Sunday 25th March

2:30pm

Gertrude (Trudy) Greenbaum

YAHRZEITS Rabbi Bar and the whole community wish the following members, Long Life.

(Yahrzeits begin the night before the date below)

Shabbat - 24 March/8 Nisan Mrs Rita Raye, Mr Terry Dowell, Mrs Sheila Waterman, Sunday -25 March/9 Nisan Mr John Barnett, Mrs Norma Foreman, Mr Ronald Shinegold, Mr Melvyn Speck

Monday -26 March/10 Nisan Mrs Norma Peters, Mr David Ramet, Mrs Valerie Kutner, Mr Stewart Somers, Mrs Linda Sanders

Tuesday -27 March/11 Nisan Mr Lawrence Millstone

Wednesday -28 March/12 Nisan Mr Royston Keizer, Mrs Rosalyn Silverstone, Mrs Ella-Myrtle Hyman

Thursday -29 March/13 Nisan Mrs Evelyn Assenheim, Mr Sammy & Mrs Yvonne Dias, Mr Gavin Dias, Mr Richard Ellis, Mrs Betty Kosky, Mrs Sylvia Rankoff, Mrs Barbara Zybutz Friday -30 March/14 Nisan Mr Allen Goldenberg, Mr Jeffrey Hendrick, Mrs Jackie Kalms, Mrs Sharon Bronitt

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the Community Care Committee, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

Monday Club CLOSED for Pesach Resumes 9 th April Call Maurice 01702 351845	Bereavement Support Group Monday 26 March, 8pm At the home of Ivan Call Janice on 07752 874065	Simchas On Our Website Contact Stanley Robinson Stan.stanrob@gmail.com
Cheder Classes resume Tuesday 17 th April rabbibar@gmail.com chayafbar@gmail.com	J.A.C.S. CLOSED for Pesach. Resumes Wed 11 th April Call Allan Goldstein 01268 771978 for more info	Pop-In Shul Hall Tuesday 17 April 2pm-4pm Email Janice swhcfc@gmail.com
SJYC – Youth Club Sunday Club 15 April Call Sarah Miller 07818 412425	Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST	AID Society Bridge 8 April Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289
Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110	Newsletter Sponsorship Contact the Shul Office £25 donation	Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush

THE SHOP - NOW BEING SUPPLIED BY KOSHER



Kosher fresh, frozen, dry and baked goods available locally

For Pesach Opening Times, Please See Attached Flyer

01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271





24 March 2018 | 8 Nisan 5778

Newsletter No. 1028

Rabbi Binyamin Bar Rabbi

Stanley Robinson Geoffrey Pepper

Gabbaim

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Telephone 01702 344900 Fax 01702 391131 Email shuloffice@swhc.org.uk Website www.swhc.org.uk Facebook facebook.com/swhc.org.uk

This week's newsletter & Kiddush are generously sponsored by Myra & **David Gordon** as they celebrate Myra's birthday. Mazel Tov!



We are delighted to welcome all members and guests/visitors today. Everyone is invited to the Kiddush after the service which we hope you will enjoy.

SHABBAT TVAZ HAGADOL

FRIDAY NIGHT

Shabbat commences 5:56pm Mincha/Kabbalat Shabbat 6:00pm

SHABBAT DAY

Shacharit 9:30am Children's Service 11:00am

Kiddush *after the main service*

Mincha 6:15pm Ma'ariv when Shabbat ends 7:08pm



PLEASE REMEMBER THAT THE CLOCK CHANGES **TONIGHT TO BST AND WILL GO FORWARD 1 HOUR**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am Mincha 1:45pm Ma'ariv 8:45pm

MONDAY to THURSDAY

Shacharit 8:00am Mincha 1:45pm Ma'ariv 8:45pm

NEXT FRIDAY (Bank Holiday)

See Inside for all Pesach Service Times

THE SHUL OFFICE WILL BE CLOSED ON:

Friday 30th March, Sunday 1st April, Monday 2nd April & Friday 6th April

Torah Reading Reb Yaakov Friedman Soncino Page 631 Haftorah HaGadol **Derek Silverstone** Soncino Page 1197 Anim Zemirot Saul Bebb Sacks Siddur Page 458 If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

MATZOR Thoughts on this week's Parsha from Jeremy Symons

As its customary to speak on Shabbat Gadol about all matters in relation to the upcoming festival of Pesach, I thought it be appropriate to write about a passage taken from the Haggadah relating to refraining from eating Chametz and consuming only Matzor instead.

It has always struck me as odd: Though the consumption of Matzor is not forbidden by Jewish law throughout the whole year, other than just prior to Pesach itself, it is by definition the bread of a certain season.

The Haggadah begins with the proclamation: "Ha lahma anya - This is the bread of poverty, which our ancestors ate in the land of Mitzraim!" and it concludes by explaining that this matzah "is because the dough which our ancestors prepared but did not have sufficient time to rise..." (Shemot 12:39). With a bread so symbolic as to conjure the paradox of both captivity and liberation, (the whole theme of Pesach) why would the opening question of the Haggadah refer to this so positively 'Pesach bread' as a food consumed year-round?

This question also aligns with this week's Parsha of Tzav; where Hashem instructs Aaron and his sons that whatever is left over from the mincha (Flour) offering they are allowed to take, form and bake into unleavened cakes (Matzor) and consume them as long as they are not cooked alongside, with or mixed with any leavened products (Chametz). I learn from this that the Kohanim for arguments sake "kept Pesach" virtually the whole time as this unleavened cake was for sure to be one of their frequent meals because the mincha offering could be bought to the Mishkan all year long. Therefore, if matzor was in fact eaten and chametz avoided most of the year, what then distinguishes the Matzor that we eat on Pesach as an unique spiritual experience of redemption?

The key to understanding this lies in the description of the 'noteret' (Leftovers) as "My offering," exclusively "from My table." Which in this case happens to be Matzor taken from Hashem's table. The Shulchan, You would know after last week's Sedra that the mincha offering is made up of flour and oil packed into unleavened cakes (Vayikra.), so of course the leftovers are also only going to be unleavened. However, the distinction of this priestly meal is that it had made its way onto Hashem's table first whereas the other portions the Kohanim received from other Korban's were made up of unburned tithes that were disregarded before being placed on the Mizbayah.

There is a fundamental difference between food that comes from the table of people and food from the table of Hashem. Anything taken from Hashem's table retains the properties of that table and transforms a meal into a Divine experience. Eating Matzor on Pesach is like transporting oneself to one of the greatest honours bestowed to man - Being invited to sit around Hashem's table as our host and have the pleasure of dining with him. Just think about it. We are actually being nourished by the Prime Source who provides everything to keep us sustained and healthy. What higher accolade can we ever be able to achieve than that...

Mah Nish Tanna - How different is this night of Pesach, indeed, that we should all receive nourishment from the Master of the Universe, and share together in that portion of redemption.

Good Shabbos!

Jeremy Symons

MAZEL TOV! A hearty Mazel Toy from the SWHC Community

Cynthia & Jeffrey Simmons celebrating their Diamond (60th) Wedding Anniversary Rochelle & Colin Samuel on the Barmitzvah of their grandson, Chaim Moshe Music, son of Naomi & Shimon and a brother to Brocha, Elya & Nechama Music (Manchester)

PESACH 5778 / 2018

We have pleasure in welcoming back Rabbi Motti Schochet for the first two days of Pesach. Rabbi Schochet will also be leading the 2nd Seder Night Communal Seder.

Erev Pesach – Friday 30 th March (Bank Holiday) – Fast of	First Born
Morning Service followed by a Siyum & lechayim for the fi	rstborn

8:30am Chametz can be eaten until 10:52am **Burning of Chametz until** 11:57am Shabbat & Pesach begins/Candle Lighting 7:08pm Mincha & Ma'ariv 7:10pm

1st Day Pesach Shabbat 31st March

Morning Service 9:30am Musaf 'Tefilat Tal' - Prayer for Dew 11:30am

The Kiddush will be generously sponsored by Cynthia & Jeffrey Simmons as they celebrate their **Diamond Wedding Anniversary**

Mincha & Ma'ariv 7:20pm 2nd Night Communal Seder - Shul Hall 8:15pm **Candle Lighting** 8:21pm

The candles must not be lit before this time. Candles must be lit from an existing flame

2nd Day Pesach – Sunday 1st April

Morning Service 9:30am Mincha 7:20pm Ma'ariv, Yom Tov ends 8:23pm

Chol Hamoed Monday 2nd - Wednesday 4th April

Morning Service 8:30am Mincha 1:45pm Ma'ariv 8:45pm

Thursday 5th April Erev Shevii Shel Pesach – Eruv Tavshilin

Morning Service 8:30am **Candle Lighting** 7:18pm Mincha & Ma'ariv 7:20pm

Shivii Shel Pesach – Erev Shabbat Friday 6th April

Morning Service 9:30am Shabbat begins/Candle lighting 7:20pm

The candles must be lit before this time. Candles must be lit from an existing flame.

Mincha & Ma'ariy 7:20pm

Acharon Shel Pesach - Shabbat 7th April

Morning Service 9:30am 'Yizkor' Memorial Service approx 11.15am Mincha 7:20pm Ma'ariv, Yom Tov ends 8:34pm

THANK YOU

Fashion Show 20th March. In aid of S&W Jewish Community Centre & Havens Hospice We wish to thank all who supported this highly successful function. We raised £2,644 which was immediately given to both worthy charities. Happy Pesach to you all!