

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

The family of the late **Renee Levine**

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 22nd October 11:30am **Neil Shestopal** (*Bushey Cemetery, WD23 3TN*)
 2:00pm **Betty Greene**
Sunday 29th October 2:45pm **Alan Jacobs**

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 21 October / 1 Cheshvan Mrs Norma Foreman, Mrs Marsha Shulton, Mrs Louise Gershlick, Mrs Dawn Walters, Mrs Sylvia Rankoff
Sunday – 22 October / 2 Cheshvan No Yahrzeits
Monday – 23 October / 3 Cheshvan Mrs Sherry Jacobs
Tuesday – 24 October / 4 Cheshvan No Yahrzeits
Wednesday – 25 October / 5 Cheshvan Mrs Shirley Shalet, Mrs Jane Lipner, Mrs Fay Muller
Thursday – 26 October / 6 Cheshvan Mrs Gertie Denenberg, Mrs Margaret Althasen, Mr Spencer Dobkins, Mr Lee Dobkins, Mrs Karen Plaskow
Friday – 27 October / 7 Cheshvan Mr Anthony Jones, Mrs Sheila Sekenofsky, Mrs Sally Markovitch

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 13th November at the home of Sophie Call Janice on 07752 874065</p>	<p>Pop-In Talmud Torah Tuesday 31st Oct 2pm-4pm Email Janice swhcfc@gmail.com</p>
<p>Cheder Classes Every Tuesday rabbibar@gmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>SJYC – Youth Club Contact Shul Office</p>
<p>AID Society Bridge 5th November Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Seudah Shlishit Contact geoffrey.pepper@hotmail.co.uk (minimum donation £30)</p>
<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>



21 October 2017 | 1 Cheshvan 5778

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SHABBAT NOACH ROSH CHODESH

FRIDAY NIGHT

Mincha/Carlebach-Style
 Kabbalat Shabbat 5:30pm
 Shabbat commences
and Candle lighting 5.34pm

SHABBAT DAY (2nd Day Rosh Chodesh)

Shacharit 9:30am
 Children's Service 11:00am
followed by Kiddush
 Mincha 5:30pm
followed by Seudah Shlishit
 Ma'ariv *when* Shabbat ends 6:43pm

This week's newsletter is kindly sponsored by the **Basco** and **Konyn** families on the occasion of **Deborah's Bat Mitzvah**. Mazel Tov!



We extend a very warm welcome to everyone attending our services this Shabbat. We hope you enjoy the Services and you will join us again soon.

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
 Ma'ariv 7:00pm

MONDAY - THURSDAY

Shacharit 8:00am
 Mincha 1:45pm
 Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:00am
 Mincha *then* Kabbalat Shabbat 5:20pm
 Shabbat commences
and Candle lighting 5:20pm

Hallel for Rosh Chodesh		Sacks Siddur pg 618
Psalm 104 for Rosh Chodesh		Sacks Siddur pg 154
Torah Reading	Rabbi Bar	Soncino pg 34
Maftir for Rosh Chodesh	Rabbi Bar	Soncino pg 944 v. 9-15
Haftorah for Rosh Chodesh	Alexander Small	Soncino pg 1188
Musaf		Sacks Siddur pg 434
Atah Yatzartah		Sacks Siddur pg 440
Anim Zemirot	Saul Bebb	Sacks Siddur Page 458

⁴ If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THE HARMONY OF FAMILY *Thoughts on the Parsha*

Noach left the ark along with his sons, his wife, and his sons' wives. Every beast, land animal, and bird, all that walks the earth, in families left the ark. (Bereishit 8:18-19)

Interestingly, the word "lemishpechoteihem" - in families - does not appear earlier, in the verse that enumerates all those who boarded the ark as the flood began. It appears only when the Torah mentions those who disembarked.

The late Rabbi Uziel Milevsky points out that we see from here the evidence that mankind went through a drastic transformation whilst living in the ark. Before the flood, human beings were independent beings who were capable of surviving on their own. They did not require a social environment. They followed in the footsteps of Adam, who was created alone.

However, after the flood, the passengers in the ark came out as "families" — in cohesive and united groups. They instinctively stuck to one another because Hashem had removed their inclination to survive on their own and transformed them into socially dependent beings. Hashem made them realise the need for family and community. This was a significant event in the Torah's account of man's journey on earth.

Hashem instilled the trait of dependency into the human consciousness for the good of mankind. The evil practices of those who perished in the flood had reached such an intolerable level precisely because of their independence. This independence degenerated into a lack of respect for others, which led to crimes being committed against each other. This flaw of independence could be corrected only by making humans more dependent upon one another. As we all know, a person who has a need for someone learns to respect him.

This explains why Noach and those who entered the ark with him were forced to remain inside the ark for such a long time. Hashem kept them there so that they would learn to live together in harmony. Only when they had been fully infused with a sense of community did Hashem allow them to return to a more natural existence in the world. We learn from this to greatly appreciate our families and community from which our emotional, moral and spiritual well-being depends on.

Shabbat Shalom!

Rabbi Binyamin Bar

THE SHOP *Kosher fresh, frozen, dry and baked goods available locally.*

Open: Sunday | 9:30am-11pm **Thursday** | 10am-4:30pm **Friday** | 9am-11am
01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271

YOM KIPPUR APPEAL FOR CHAI CANCER CARE

Helping the Jewish Community Affected by cancer – patients, their family & friends.

Thank you for returning your pledge card or making a commitment to support this valuable organisation. Please bring or send your payment to the Shul office or call the office with your card details. **All Donations payable to SWHC; ALL PAYMENTS WILL BE FORWARDED TO CHAI CANCER.** If you did not hear the appeal on Yom Kippur or were not in Shul and you wish to donate, please contact the office.



FORTHCOMING EVENTS

This Shabbat 21st October | The Kiddush will be generously sponsored by the Basco and Konyon families to celebrate the occasion of **Deborah's Bat Mitzvah**. Daughter of **Marcelle & Raymond Basco**, sister of **Jenny** and granddaughter of **Susan & Michael Konyon, Geoffrey Basco** and the late **Hettie Basco**. Mazel Tov!

Tuesday 24th October | **Celebrity Lunch with Lord Michael Grade** – If anyone would like to attend but has not yet put their name down for Lord Grade lunch, we have had several cancellations. Please bring payment (Cash or Cheque) of £35 into the Shul office marked for Sue Konyon's attention and stating their name and what it is for.

Thursday 26th October, 8pm | **Ladies & Girls Challah Bake** Join Rebbetzin Bar and special guest Deborah Basco in making challah for Shabbat UK! Find out more about the mitzvah of *hafrashat challah*. Please book and pay with the Shul Office, £4 per person.

Friday 27th/Shabbat 28th October | **ShabbatUK** Friday night meal, Shabbat Lunch, Children's Activities. We look forward to enjoying Shabbat with you and the many Jewish communities the world over! Please contact the Shul Office to book your place for this special Shabbat. See poster for more details. This is also the last Seudah Shlishit until 24th February 2018.

Shabbat 11th November | **AJEX Shabbat**. We remember those who gave their lives in the World Wars and all subsequent Wars in defence of the UK & Israel.

Sunday 12th November | **Mayor's Annual Civic Cenotaph Service & Parade**. Assemble at Prittlewell Square at 10:15am. Immediately after the Civic Service, AJEX will proceed to Stock Road Cemetery for the Service of Remembrance at our Jewish War Memorial.

Wednesday 15th November, 7:30pm | **Film Club presents 'Norman'** at the Jewish Community Centre, Cobham Road. Call Marilyn 01702 476349 or Rochelle 01702 436991 for tickets

Sunday 19th November | **AJEX Annual National Parade and Reunion Rally Service** at Whitehall Cenotaph, 2:30pm, conducted by the Chief Rabbi, Ephraim Mirvis. Fall-In at Horse Guards Parade Ground, London 1:45pm. Transport to Whitehall is available, call Derek Silverstone on 01702 616153, limited spaces.

12th – 19th December | **Public Menorah** We will be lighting our Public Menorah at the Cliffs Pavilion during Chanukah. Gala Night Tuesday 19th December with Dignitaries and donuts. Lighting times to follow shortly.