



CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Minyan Stalwart Loss

The minyan men were extremely saddened and upset to learn of the sad passing of David Smolovitch (*obm*). David attended the morning minyan every day for many years often helping to make up the ten. Our heartfelt condolences to the Small family.

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 11th February 2pm **Lawrence Sussman**

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat –3 February/ 18 Shevat No Yahrzeits

Sunday – 4 February /19 Shevat Mr Cyril Black, Ms Teresa Capp, Mrs Angela Ereira

Monday – 5 February / 20 Shevat Mr Michael Aarons, Mr Geoffrey Basco, Mrs Hazel Fellowes, Mr Jeffrey Gilbert, Mrs Lily Kantor, Mr Lewis Herlitz, Mrs Adrienne Cordery, Mr Michael Konyn, Mrs Angela Kneller, Mrs Marion Sussman, Mrs Simone Ridgewell

Tuesday – 6 February / 21 Shevat Mrs Jacqueline Phillips

Wednesday –7 February / 22 Shevat Mr Arnold Baum, Mrs Helen Birmingham, Mrs Betty Steel, Mr Gavin Simons

Thursday – 8 February / 23 Shevat Mrs Josephine Pitch, Mrs Hazel Fellowes, Miss Debbie Freeman, Mr Gordon Rosenberg, Mrs Doris Finesilver, Mrs Barbara Barnett

Friday – 9 February / 24 Shevat Dr Arnold Azulay, Mr Gerald Ward, Mrs Sonia Helper

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Sunday 25 Feb 10am to noon At the home of Janice Call Janice on 07752 874065</p>	<p>Easy Insights on the weekly Sedra, Thursdays after Ma'ariv with sumptuous hot food Men only</p>
<p>Cheder Classes Tuesdays rabbibar@gmail.com chayafbar@gmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In Talmud Torah Tuesday 27 Feb 2pm-4pm Email Janice swhcfc@gmail.com</p>
<p>SJYC – Youth Club Sunday Club 18 Feb Call Sarah Miller 07818 412425</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>AID Society Bridge 4 Feb Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>

3 February 2018 | 18 Shevat 5778

Newsletter No. 1021

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This week's Newsletter is kindly sponsored by Anne & David Wine to celebrate David's 82nd Birthday. Mazel Tov!



We are delighted to welcome all members and guests/visitors today. Everyone is invited to the Kiddush after the service which we hope you will enjoy.

SHABBAT YITRO

FRIDAY NIGHT

Shabbat commences 4:30pm
Mincha/Kabbalat Shabbat 4:30pm

SHABBAT DAY

Shacharit 9:30am
Children's Service 11:00am
Kiddush & Mincha *follows the main service*

Shabbat ends 5:45pm
Ma'ariv 6:15pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
Mincha k 1:45pm
Ma'ariv 8:45pm

MONDAY -THURSDAY

Shacharit 8:00am
Mincha 1:45pm
Ma'ariv 8:45pm

NEXT FRIDAY

Shacharit 8:00am
Shabbat commences 4:43pm
Mincha/Kabbalat Shabbat 4:45pm

Torah Reading
Haftorah Yitro

Rabbi Bar
David Wine

Soncino pg 445
Soncino pg 464

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THE WORTHY GUARANTORS *Thoughts on the Parsha*

When the Jews stood at Mount Sinai to receive the Torah, Hashem said to them: "I will not give you the Torah unless you provide worthy guarantors who will assure that you will observe the Torah."... The Jews said: "Our children will serve as our guarantors!" Hashem replied: "They truly are worthy guarantors, because of them I will give the Torah!"

Out of the many qualities which children have over adults, there are two prominent ones:

A child focuses is on the here and now. The past is non-existent, and the future is not important. For example: On Sunday morning, the grown ups wake up and think about their plans for the day, like shopping, cleaning the house or going out. But children wake up and their first thought is: "What do I do **now**? Can I utilize Mom and Dad's sleep time by climbing on the kitchen counter to reach the sweet cupboard? The day ahead is not important; all that matters is now.

Children consider themselves to be the most important people in the world! Every game, every gadget was invented with them in mind, and how dare Mom and Dad – who are here to serve them – deny from them their birthright! And the nerve of them to suggest that they share it with a sibling!

These two childish qualities clearly have downsides. However, there is much to be learned from these children's perspectives. Our sages say: "Do not say 'when I will have free time I will study,' for perhaps you will never have free time". How much more would each of us accomplish if we were, like children, eager to utilize the present moment to its utmost?

Our sages also say: "Every person must say, 'The world was created for me'". We are not an unimportant cosmic speck; we are the reason why the world was created. God Himself waits for us to fulfil the purpose of creation, by studying Torah and observing the Mitzvot. Perhaps this is why Hashem enthusiastically accepted the children as guarantors for the Torah.

Shabbat Shalom,
Rabbi Binyamin Bar

THE SHOP - NOW BEING SUPPLIED BY **KOSHER DELI**

Kosher fresh, frozen, dry and baked goods available locally

Butchers & Delicatessen

Open: Thursday | 10am-4:30pm **Friday** | 8:30am-11:30am **Sunday** | 9:30am-11:30am

01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271

FORTHCOMING EVENTS

Shabbat 3rd February | The Kiddush this week is generously sponsored by **Anne & David Wine** to celebrate David's 82nd Birthday. Mazeltov!

Sunday 4th February, 10am | Meeting in Shul Hall. The Shul Office and 'The Shop' will both close at 10am and 'The Shop' will reopen for half an hour once the meeting has closed.

Shabbat 10th February | Sit-down Cholent Lunch with Rabbi Aryeh Sufrin MBE and guest speaker, Chavi Sufrin. Rabbi Sufrin is leining whilst Rabbi Bar is on holiday. Chavi Sufrin is a Child, Adolescent & Adult Psychotherapeutic Counsellor, currently working for Chai Cancer Care, in Private Practice and as the School Therapist for the Royal Ballet School. £10 adult, £7.50 children under 13. Please make payment to the Shul Office.

Sunday 18th February, 11am | Beth Hamedrash - MDA UK Southend & Westcliff, welcome Prof. Eilat Shinar, Director of Blood Services for Magen David Adom, Israel. Complimentary Israeli Breakfast. For further details please contact, Linda Burns on 07968 103269 / itburns@hotmail.co.uk

Tuesday 20th February, 8pm | Southend Learning Circles Led by Rabbi Aryeh Sufrin MBE and Mrs Sufrin of Chabad in association with SWHC. Venues to be announced. To volunteer to host an evening or for more info, contact Mrs Sufrin 020 8551 8604

Sunday 25th February, 6:30pm | AID Society Music Quiz, Shul Hall. For details and tickets, please contact Rochelle O'Brart 01702 719297.

Tuesday 27th February, 8pm | Ladies & Girls Hamantaschen Evening. Get the 3D Effect with Rebbetzin Chaya Faigie! **Design** – bake delicious Hamentashen. **Discover** – the mystical significance of Hamentashen. **Delight** – in the spirit of Purim with great company! £4 per person, please book with the Shul Office by 21st February.

Wednesday 28th February | Fast of Esther Fast begins 5:05am, Fast Ends 6:27pm. Purim begins and Community reading of the Megillah follows at 7:30pm. Refreshments, Hamentashen & fancy dress.

Thursday 1st March | Purim All the community are invited for the Reading of the Megillah, 5pm, come in fancy dress!

Following on, The Purim Royal Banquet with Rabbi & Rebbetzin Bar. 2 courses, talent show from the children and lots of Purim fun! £8 per adult, £4 per child. Please book and pay by the 21st Feb.

Shabbat 31st March, 7:30pm | 2nd Night Communal Seder Shul Hall. £25 adults, £12.50 children under 13. Contact Shul Office. Ticket deadline Monday 19th March.

MEET THE RABBI in the Talmud Torah | Monday, Tuesday & Friday 10am-11am, Sunday 10.30am-11.30am. Members of the community are welcome to "drop in" to see the Rabbi if they so wish or to make appointments to see him in the office later in the day by mutual agreement.

