become subservient to the physical needs being over-filled. With the Yovel the soul is now freed. This is why on the fiftieth year, freedom is proclaimed in the land for all of its inhabitants. Each and every individual prioritizes the soul over the physical body. There's now a sense of freedom for all.

The famed Rav Aryeh Levin lived in the Old City of Yerushalayim in a one room home. When asked by a journalist how he could possibly be comfortable living in such a way, he responded with his view of his accommodations. "The room is higher than I am; I do not have to bend down to move about. I never run to a third room to get something that I need. Everything is at hand right here in this room. I live like a king!"

The Yovel reveals that freedom shapes our attitude to recognize and appreciate that reality. The ex-owners gain a freedom, perhaps, a freedom even more profound than that of the ex-slaves.

Shabbat Shalom

Rabbi Binyamin Bar

SPONSORSHIPS *Celebrate and commemorate your loved ones.*

Ladies Guild Kiddushim Contact Lisa Berg on swhc.org.uk/ladies-guild/#kiddush or 07760141162

Newsletter Contact the Shul Office £25 donation to sponsor our weekly Newsletter.

Tree of Life in the Shul Hall For our 111th Anniversary, each leaf will be £110.

Seudah Shlishit Contact geoffrey.pepper@hotmail.co.uk (minimum donation £30).

FORTHCOMING EVENTS

Sunday 21st May, 9:15am | SWHC AGM Shul Hall

9:15am for signing in and voting. Meeting commences at 10am

Monday 22nd May, 8:45pm | Inspirational Evening for Ladies Come and join a FREE event for ladies featuring an inspiring Audio Visual Presentation from world renowned Charedim from Israel & New York in the Shul Hall. For more information please call Devoirah Shmedra on 07823486615. (Please note the talk will contain English & Hebrew)

Tuesday 23rd May, 2:30pm | Ladies Guild AGM You are cordially invited to the Ladies Guild AGM in the Shul Hall. For more information contact Sara van38@blueyonder.co.uk

NEXT SHABBAT 27th May | The Kiddush will be generously sponsored by **Sylvia & Alan Wand** in celebration of their Golden Wedding Anniversary.

Sunday 28th May, 7pm | Shavuot in Bloom Join Rebbitzin Chaya Faigie Bar in a crafting workshop making beautiful decorations, in the Shul Hall. We will also be talking about why we decorate the Shul and our homes, and about the giving of the Torah. Cheesecake will be served. Cost £5 per person. Please book & pay for your place with the Shul Office no later than Wednesday 24th May. 01702 344900, shuloffice@swhc.org.uk.

SHAVUOT 5777

Tuesday 30th May | Erev Shavuot – Mincha 8:30pm – Candle lighting 8:44pm – Seudah Tikun Leil, a programme of learning for Men & Women with refreshments and cheesecake and special guest speakers. Join us for this traditional late night meal catering to both body and soul! **1st Night Shavuot** – Ma'ariv 10:15pm – Learning Shiur following on at the home of Rabbi & Rebbetzin Bar.

Wednesday 31st May | 1st Day Shavuot – Shacharit 9:30am – Reading The Ten Commandments approx 10:15am – Children's Service 11am – Kiddush with Cheesecake after service ends – Mincha/Ma'ariv 7:30pm – Candle lighting 2nd Day 10:17pm

Thursday 1st June | 2nd Day Shavuot – Shacharit 9:30am – Yizkor approx 11:30am – 'Extra Special Shavout Kiddush with ice cream and fruit salad' after the service. Thank you to the Anonymous sponsors. Mincha 8:45pm. Ma'ariv when Shavuot ends 10:17pm.

Friday 2nd June, 11am | Magen David Adom Bike Dedication At The Hilton, Tel Aviv. Meet in the Foyer for the ceremony which will be followed by a Buffet at The Hilton to which everyone from the Community in Israel is cordially invited.

Thursday 15th June, 8pm | Shir Jewish Music A concert of Klezmer and other music from the Jewish tradition with 5 piece band, Shir. Tickets £10/£8 conc, free refreshments. Please purchase your tickets with Yael, concertseries@swhc.org.uk / 01702 346 543.

Wednesday 21st June, 8pm | Reverend Gary Newman Concert An evening with Reverend Gary Newman and the London Cantorial Singers at Sinclair House.

Monday 26th June, 9am | Diana: Her Fashion Story Ladies Guild trip to Kensington Palace. Coach leaves Riverside at 9am, £30 per person inc return coach and entrance. Contact Sara Vandermolen on van38@blueyonder.co.uk for tickets.

THE SHOP *Kosher fresh, frozen, dry and baked goods available locally.*

Opening Hours | Closed This Sunday - Open Thursday 10am-4:30pm, Friday 9am-11am
Call 01702 430307 (during opening hours) email: alanmarkovitch@yahoo.co.uk / call 07956 597271