

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 22nd October	11:30am	Neil Shestopal (<i>Bushey Cemetery, WD23 3TN</i>)
	2:00pm	Betty Greene
Sunday 29th October	2:45pm	Alan Jacobs

YAHREZITS *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 14 October / 24 Tishri Mrs Susan Sinclair, Mr Geoffrey Basco, Mrs Natalie Rubin, Mrs Monica Freedman, Mrs Doris Finesilver
Sunday – 15 October / 25 Tishri Mrs Maureen Elman
Monday – 16 October / 26 Tishri Mrs Muriel Rosenberg, Mr Lawrence Goldman, Mrs Estelle Bradley, Mrs Betty Steel
Tuesday – 17 October / 27 Tishri Lord Gold, Mrs Sara Vandermolen, Mr Jack Saunders, Mr Roger Martin, Mr David Rayner
Wednesday – 18 October / 28 Tishri Mr Roger Martin, Mr Melvyn Peters
Thursday – 19 October / 29 Tishri Mr Jack Burston, Mr Ian Lewis, Mr Lawrence Millstone, Mrs Angela Petrelis, Ms Marion Morris, Mr Martin Neidus, Mrs Sharon Somers, Mr Michael Phillips
Friday – 20 October / 30 Tishri Mrs Susan Turner, Mrs Sandra Symons, Mrs Sandra Caplan, Mrs Anne Meekings, Mr Stanley Robinson

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845	Bereavement Support Group Monday 16 th October at the home of Barbara Call Janice on 07752 874065	Pop-In Talmud Torah Tuesday 31 st Oct 2pm-4pm Email Janice swhcfc@gmail.com
Cheder Classes Every Tuesday rabbibar@gmail.com	J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info	SJYC – Youth Club Contact youth@swhc.org.uk or call Barry 07876 685826
AID Society Bridge 5 th November Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289	Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST	Seudah Shlishit Contact geoffrey.pepper@hotmail.co.uk (minimum donation £30)
Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush	Newsletter Sponsorship Contact the Shul Office £25 donation	Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110



Newsletter No. 1005

14 October 2017 | 24 Tishri 5778

Rabbi Binyamin Bar
Rabbi

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Gabbaim

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SHABBAT BEREISHIT

FRIDAY NIGHT
Mincha/Ma'ariv 5:50pm
Shabbat commences
and Candle lighting 5.49pm

SHABBAT DAY
Shacharit 9:30am
Children's Service 11:00am
followed by Kiddush
Mincha 5:45pm
followed by Seudah Shlishit
Ma'ariv *when* Shabbat ends 6:57pm



New Moon is Friday
20th October 12:12pm



We extend a very warm welcome to everyone attending our services this Shabbat. We hope you enjoy the Services and you will join us again soon.

WEEKDAY SERVICE TIMES

SUNDAY
Shacharit 8:30am
Ma'ariv 7:00pm

MONDAY - THURSDAY
Shacharit 8:00am
Ma'ariv 8:00pm

NEXT FRIDAY (1st Day Rosh Chodesh)
Shacharit 8:00am
Mincha *then* Kabbalat Shabbat 5:30pm

Shabbat Noach 2nd Day Rosh Chodesh commences *and* Candle lighting 5:34pm

Torah Reading	Rabbi Bar	Soncino Page 1
Haftorah Bereishit	Lord Gold	Soncino Page 27
Blessing of the new month	Cheshvan	Sacks Siddur Page 424
Anim Zemirot	Saul Bebb	Sacks Siddur Page 458

PROUD TO BE A JEW *Thoughts on the Parsha*

The cycle of the Torah has come to an end. In the past year, as every year, we read the story of our nation. We were awed by Adam and Eve (how awesome to be created by Hashem and have the world for yourself), sympathized with Noah (poor guy, he saw the whole world go down), were impressed with Abraham (first thrown into the furnace, then almost sacrificed his son), were caught up in the sibling rivalry between Joseph and his brothers, and held our breaths at the breathtaking saga of the Exodus.

And then, from when Moses received the Torah on Mount Sinai until his final departure on Mount Nebo, we experienced the tumultuous forty-year journey through the desert. Laws, mistakes, complaints, smashing of the tablets, spies, plagues and the whole drama which our ancestors lived through on their historic trek from the pyramids to the land of Israel. The Torah reading every Shabbat morning was quite an entertaining and educational experience.

And as we start all over again aware of the journey to come. What lessons, insights, and inspiration will we derive from our patriarchs and matriarchs next time around? Before we roll back the Torah from the Jordan River to 2,500 years earlier, let us reflect for a moment on Moses' final words, uttered just before he went up to the mountain and was buried by Hashem. Let his last words linger in our hearts: *"Fortunate are you, O Israel..."*

These are wonderful parting words. Moses was proclaiming to the Jew of Israel and of Babylonia, the Jew of Tunisia and Spain, of France, Poland, America and even Southend: "My beloved fellow Jews, how lucky, how fortunate you are. How wonderful it is to be a Jew."

No, it's not hard to be a Jew; nor is it a burden you must carry. We are lucky to be Jewish! Although we may live through incredible challenges for the next three millennia, we should, and will, always hold our head high! Yes, being Jewish is a gift, a cause for joy, a piece of heaven. Yes, Torah and Mitzvot are a blessing. They connect us to Hashem, and transform this world into a better place for all mankind.

Dear friends: As the month of Tishrei comes to a close and we look back on the most powerful month of the year – accepting Hashem's sovereignty on Rosh Hashanah, being forgiven on Yom Kippur, uniting with G-d and our fellow Jews on Sukkot, dancing our souls on Simchat Torah – it is now the time to declare our pride in our Jewishness. I am a Jew and I'm proud.

Chag Sameach and Shabbat Shalom!
Rabbi Binyamin Bar

YOM KIPPUR APPEAL FOR CHAI CANCER CARE

Helping the Jewish Community Affected by cancer – patients, their family & friends.

Thank you for returning your pledge card or making a commitment to support this valuable organisation. Please bring or send your payment to the Shul office or call the office with your card details. **All Donations payable to SWHC; ALL PAYMENTS WILL BE FORWARDED TO CHAI CANCER.** If you did not hear the appeal on Yom Kippur or were not in Shul, and you wish to donate please again contact the office.



MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Cyril Berman on the occasion of his 83rd Birthday

FORTHCOMING EVENTS

This Shabbat 14th October | Shabbat Bereishit The Kiddush will be generously sponsored by our Chatanim, **Rabbi Bar & Leslie Kleinman** together with **Lisa** (Lady of the Year) & **Graham Berg** and **Jeremy Symons** in celebration of his 45th Birthday. Mazel Tov!

Tuesday 17th October, 7:30pm | CCJ presents film "Patterns of Evidence" Shul Hall, free entry. For more information contact Cedric Jacobs 01702 293361 or see poster.

Next Shabbat 21st October | The Kiddush will be generously sponsored by the Basco and Konyon families to celebrate the occasion of **Deborah's Bat Mitzvah**. Daughter of **Marcelle & Raymond Basco**, sister of **Jenny** and granddaughter of **Geoffrey Basco** and the late **Hettie Basco** and **Susan & Michael Konyon**.

Tuesday 24th October | Celebrity Lunch with Lord Michael Grade – SOLD OUT Please contact Sara Vandermolen if you are unable to attend as there is a waiting list.

Friday 27th/Shabbat 28th October | ShabbatUK Please contact the Shul Office to book your place for this special Shabbat. See poster in foyer for more details. 01702 344900

Sunday 5th November, 7:30pm | Centenary of the Balfour Declaration Wine, Whisky and Canapes to celebrate the Centenary of the Balfour Declaration, and music from Israeli singer Lilac Sheer. Tickets £15 from the Shul Office 01702 344 900 / shuloffice@swhc.org.uk See poster for more info.

Shabbat 11th November | AJEX Shabbat. We remember those who gave their lives in the World Wars and all subsequent Wars in defence of the UK & Israel.

Sunday 12th November | Mayor's Annual Civic Cenotaph Service & Parade Assemble at Prittlewell Square at 10:15am. Immediately after the Civic Service, AJEX will proceed to Stock Road Cemetery for the Service of Remembrance at our Jewish War Memorial.

Wednesday 15th November, 7:30pm | Film Club presents 'Norman' at the Jewish Community Centre, Cobham Road. Call Marilyn 01702 476349 or Rochelle 01702 436991 for tickets

THE SHOP *Kosher fresh, frozen, dry and baked goods available locally.*

Closed this Sunday **Open Thursday | 10am-4.30pm** **Friday | 9am-11am**
01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271