

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Sylvia Rankoff on the loss of her sister, **Lily Schachter**.

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 15th July 12 noon **Marilyn & Leonard P. Belson**
(Please note change of time to that previously advertised)
 Sunday 29th July 2.30pm **Renée Levine**

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 14 July/2 Av Mr Barry James, Mrs Louise Gershlick, Mr Geoffrey Woolf

Sunday – 15 July/3 Av Mrs Myra Blayer, Mr David Garston, Mr Edward Garston

Monday – 16 July/4 Av Mrs Audrey Barcan, Mr Howard Linden, Mrs Clare Linden,
 Mr Steven Linden

Tuesday – 17 July /5 Av Mr Colin Sinclair, Mrs Carol Gedda

Wednesday – 18 July /6 Av Mrs Betty Nathan, Mrs Estelle Brone, Mr Neville Peters,
 Mr Leslie Royston, Mrs Lila Jacobs

Mrs Brianna Welch, Mrs Georgina Baum

Thursday – 19 July /7 Av Mrs Jane Lipner

Friday – 20 July/8 Av Mr Stephen Barnett, Mrs Edna Roseman

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS

<p>Monday Club Social Club with Card Games 11:45am-3:30pm Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 6th August, 8pm at the home of Geoffrey Basco Call Janice on 07752 874065</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Cheder Classes Tuesdays chayafbar@gmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In Shul Hall Tuesday 17th July 2pm-4pm Email swhcfc@gmail.com</p>
<p>SJYC – Youth Club Sunday Club 15th July Call Sarah Miller 07818 412425</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Simchas On Our Website Contact Stanley Robinson Stan.stanrob@gmail.com</p>



14th July 2018 | 2 Av 5778

Rabbi Binyamin Bar
Rabbi

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SHABBAT MATOT-MASEI

FRIDAY NIGHT

Mincha/Kabbalat Shabbat 7:30pm
 Shabbat begins & Candle Lighting 8:00pm

SHABBAT DAY

Shacharit 9:30am
 Children's Service & Kiddush 11:00am
 Kiddush *after the main service*

Mincha 8:50pm
 Ma'ariv when Shabbat ends 10:21pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
 Mincha *followed by* Ma'ariv 8:00pm

MONDAY - THURSDAY

Shacharit 8:30am
 Mincha *followed by* Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
 Mincha *then* Kabbalat Shabbat 7:30pm
 Shabbat commences 8:00pm



**The Shul Office will be open
 this Sunday, 15th July 2018
 9am – 11am.**

We are delighted to welcome all Members, guests and visitors today. Everyone is invited to the Kiddush after the service, sponsored this week anonymously in honour of the AID Society, which we hope you will enjoy.



Torah Reading	Max Witriol	Soncino	Pg 955
2 nd Haftorah of the 3 Weeks-Matot-Masei	Simon Belson	Soncino	Pg 984
Anim Zemiroth	Saul Bebb	Sacks Siddur	Pg 458
<i>If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.</i>			

JOURNEYS OF PROGRESS *Thoughts on the Parsha*

“These are the journeys of the children of Israel who went out of the land of Egypt”. On this, follows the succession of wanderings by the children of Israel during their forty years’ in the wilderness. The names of their camping-places in full and, at first glance, perhaps excessive detail.

This point is raised by Rashi who sees this detailed listing of the places of wandering as a manifesto of Hashem’s kindness. In thirty-eight years the Jewish people made only twenty journeys. The purpose of this traveling was to rehabilitate the people, morally and spiritually, to prepare them to enter the Holy Land in purity and strength. And it is in grateful recognition of this spiritual recovery that each stage of the journey is so lovingly named.

Rashi quotes an analogy of a King who took his sick son on a journey to recover from his illness. After he had been cured, and as they were returning home, the father pointed out every stopping-place on their journey. For him, these places signified stages in his son’s journey to health, and were invested with an aura of gratitude and love.

And on a deeper level, the significance of mentioning each and every stopping place, reaches even further than this historical insight. Spiritual achievement and material achievement differ not only in their goals, but in their processes. In material affairs it is the end-product that is one’s concern.

In the spiritual spirit realms, however, completion, realisation is no ‘sine qua non’. Here, each motion, each effort is imbued with significance and value. Not only the final achievement, but also the process of achievement, is the object of the spiritual life. In the Ethics of the Fathers we say: ‘Lefum Tzara Agra’ — the reward and value are proportionate to the effort involved. And the Talmud says: “If someone tells you he has striven, but has not found, do not believe him”.

The long and weary progress of the Children of Israel through the wilderness is a model of this truth. And the separate mention of each of their journeys illustrates the essential importance of each individual stage of the journey towards holiness.

Shabbat Shalom,
Rabbi Binyamin Bar

THE SHOP AT THE SHUL *supplied by* **KOSHER DELI**
Kosher fresh, frozen, dry and baked goods available locally Butchers & Delicatessen
Open: Thursday | 10am-4:00pm **Friday** | 8:30am-11:00am **Sunday** | 9:30am-11:30am
01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271

WELCOME BACK We have pleasure in welcoming back to Westcliff, **Max Witriol** who will be leining for us this week.

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Freda & David Harris on their 40th Wedding Anniversary

FORTHCOMING EVENTS

This Shabbat 14th July | AID Society Shabbat and Kiddush. Please come and support the AID Society. Celebrating 65 years, this year. Enhancing the quality of life of the more vulnerable Jewish people living in the town

The Three Weeks 1st – 22nd July | Building the Beit Hamikdash, Brick by Brick Community 3 week programme to build a Beit Hamikdash wall with our good deeds. Email chayafbar@gmail.com or rabbibar@gmail.com.

Saturday 21st July/Sunday 22nd July | Tisha B’Av Programme
Fast begins Saturday, 9.01pm and ends Sunday, 10.01pm.

Tuesday 17th July, 8pm | Southend Learning Circles Led by Rabbi Aryeh Sufrin MBE and Mrs Sufrin of Chabad in association with SWHC. Ladies at the home of Diane Cohen, Gentlemen at the home of Paul Winston. More info, contact Mrs Sufrin 020 8551 8604.

Thursday 2nd August 8pm | Concert Series presents The Volstead Orchestra A wonderful “hot jazz” 6-piece combo with sounds of the 1920s and 1930s. Tickets £10/£8 concessions. Free refreshments. Contact 07951 185933 / concertseries@swhc.org.uk

Sunday 12th August 3pm – 5pm | “Let’s Get Together” Afternoon Cream Tea
Shul Hall or in the Grounds (dependent on the weather). Adults £10, Children £5. Non Members Adults £12.50, Children £7.50. Contact Shul Office for tickets.

Saturday 1st September Motzei Shabbat | Midnight Selichot Service Doors open at 10.30pm. Enjoy late night refreshments and drinks. Countdown to the awe inspiring days of the Yomim Noraim. Come and hear the beautiful melodies of the Selichot led by Rabbi Bar. Introduction 11.45pm. Service 12 midnight. Ladies & Gentlemen all welcome. **Free entry.**

Sunday 2nd September | Ladies Guild Hat Sale Shul Hall 10am-12.30pm Donation £3
New colours and styles for Autumn/Winter 2018/19

NOTICES

Community Voice Magazine New Year Greetings & Yom Kippur Ladies Hour Please send in your New Year Greetings in good time. Also, if there are any ladies who would like to speak at our Yom Kippur Ladies Hour, kindly contact Rochelle O’Brart on 01702 719297.

A Big “Thank You” to all those who supported the Coffee Morning raising money on 27th June for **Myeloma UK**. Over £550 was raised and if you would like to make a donation please contact Marilyn Salt.

The Shop At The Shul Let us have your feedback. Please email your comments to Alan Markovitch shuloffice@swhc.org.uk or leave them in an envelope in the Shul Office marked “The Shop.”