



Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 26 May/12 Sivan** Mrs Yvette Eichen, Mr Jeffrey Freedman, Mr Steven Hodis, Mrs Janice Langsman, Mrs Rochelle Spector, Mr Barry Riseman
Sunday – 27 May/13 Sivan Mrs Adele Ramet, Mrs Freda Levy, Mr Leslie Royston, Mrs Lila Jacobs, Mrs Jane Lipner
Monday – 28 May /14 Sivan Mr Dennis Baum, Mr Colin Baum, Mrs Dena Whitehead, Mrs Lilian Montsash, Mrs Kay Grice, Mr Lee Dobkins
Tuesday – 29 May/15 Sivan Mrs Sandra Symons, Mr Jeffrey Greenstein, Mrs Maureen Elman, Mr Cedric Jacobs, Mr Stuart Jacobs, Mr Keith Jacobs
Wednesday – 30 May/16 Sivan Dr Arnold Azulay, Mrs Sheila Leigh, Mrs Ruth Rubins
Thursday – 31 May/17 Sivan Mrs Diane Franks, Mrs Adrienne Sussman, Mr Gerry Russell, Mr Philip Walters
Friday – 1 June/18 Sivan Mr Jeffrey Barcan, Mrs Jackie Franks, Mrs Marylyn Solomon

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

<p>Monday Club Social Club with Card Games 11:45am-3:30pm Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 4 June, 8pm At the home of Florette Call Janice on 07752 874065</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Cheder Classes Tuesdays chayafbar@gmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In Shul Hall Tuesday 19 June 2pm-4pm Email Janice swhcfc@gmail.com</p>
<p>SJYC – Youth Club Sunday Club 17 June Call Sarah Miller 07818 412425</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Simchas On Our Website Contact Stanley Robinson Stan.stanrob@gmail.com</p>

THE SHOP - NOW BEING SUPPLIED BY **KOSHER DELI**
Kosher fresh, frozen, dry and baked goods available locally Butchers & Delicatessen
Open: Thursday | 10am-4:30pm **Friday** | 8:30am-11:00am **Sunday** | 9:30am-11:30am
 01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271

26 May 2018 | 12 Sivan 5778

Rabbi Binyamin Bar
Rabbi

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Gabbaim

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THE SHUL OFFICE WILL BE CLOSED
Bank Holiday Monday
 28th May 2018

We are delighted to welcome all members and guests/visitors today. Everyone is invited to the Kiddush after the service which we hope you will enjoy.

SHABBAT NASO

FRIDAY NIGHT
 Mincha/Kabbalat Shabbat 7:30pm
 Shabbat begins & Candle Lighting 8:00pm

SHABBAT DAY
 Shacharit 9:30am
 Children's Service 11:00am
 Kiddush after the main service
 Mincha 8:45pm
 Ma'ariv when Shabbat ends 10:09pm

WEEKDAY SERVICE TIMES

SUNDAY & MONDAY (Bank Holiday)
 Shacharit 1 8:30am
 Shacharit 2 9:30am
 1st Mincha followed by Ma'ariv 8:00pm
 2nd Mincha 8:30pm
 2nd Ma'ariv 9:45pm

TUESDAY - THURSDAY
 Shacharit 1 8:00am
 Shacharit 2 9:00am
 1st Mincha followed by Ma'ariv 8:00pm
 2nd Mincha 8:30pm
 2nd Ma'ariv 9:45pm

NEXT FRIDAY
 Shacharit 1 8:00am
 Shacharit 2 9:00am
 Mincha then Kabbalat Shabbat 7:30pm
 Shabbat commences 8:00pm

Torah Reading	Rabbi Bar	Soncino	Page 814
Haftorah Naso	Roy Barnes	Soncino	Page 835
Anim Zemirot	Saul Bebb	Sacks Siddur	Page 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THREE ELEMENTS *Jeremy's Thoughts*

It is a fact that the Torah is very careful not to insert any extra words in its text which are deemed unnecessary and without relevance; and yet it seems, towards the end of this week's Parsha, when discussing what the heads of each tribe bought as an offering to commemorate the Mishkan's consecration, although every tribe brought exactly the same Korbonos as everyone else, the Torah describes each one individually in great detail. Why?

Our Rabbis taught that in fact there are two other times when this question arises. The first is the narration when Eliezer is sent by Avraham to find a suitable wife for his son, Yitzchak and the second time is to do with the Mishkan's actual construction. The Torah describes all the details of what was needed to be created from the various materials donated and then later on repeats everything at length for a second time, once the Mishkan had been built. Is there a connection regarding these three things?

The Chafetz Chaim says "yes." They correspond to the three pillars of our Jewish faith and therefore merit such lengthy discussions. The choosing of a spouse is the groundwork for building a family that will follow in Hashem's path by adhering to all of his 613 mitzvahs; which is why Eliezer's experience of searching for a suitable match is recounted twice.

The Mishkan is the sanctuary in which we can best serve Hashem. The Torah wants us to see how much happiness and joy it was for B'nai Yisrael in actually building a place to house Hashem's Shekinah (his spirit), enabling it to dwell amongst them, from the initial planning stage to its final completion.

The Torah also needed to emphasize how proud each and every Prince was to be given the great honour of offering up their Korbonos on behalf of their tribes. Hence the reason why it went out of its way to express the elation being felt by each one whilst performing this most holy and sacred act.

I have come to learn that these three separate elements make up the essence of what our newly elected Synagogue Board of Management and our wonderful kehillah here in Southend should be striving to be.

The first: Seeing ourselves as part of an extension of being one big happy and caring family. The second: Our complete trust and faith in Hashem and our beautiful Jewish religion itself. Plus last but not least is being a proud member of our Jewish nationality who endeavours to keep our heritage alive, vibrant and strong.

May Hashem continue to shower us with his blessings, in order to continue making our community grow from strength to strength and, most importantly, in peace.

Good Shabbos!
Jeremy Symons

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Alexander Small has been elected as a Member of the UK Youth Parliament for Southend. One of his priority campaigns will be focused on religious tolerance. We wish Alexander every success possible.

Geoffrey Basco celebrating his 83rd Birthday

FORTHCOMING EVENTS

Next Shabbat 2nd June | The Kiddush will be generously sponsored by **Gillian & Jack De Metz** in celebration of Jack's 80th Birthday.

Sunday 3rd June 7.30pm | AID Society Bridge. Thorpe Bay Bridge Club.
Call Geoff Cohen 339601 or Jan Linden 343289.

Tuesday 26th June 2pm | The AID Society present A Tour & Talk by Trevor Cornforth around his Auction House. £5 donation. Please meet at 2 Baron Court, Chandlers Way, Temple Farm SS2 5SE. For tickets & further info, please contact Marcia & Michael Goldberg 07887 847482
mandmgoldberg@gmail.com.



Shabbat 9th June | The Kiddush will be generously sponsored by **Rosalind & Geoffrey Cohen** to celebrate Geoffrey's 70th Birthday.

Shabbat 16th June | The Kiddush will be generously sponsored by **Laraine & Roy Barnes** to celebrate Roy's 70th Birthday.

Shabbat 23rd June | The Kiddush will be generously sponsored by **Stephanie & Lawrie Millstone** to celebrate Lawrie's 80th Birthday.

Shabbat 30th June | Board of Management Shabbat There will be a large Kiddush, thanking those who serve our Community.

Til 30th Sept | Jewish Museum – Asterix in Britain: The Life & Work of René Goscinny. For more information please contact Andrew Thompson at Andrew.Thompson@jewishmuseum.org.uk

