

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

The family of the late **Stephen Shaw**

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 24th June 2.45pm **Jack Burns**

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 23 June/10 Tammuz No Yahrzeits

Sunday – 24 June /11 Tammuz Mrs Frances Finegold, Mrs Audrey Barcan

Mrs Phyllis Fenton, Mr Michael Lee, Mr Derek Lee, Mrs Rosalind Cohen, Ms Pamela Kay

Monday – 25 June /12 Tammuz Mrs Sheila Leigh, Mrs Freida Goldstone, Mr Allan Sholem

Tuesday – 26 June /13 Tammuz Ms Teresa Capp

Wednesday – 27 June /14 Tammuz Mrs Carol Turansky, Mrs Sheila Matthews

Thursday – 28 June /15 Tammuz Mrs Pamela Diskin, Mrs Sonia Scott, Mr Sasson Zecharia

Friday – 29 June/16 Tammuz Mrs Marion Jones, Mr David Plaskow, Mrs Susan Baker,

Mrs Doris Finesilver, Mrs Barbara Barnett, Mr Philip Walters

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

Monday Club Social Club with Card Games 11:45am-3:30pm Shul Hall Call Maurice 01702 351845	Bereavement Support Group Monday 2 nd July, 8pm at the home of Norman Karobik Call Janice on 07752 874065	Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush
Cheder Classes Tuesdays chayafbar@gmail.com	J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info	Pop-In Shul Hall Tuesday 17 th July 2pm-4pm Email Janice swhcfc@gmail.com
SJYC – Youth Club Sunday Club 15 th July Call Sarah Miller 07818 412425	Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST	Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105
Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110	Newsletter Sponsorship Contact the Shul Office £25 donation	Simchas On Our Website Contact Stanley Robinson Stan.stanrob@gmail.com

THE SHOP AT THE SHUL *supplied by* **KOSHER DELI**

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בס"ד



23 June 2018 | 10 Tammuz 5778

Newsletter No.1041

Rabbi Binyamin Bar
Rabbi

Stanley Robinson
Geoffrey Pepper
Gabbaim

Finchley Road
Westcliff-on-Sea
Essex SS0 8AD

Telephone 01702 344900

Fax 01702 391131

Email shuloffice@swhc.org.uk

Website www.swhc.org.uk

Facebook facebook.com/swhc.org.uk

*This week's newsletter is kindly sponsored by **Sybil & Ralph Schiller** celebrating their 10th Wedding Anniversary on 12th Tammuz. Mazel Tov!*



We are delighted to welcome all Members and guests/visitors today. Everyone is invited to the Kiddush after the service which we hope you will enjoy

SHABBAT CHUKAT

FRIDAY NIGHT

Mincha/Kabbalat Shabbat 7:30pm
Shabbat begins & Candle Lighting 8:00pm

SHABBAT DAY

Shacharit 9:30am
Children's Service & Kiddush 11:00am

Kiddush after the main service

Mincha 9:00pm
Ma'ariv when Shabbat ends 10:36pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 1 8:30am
Shacharit 2 9:30am
1st Mincha followed by Ma'ariv 8:00pm
2nd Mincha 8:45pm
2nd Ma'ariv 9:45pm

MONDAY - THURSDAY

Shacharit 1 8:00am
Shacharit 2 9:00am
1st Mincha followed by Ma'ariv 8:00pm
2nd Mincha 8:45pm
2nd Ma'ariv 9:45pm

NEXT FRIDAY

Shacharit 1 8:00am
Shacharit 2 9:00am
Mincha then Kabbalat Shabbat 7:30pm
Shabbat commences 8:00pm

Torah Reading Chukat	Reb Yaakov Friedman	Soncino	Page 898
Haftorah Chukat	Stephen Salt	Soncino	Page 911
Anim Zemirov	Saul Bebb	Sacks Siddur	Page 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

GRATITUDE IS AN ATTITUDE *Thoughts on the Parsha*

“Talk to the rock before their eyes that it will give its waters... And Moshe raised his arm and hit the rock. (Bamidbar 20:8)

Moshe was clearly commanded by Hashem to bring forth water from the rock by speaking to it, but instead, he struck the rock twice until water poured forth. This sin caused Moshe to lose the privilege of entering the Land of Israel with the nation. Rashi explains that Hashem had commanded Moshe to speak to the same rock that had given them water before, but Moshe could not find it. He spoke to different rocks, but no water came forth. He then proceeded to hit a rock which subsequently produced water.

The question is obvious. If, according to this explanation, Moshe listened to God and spoke to the rock but he just couldn't find it, why was he punished? What is his fault that he could not recognize the rock?

Perhaps an answer to this is this. The Torah asks of us to recognize our benefactors and to show our appreciation to them. The Egyptians had persecuted the Jewish people, but we are commanded not to treat them similarly. The reason is because Egypt had provided food and lodging when Yaakov and his family resided there. That itself is a good enough reason to be grateful. The rock that had been providing the Jews with water for 40 years as they wandered in the desert should have been easily recognizable amongst the other rocks! That Moshe could not recognize that rock is considered a lack of appreciation and a grave sin.

The first thought a Jewish person starts his/her day with is, gratitude: "*Modeh ani lefanecha...*"- "I gratefully thank you, living and eternal King, that You have returned my soul within me with compassion..." Being grateful is in the very essence of a Jew. The Hebrew word for Jewish is *Yehudi* which also means one who thanks. Gratitude helps us focus and take pleasure in what we have as opposed to what we are lacking. This is the key to being a happy and content person.

Shabbat Shalom,
Rabbi Binyamin Bar

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Oriol & Jonathan Gershlick on the Barmitzvah of their son Shua on 23rd June, 2018 in London and to grandparents, **Louise & Alan**

Rosalind & Richard Raphael on the engagement of their son **Howard, to Katie**, daughter of **Pam Newman & Melvyn Newman**. Also Mazel tov to grandparents, **Miriam (Stein) & Leslie Kleinman (BEM)**

Irene & Jack Burston on their Platinum (70th) Wedding Anniversary

Norma & Anthony Silverstein on their Diamond (60th) Wedding Anniversary

FORTHCOMING EVENTS

This Shabbat 23rd June | The Kiddush this week is generously sponsored by **Stephanie & Lawrie Millstone** to celebrate Lawrie's 80th Birthday. Mazel tov!

Tuesday 26th June 2pm | **The AID Society present A Tour & Talk by Trevor Cornforth around his Auction House.** £5 donation. Please meet at 2 Baron Court, Chandlers Way, Temple Farm SS2 5SE. For tickets & further info, please contact Marcia & Michael Goldberg 07887 847482 mandmgoldberg@gmail.com.



Tuesday 26th June 8pm | **Cambridge Analytica...Facebook... Do you have privacy?** Shiur with Rabbi Bar at the home of Rabbi & Rebbetzin Bar. All welcome to this free event.

Next Shabbat 30th June | **Board of Management Shabbat** There will be a Cholent Kiddush thanking those who serve our Community.

Sunday 1st July | **Fast of Tammuz** Fast begins 3.32am; Fast Ends 10.10pm.

Start of the 3 weeks 1st – 22nd July Building the Beit Hamikdash, brick by brick. Community 3 week programme to build a Beit Hamikdash wall with our good deeds. Email chayafbar@gmail.com or rabbibar@gmail.com (see poster).

Sunday 1st July 7.30pm | **AID Society Bridge.** Thorpe Bay Bridge Club. Call Geoff Cohen 339601 or Jan Linden 343289.

Shabbat 7th July | **Youth Shabbat Lunch** £5 per person or £17.50 per family of four. Games, songs, stories & food. Tickets from the Shul Office. RSVP by Monday 2nd July.

Tuesday 10th July 8pm | **Rabbi & Rebbetzin Bar** invite everyone to an interactive Shiur, Sushi & Whisky evening. £4. Please book with the Shul Office by 3rd July (see poster).

Shabbat 14th July | **AID Society Shabbat. Celebrating 65 years.**

Saturday 21st July/Sunday 22nd July | **Tisha B'Av Programme**, see poster. Fast begins Saturday, 9.01pm and ends Sunday, 10.01pm.

Sunday 12th August 3pm – 5.00pm | **“Let's Get Together” Afternoon Cream Tea** Shul Hall or in the Grounds (dependent on the weather). Adults £10, Children £5. Non Members Adults £12.50, Children £7.50. Contact Shul Office for tickets.