



**STONE SETTING** *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

**Sunday 29<sup>th</sup> April** 2.00pm **Ivor Lee**  
 2.45pm **Frank Linden**  
**Sunday 6<sup>th</sup> May** 12 noon **Alayne Marks** *Rainsough Cemetery, Manchester*

**Yahrzeits** *The SWHC community wish the following members, Long Life.*

*(Yahrzeits begin the night before the date below)*

**Shabbat – 28 April/13 Iyar** Mr Barry Linton  
**Sunday – 29 April/14 Iyar** Mrs Roberta Yaffe, Mr Symon Davis, Mr Michael Goldring, Mrs Helen Koppel, Mr Sam Young  
**Monday – 30 April/15 Iyar** Mrs Judith O`brart, Mr Maurice Symons,  
**Tuesday – 1 May/16 Iyar** Mr David Jay, Mrs Marie Royston,  
**Wednesday – 2 May/17 Iyar** Mrs Dawn Shestopal, Mrs Julie Baum  
**Thursday – 3 May/18 Iyar** Mrs Ruth Leigh, Mr David Gordon, Mrs Sheila Sekenofsky, Mr David Riseman  
**Friday – 4 May/19 Iyar** Mr Anthony Larholt, Mrs Angela Kneller, Mr Lawrence Simmons, Mrs Sophia Zetter, Mr Richard Zetter

**VISITING THE SICK** If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email [swhcfc@gmail.com](mailto:swhcfc@gmail.com) or call Janice on 07752874065 or the Shul Office on 01702 344900.

**REGULAR EVENTS & NOTICES**

<p><b>Monday Club</b>                  Social Club with Card Games                  11:45am-3:30pm Shul Hall                  Call Maurice 01702 351845</p>	<p><b>Bereavement Support Group</b>                  Monday 4 June, 8pm                  At the home of Florette                  Call Janice on 07752 874065</p>	<p><b>Simchas On Our Website</b>                  Contact Stanley Robinson  <a href="mailto:Stan.stanrob@gmail.com">Stan.stanrob@gmail.com</a></p>
<p><b>Cheder</b>                  Classes Tuesdays  <a href="mailto:chayafbar@gmail.com">chayafbar@gmail.com</a></p>	<p><b>J.A.C.S.</b>                  Call Allan Goldstein                  01268 771978 for more info</p>	<p><b>Pop-In   Shul Hall</b>                  Tuesday 15 May 2pm-4pm                  Email Janice <a href="mailto:swhcfc@gmail.com">swhcfc@gmail.com</a></p>
<p><b>SIYC – Youth Club</b>                  Sunday Club 13 May                  Call Sarah Miller                  07818 412425</p>	<p><b>Stock Rd Cemetery, SS2 5QF</b>                  Sunday – Friday                  Winter 10am – 3pm GMT                  Summer 10am – 4pm BST</p>	<p><b>Shul Library</b>  <a href="http://swhc.org.uk/facilities/library">swhc.org.uk/facilities/library</a>  <a href="mailto:sonnykosky@blueyonder.co.uk">sonnykosky@blueyonder.co.uk</a>                  01702 589105</p>
<p><b>Tree of Life - Shul Hall</b>                  Mark your Simcha with a leaf on the tree for £110</p>	<p><b>Newsletter Sponsorship</b>                  Contact the Shul Office                  £25 donation</p>	<p><b>Ladies Guild Kiddushim</b>                  Contact Lisa Berg on                  07760141162 or  <a href="http://swhc.org.uk/ladies-guild/#kiddush">swhc.org.uk/ladies-guild/#kiddush</a></p>

28 April 2018 | 13 Iyar 5778

Newsletter No. 1033

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This week`s Newsletter is kindly sponsored by **Karen & Daniel Plaskow** to celebrate **Leo`s** Barmitzvah. Mazeltov!



*We are delighted to welcome all members and guests/visitors today. Everyone is invited to the Kiddush after the service which we hope you will enjoy.*

**SHABBAT ACHAREI MOT-KEDOSHIM**

**FRIDAY NIGHT**

Mincha/Kabbalat Shabbat 7:30pm  
 Shabbat begins and Candle Lighting 7:55pm

**SHABBAT DAY**

Shacharit 9:30am  
 Children`s Service 11:00am  
*Kiddush after the main service*  
 Mincha 8:00pm  
 Ma`ariv when Shabbat ends 9:14pm

**WEEKDAY SERVICE TIMES**

**SUNDAY**

Shacharit (Pesach Sheini No Tachanun) 8:30am  
 1<sup>st</sup> Mincha *followed by* Ma`ariv 8:00pm  
 2<sup>nd</sup> Mincha 8:30pm  
 2<sup>nd</sup> Ma`ariv 9:45pm

**MONDAY – THURSDAY (Lag B`Omer)**

Shacharit 8:00am  
 1<sup>st</sup> Mincha *followed by* Ma`ariv 8:00pm  
 2<sup>nd</sup> Mincha 8:30pm  
 2<sup>nd</sup> Ma`ariv 9:45pm

**NEXT FRIDAY**

Shacharit 8:00am  
 Mincha *then* Kabbalat Shabbat 7:30pm  
 Shabbat commences 8:00pm

Torah Reading Acharei Mot-Kedoshim	<b>Reb Yaacov Friedman</b>	Soncino,	Page 705
Maftir	<b>Leo Plaskow</b>	Soncino,	Page 733
Haftorah Kedoshim	<b>Leo Plaskow</b>	Soncino,	Page 735
Anim Zemirot	<b>Saul Bebb</b>	Sacks Siddur,	Page 458

*If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim*

## KEDUSHA *Jeremy's Thoughts*

Parsha Kedoshim opens with some of the most famous words in the Torah: "Kedoshim tihyu, ki kodosh ani Hashem Elokeichem" (you shall be holy, for I, the Lord your G-d am holy).

Both Torah portions this week resonate with Kedusha (holiness). We hear the pain that Aaron and his family suffered after his sons stepped away from being holy; we learn about the rituals of forgiveness and repair, along with lessons in how to internalize that Kedusha into our lives; our community and the rest of society in general.

There is a famous story told in the Talmud, (I know you've heard it thousands of times, so I apologise now for repeating it again), where a non-Jew came to Hillel's door and promised, "I will convert to Judaism if you can teach me the whole Torah while I stand on one foot." Rabbi Hillel's response was immediate. He retorted "What is hateful to you, do not do to your neighbour. That is the whole Torah. All the rest is commentary; now go and learn it."

Challenged to boil down Judaism to its essence, Hillel spoke not of Shabbat, nor of Israel, not even Hashem, but the importance of how we should treat and respect one another. Certainly, Hashem, Israel, Shabbat and the other Torah laws are important, but when we begin from a place of utilizing our holy spark which Hashem kindly placed within our neshomos (Souls), we are well on the way to living a meaningful and kind hearted Jewish life.

Incorporating this spark of Holiness into our daily routines may at first seem like an unattainable goal. I once thought the same. However, it is easier than you might think. Kedusha can be present within even the simplest of acts, gestures or speech at any given opportunity: The act of greeting every person we encounter with a smile, making business decisions that honour the employee, customer and investor, contacting someone who may be feeling lonely, giving Tzedaka, (Charity) etc. The list is endless.

We should look at our daily lives as many moments of opportunities. Hashem gave us this wonderful gift for us to help resonate and express our Judaism to the 'nth' degree. Holiness resides in our thoughts and actions. The purpose being to promote and recognise Hashem in everything we do or say. Holiness helps us be distinctly Jewish and universally human, filled with kindness and love for our fellow man.

May Kedusha carry on emanating from within us all and that with Hashem's help, we continue to stoke the embers of that divine spark in us all because when all is said and done, Kedusha is the life blood and core of our beautiful Jewish Faith.

Good Shabbos, *Jeremy Symons*

THE SHOP - NOW BEING SUPPLIED BY **KOSHER DELI**  
*Kosher fresh, frozen, dry and baked goods available locally* Butchers & Delicatessen  
**Open: Thursday** | 10am-4:30pm **Friday** | 8:30am-11:00am **Sunday** | Closed  
 01702 430307 (during opening hours) / [alanmarkovitch@yahoo.co.uk](mailto:alanmarkovitch@yahoo.co.uk) / 07956 597271

## MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

**Daniel Plaskow** celebrating his birthday today

**Ronald Lawrence** celebrating his 80<sup>th</sup> Birthday on 2<sup>nd</sup> May

**Suzanne & Nigel Rosehill** celebrating their Coral (35<sup>th</sup>) wedding anniversary on 1<sup>st</sup> May  
**Natalie & Simon Belson** on the marriage of their daughter **Hannah**, to **Lance Omsky** (South Africa) son of Michelle. Mazel Tov too to grandpa, Meyer Manushewitz. Chupa will be in London on Thursday 3<sup>rd</sup> May.

**Anne & Anthony Green** on the birth of a granddaughter and **Joan Green** on the birth of a great granddaughter (Israel)

**Pamela & Melvyn Diskin** on the birth of a granddaughter (Israel)

## FORTHCOMING EVENTS

**Shabbat 28<sup>th</sup> April | Leo Plaskow's Barmitzvah** The Kiddush this week is generously sponsored by parents, **Karen & Daniel Plaskow**. We wish Leo, parents Karen & Daniel, brothers Jake & Max and Grandma Susan Krasny, Grandma Benita & Zeida Melvyn Speck a hearty Mazeltov on this wonderful occasion.

**Sunday 29<sup>th</sup> April 1pm – 4pm | Lag B'Omer Youth Community Outing** To Priory Park. A fun filled afternoon with Lag B'Omer themed activities and games. Suitable for children age 5-13. Free for the Cheder children, or £3 including lunch and refreshments. Please email Chaya Faigie at [chayafbar@gmail.com](mailto:chayafbar@gmail.com) to book.

**Thursday 3<sup>rd</sup> May, 5-8pm | Lag B'Omer Community BBQ**

Barbeque food and drinks, children's activities including live music and lots more.

Tickets from Shul Office. Adults £7.50 Children £3.50 Family (2 adults, 2 children) £20.

**Sunday 6<sup>th</sup> May | Astronomy Lecture "A Story of Lunar Discovery"** In the Shul Hall. The Concert Series at SWHC presents a very special lecture from Mrs Barbara Moont (S.M. Mech Eng, MIT, M.Sc. Astronomy, UCL). *A small step to the moon, but a giant leap in understanding of the Jewish Calendar in its day.* Duration roughly 1 hour followed by free refreshments. Tickets £5 from the Shul Office.

**Sunday 6<sup>th</sup>–13<sup>th</sup> May | Jewish Women's Week** WIZO celebrating their Centenary – caring for deprived and needy families in Israel. Please give generously when your smiling collector calls this year. It is the only Jewish house-to-house collection authorised by the Home Office. Westcliff & District WIZO will also be holding a function on Tuesday 19<sup>th</sup> June with guest speaker, Stephen Burstin, to celebrate this milestone. Please contact Jackie Kalms for details at [jackiekalms@live.co.uk](mailto:jackiekalms@live.co.uk).

**Sunday 13<sup>th</sup> May | SWHC Annual General Meeting** In the Main Synagogue.

Voting opens at 9am. AGM commences at 10am.

**Sunday 13<sup>th</sup> May | AID Society Bridge.** Thorpe Bay Bridge Club.

Call Geoff Cohen 339601 or Jan Linden 343289.

## SHAVUOT 5778

Erev Shavuot – Saturday 19th May - Ice Cream & Chocolate Kiddush

1st Day Shavuot – Sunday 20th May – The Ten Commandments

2nd Day Shavuot – Monday 21st May