



CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Simon & Seth Belson and Laura Burns on the loss of their father, **Leonard P Belson**.

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 6 January / 19 Tevet Ms Jacqueline Coleman, Mrs Janice Linden, Mr Stephen Rosenthal, Mr Sasson Zecharia

Sunday – 7 January / 20 Tevet Mrs Wendy Vandecar, Mr Jeffrey Barcan, Mr Arnold Baum, Mr Leslie Lesser

Monday – 8 January / 21 Tevet Mrs Valerie Sperber, Mr Philip Muslin, Mr Royston Keizer, Mrs Doris Finesilver, Mr Maurice Tobias, Mr Gyula Vari

Tuesday – 9 January / 22 Tevet Mr Irvine Ford, Mrs Shoshana Freeman, Mrs Estelle Halpern, Mr Andrew Levy, Mr Ralph Ruvin, Mrs Amanda Cohen

Wednesday – 10 January / 23 Tevet Mrs Rosalind Cohen, Mr Ivor Rose, Mr Melvyn Speck

Thursday – 11 January / 24 Tevet No Yahrzeits

Friday – 12 January / 25 Tevet Mr Geoffrey Cohen, Mr Harvey Symons

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

<p>Monday Club Resumes 15 Jan Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 29 January At the home of Martin Dorne Call Janice on 07752 874065</p>	<p>Board Of Deputies Sponsors sought for an additional delegate. Donations to the Shul Office</p>
<p>Cheder Classes Resume Tuesday 9 Jan rabbibar@gmail.com</p>	<p>AID Society Bridge 7 Jan Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>	<p>Pop-In Talmud Torah Tuesday 23 Jan 2pm-4pm Email Janice swhcfc@gmail.com</p>
<p>SIYC – Youth Club New Sunday Club starting 14th January 2018! Call Sarah Miller 07818 412425</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>



6 January 2018 | 19 Tevet 5778

Rabbi Binyamin Bar
Rabbi

Stanley Robinson
Geoffrey Pepper
Gabbaim

Finchley Road
Westcliff-on-Sea
Essex SS0 8AD

Telephone 01702 344900

Fax 01702 391131

Email shuloffice@swhc.org.uk

Website www.swhc.org.uk

Facebook facebook.com/swhc.org.uk

This week's Newsletter is kindly sponsored by Shirley & Alan Shalet in celebration of Shirley's 80th Birthday. Mazeltov! Shirley would like to thank everyone for their good wishes on the occasion of her special Birthday.



We are delighted to welcome all members and guests/visitors today. Everyone is invited to the Kiddush after the service which we hope you will enjoy.

SHABBAT SHEMOT

FRIDAY NIGHT

Shabbat commences 3:45pm
Mincha/Kabbalat Shabbat 3:45pm

SHABBAT DAY

Shacharit 9:30am
Children's Service 11:00am
Kiddush & Mincha *follows the main service*

Shabbat ends 5:04pm
Ma'ariv 5:35pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
Mincha 1:45pm
Ma'ariv 8:45pm

MONDAY - THURSDAY

Shacharit 8:00am
Mincha 1:45pm
Ma'ariv 8:45pm

NEXT FRIDAY

Shacharit 8:00am
Shabbat commences 3:55pm
Mincha/Kabbalat Shabbat 3:55pm

Torah Reading	Rabbi Bar	Soncino pg 319
Haftorah Shemot	Geoffrey Cohen	Soncino pg 345
Anim Zemirot	Saul Bebb	Sacks Siddur Pg 458

WELCOME

S&WHC welcomes **Beverley Kloos** and **Sara Vandermolen** as members of staff in the Shul Office.

THE LITTLE BIT THAT COUNTS *Thoughts on the Parsha*

Not only does every "little bit" count but it only takes a "little bit" to make a difference, to start the process towards successful achievement. This is a theme seen throughout the Parasha of Shemot.

According to our sages, Batya, the daughter of Pharaoh, reached out her arm to grasp the basket in which baby Moshe was lying and miraculously her arm stretched far beyond its normal reach. The commentators derive from here a wonderful lesson. One must make his own effort; the rest is up to Hashem. Pharaoh's daughter was much too far from Moshe's floating basket. According to laws of nature, there was no possibility of her saving Moshe. Yet, she made the attempt with the feeling of giving and 'Inspired Heart'. She did her part. Hashem did the rest.

Yocheved, Moshe's mother, also made an effort in what seemed to be impossible. Pharaoh's decree to throw all baby boys into the Nile meant that Moshe could not survive. But Yocheved carefully hid Moshe and nurtured him. Rather than allowing the king's men to kill her son, she placed in him a basket, and left the rest to Hashem. Indeed, Hashem performed a miracle. Though Yocheved only had Moshe for the earliest years of his life, she succeeded so well in imbuing him with love and loyalty to his people during that short time, that despite his royal upbringing, he did not become an Egyptian prince, but remained a Jew. Moshe was raised in the splendour and anti-Semitism of the palace, but he remained the son of Amram and Yocheved.

As he matured, he displayed the compassion for those who were enslaved that eventually stamped him as the future redeemer of Israel. In those days, when Vayigdal Moshe – Moshe grew up and had become great in the nobility, he still remembered his parents's teachings of mercy. He went out from the royal palace to his brethren, observed their burdens, and saw the difficulties they were experiencing. He beheld an Egyptian taskmaster beating a Hebrew man, one of his kinsmen, and risked his life to save the victim.

The small efforts and little bits had gone a long way to create a giant of a man.

Shabbat Shalom,
Rabbi Binyamin Bar

THE SHOP - NOW BEING SUPPLIED BY **KOSHER DELI**
Butchers & Delicatessen
Kosher fresh, frozen, dry and baked goods available locally
Open: Thursday | 10am-4:30pm **Friday** | 8:30am-11:30am **Sunday** | 9:30am-11:30am
01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community!*

Leslie Kleinman on being awarded the British Empire Medal
Yvonne & Sammy Dias on the occasion of their Blue Sapphire (65th) Wedding Anniversary
Eddie Greene on the occasion of his 85th Birthday

FORTHCOMING EVENTS

Shabbat 6th January | This week's **Kiddush** is generously sponsored by Shirley & Alan Shalet in celebration of Shirley's 80th Birthday. Mazel Tov!

Thursday 11th January 8:45pm after Ma'ariv | **Easy Insights**, in English by SWHC member, Yaakov Friedman, for men, connecting with the weekly Sedrah. A relaxing 15 minute short session given and supported by sumptuous hot food.

Shabbat 13th January | **The Kiddush will be in honour of our Chevra Kadisha**. Please come along and show your support for this mitzvah. If anyone feels they would like to join this worthy team, please contact the Shul Office.

Sunday 14th January, 8pm | **The Astor Palm Court Orchestra** returns bigger and better than ever with 11 musicians! Playing their chocolate box mix of light classical and popular music you all know and love. Tickets £10/£8 from Yael please email, concertseries@swhc.org.uk.

Tuesday 16th January, 7:30pm for 8pm | **PaL – Phone and Learn** Flexible Jewish Learning on any Jewish topic via phone or skype tutorial. Rabbi Shimshon Silkin will be speaking about "Seven Wonders of Jewish History". Meet the PaL team! Refreshments will be served.

Tuesday 23rd January, 8pm | **Southend Learning Circles** in association with SWHC. Led by Rabbi Aryeh Sufirin MBE & Mrs Sufirin of Chabad. Venues to be announced. To volunteer your home to host an evening or for more info, contact Mrs Sufirin 020 8551 8604 / mrsufirin@chabadilford.co.uk

Friday 26th January, 12 noon | **Tree Planting Ceremony** Marine Parade Gardens, opp Crescent Rd, Leigh on Sea.

Sunday 28th January, 3pm | **Holocaust Day Commemoration Service**, Civic Centre.

Monday 29th January, 6:45pm Shul Hall | **Tu B'Shvat JLS Evening** Limmud-style event. Fruity dinner catered by Suzanne Elman. 8-8:55pm Deputy speaker of the House of Lords, Lord Monroe Palmer - "A view from The Lords". BBC Musical presenter Philip Hyman - 'Leonard Bernstein as a Jewish Musician'. Rabbi Bar - "Eruv 101: how does it work?". £12.50 per person, £22.50 per couple for the whole evening. Call the Shul Office to book your place on, or before, 21st January. For more info please call Rabbi Bar 01702 393535.

REGULAR SHIURIM WITH RABBI BINYAMIN BAR

What's bothering Rashi? **Short Parasha Shiur** | Friday evenings at the Shul after the evening service. Men and women welcome.

Rabbi, I have a Shaila... Halacha Shiur | Join in our lively and interactive Shiur, on Monday evenings at 8:15pm prior to the evening service at Rabbi Bar's home. Men and women welcome.

MEET THE RABBI in the Talmud Torah Monday, Tuesday and Friday 10am - 11am, Sunday 10.30am-11.30am. Members of the community are welcome to "drop in" if they so wish or to make appointments to see him in the office later in the day by mutual agreement.