

**STONE SETTING** *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 29<sup>th</sup> July 2.30pm **Renée Levine**

**Yahrzeits** *The SWHC community wish the following members, Long Life.*

*(Yahrzeits begin the night before the date below)*

**Shabbat – 28 July/16 Av** Mrs Benita Speck, Mr Allen Goldenberg, Mrs Rita Samuel, Mr Stephen Redstone, Mr Martin Solomons  
**Sunday – 29 July/17 Av** Mrs Jeanette Cohen, Mrs Gillian Azulay, Mrs Susan Rakusen  
**Monday – 30 July/18 Av** Mrs Evelyn Elman, Mrs Irene Burns, Mr Stuart Jacobs, Mrs Judith O’brart, Mrs Sandra Winston  
**Tuesday – 31 July /19 Av** Mrs Annette Samuels, Mr John Klein  
**Wednesday – 1 August /20 Av** Mrs Sybil Schiller, Mrs Rita Samuel  
**Thursday – 2 August/21 Av** Mrs Sylvia Shaw, Mr Barry Foreman  
**Friday – 3 August/22 Av** Mrs Dawn Shestopal, Mrs Annette Samuels

**VISITING THE SICK** If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email [swhcfc@gmail.com](mailto:swhcfc@gmail.com) or call Janice on 07752874065 or the Shul Office on 01702 344900.

**REGULAR EVENTS**

<p><b>Monday Club</b> Social Club with Card Games 11:45am-3:30pm Shul Hall Call Maurice 01702 351845</p>	<p><b>Bereavement Support Group</b> Monday 6th August, 8pm at the home of Geoffrey Basco Call Janice on 07752 874065</p>	<p><b>Ladies Guild Kiddushim</b> Contact Lisa Berg on 07760141162 or <a href="http://swhc.org.uk/ladies-guild/#kiddush">swhc.org.uk/ladies-guild/#kiddush</a></p>
<p><b>Cheder</b> Watch for New Term info <a href="mailto:chayafbar@gmail.com">chayafbar@gmail.com</a></p>	<p><b>J.A.C.S. Wednesdays</b> Call Allan Goldstein 01268 771978 for more info</p>	<p><b>Pop-In   Shul Hall</b> Tuesday 21<sup>st</sup> August 2pm-4pm Email <a href="mailto:swhcfc@gmail.com">swhcfc@gmail.com</a></p>
<p><b>SJYC – Youth Club</b> Sunday Club 19<sup>th</sup> August Call Sarah Miller 07818 412425</p>	<p><b>Stock Rd Cemetery, SS2 5QF</b> Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p><b>Shul Library</b> <a href="http://swhc.org.uk/facilities/library">swhc.org.uk/facilities/library</a> <a href="mailto:sonnykosky@blueyonder.co.uk">sonnykosky@blueyonder.co.uk</a> 01702 589105</p>
<p><b>Tree of Life - Shul Hall</b> Mark your Simcha with a leaf on the tree for £110</p>	<p><b>Newsletter Sponsorship</b> Contact the Shul Office £25 donation</p>	<p><b>Simchas On Our Website</b> Contact Stanley Robinson <a href="mailto:Stan.stanrob@gmail.com">Stan.stanrob@gmail.com</a></p>



בס"ד



Newsletter No 1046

28<sup>th</sup> July 2018 | 16 Av 5778

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*Rabbi*

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This week’s Newsletter is kindly Sponsored by **Joanne and Stephen Marcon** in celebration of the Auf Ruf of their son, **Joshua**, ahead of his wedding to Madeleine Burns, daughter of Nicola & Gary Burns and grand-mother, Lois Peltz. Mazeltov!



*We are delighted to welcome all Members, guests and visitors today. Everyone is invited to the Kiddush after the service, which we hope you will enjoy.*

**SHABBAT VA’ETCHANAN**

**FRIDAY NIGHT**

Mincha/Kabbalat Shabbat 7:30pm  
 Shabbat begins & Candle Lighting 8:00pm

**SHABBAT DAY**

Shacharit 9:30am  
 Children’s Service & Kiddush 11:00am  
 Kiddush *after the main service*  
 Mincha *followed by*  
 Seudah Shlishit 8:30pm  
 Ma’ariv when Shabbat ends 9.57pm

**WEEKDAY SERVICE TIMES**

**SUNDAY**

Shacharit 8.30am  
 Mincha *followed by* Ma’ariv 8.00pm

**MONDAY - THURSDAY**

Shacharit 8:30am  
 Mincha *followed by* Ma’ariv 8:00pm

**NEXT FRIDAY**

Shacharit 8:30am  
 Mincha *then* Kabbalat Shabbat 7:30pm  
 Shabbat commences 8:00pm



<b>Torah Reading</b>	<b>Rabbi Bar</b>	Soncino	Pg 1008
<b>Haftorah Va'etchanan Nachamu</b>	<b>Stephen Marcon</b>	Soncino	Pg 1028
<b>Anim Zemirot</b>		Sacks Siddur	Pg 458
<i>If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.</i>			

## Shema Yisrael

"Listen O Israel, Hashem is our G-d, Hashem is one" (Deuteronomy 6:4). The words of the Shema constitute the most basic statement of Judaism: that Hashem is our G-d, a real presence in our lives; and that Hashem is one, the singular, absolute truth of our existence. According to the Talmud the Shema was first recited by the children of Yaakov at the time of his passing away. We use the words of the Shema for many things.

Mind: We study them and reflect on them. As the verse says, "Listen O Israel", the Hebrew word for "listen" – *Shema* - also means "comprehend."

Heart: Study and reflection give birth to emotion. Hence, "Listen O Israel" brings us to "You shall love Hashem with all your heart, all your soul and all your might" (6:5).

Speech: When "these words are upon your heart," the next step is verbalization and communication. "You shall teach them diligently to your children; and you shall speak of them when you sit in your house, when you walk by the way, when you lie down and when you rise up" (6:7). The last words in this verse are the source of the mitzvah to recite the Shema every evening ("when you lie down") and every morning ("when you rise up").

Body: "You shall bind them for a sign upon your arm, and they shall be as tefillin between your eyes" (6:8). Like a marriage ring on a finger, the tefillin are a physically tangible bond on our bodies, embodying our bond with Hashem and our commitment to make Hashem's oneness real in our world.

Environment: "You shall inscribe them on the doorposts of your home, and on your gates" (6:9). The mezuzah is a parchment scroll containing the verses of the Shema and fixed to the doorpost of the Jewish home. It defines both the sanctity of the environment within and its influence on the environment without.

Lastly, Shema Yisrael focuses our hearts and minds on the good and noble that lies within each one to achieve and accomplish. And perhaps just as importantly it serves to unite us with all of the past generations of Jews, all of the way back to our father Yaakov and his children, to the origins of Shema Yisrael itself. There can be no greater comforting thought for us on this Shabbat Nachamu - of consolation - than this reality of the bond of Jewish life over all of these centuries.

Shabbat Shalom

*Rabbi Binyamin Bar*

**THE SHOP AT THE SHUL** *supplied by* **KOSHER DELI**  
*Kosher fresh, frozen, dry and baked goods available locally* Butchers & Delicatessen  
**Open: Thursday** | 10am-4:00pm **Friday** | 8:30am-11:00am **Sunday** | 9.30am-11.30am  
01702 430307 (during opening hours) / [alanmarkovitch@yahoo.co.uk](mailto:alanmarkovitch@yahoo.co.uk) / 07956 597271

## MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

**Millie & Michael Nelkin on the Chupah** of their daughter, **Sharon Nelkin to Ralph Last. Sharon & Stewart Bronitt** on their 30<sup>th</sup> Wedding Anniversary.  
**Cyril Black** on his 85<sup>th</sup> Birthday.

## FORTHCOMING EVENTS

**This Shabbat 28<sup>th</sup> July** | The Kiddush is generously sponsored by **Joanne and Stephen Marcon** in celebration of **Joshua's** Auf Ruf, ahead of his wedding to his Kallah to be, **Madeleine Burns** taking place on Sunday, 5<sup>th</sup> August. Mazel tov!

**This Shabbat 28<sup>th</sup> July** | Seudah Shlishit sponsored by **Larry Lisner** commemorating what would have been his late mother, Yetta's 95<sup>th</sup> Birthday on 20<sup>th</sup> July – 8<sup>th</sup> Av.

**Thursday 2<sup>nd</sup> August 8pm** | **Concert Series presents The Volstead Orchestra** A wonderful "hot jazz" 6-piece combo with sounds of the 1920s and 1930s. Tickets £10/£8 concessions. Free refreshments. Contact 07951 185933 / [concertseries@swhc.org.uk](mailto:concertseries@swhc.org.uk)  
**Next Shabbat 4<sup>th</sup> August** We are delighted to welcome Rabbi Menehem Lester who will lead the services, davening and leining. He made Aliyah to Israel in 2004 and has worked as Minister/Rabbi at several London Shuls over the years.

**Sunday 12<sup>th</sup> August 3pm – 5pm** | **"Let's Get Together" Afternoon Cream Tea** Shul Hall or in the grounds (dependent on the weather). Adults £10, Children £5. Non Members Adults £12.50, Children £7.50. Gluten/sugar free catered for. Tickets from Shul Office.

**Sunday 12<sup>th</sup> August 7.30pm** | **AID Society Bridge.** Thorpe Bay Bridge Club. Call Geoff Cohen 339601 or Jan Linden 343289.

**Saturday 1<sup>st</sup> September Motzei Shabbat | Midnight Selichot Service** Doors open at 10.30pm. Enjoy late night refreshments and drinks. Countdown to the awe inspiring days of the Yomim Noraim. Come and hear the beautiful melodies of the Selichot led by Rabbi Bar. Introduction 11.45pm. Service 12 midnight. Ladies & Gentlemen all welcome.  
**Free entry.**

**Sunday 2<sup>nd</sup> September** | **Ladies Guild Hat Sale** Shul Hall, 10am-12:30pm. Donation £3. New colours and styles for Autumn/Winter 2018/19

## NOTICES

**Community Voice Magazine New Year Greetings & Yom Kippur Ladies Hour** Please send in your New Year Greetings in good time. Also, if there are any ladies who would like to speak at our Yom Kippur Ladies Hour, kindly contact Rochelle O'Brart on 01702 719297.

**Jeffrey Phillips** wishes to thank all his Family and Friends for their cards and generous gifts on the occasion of his 90<sup>th</sup> Birthday.