



1st September 2018 | 21st Ellul 5778

NOTICE TO THE GENTLEMEN If it is your intention to attend the Service on a weekday for the anniversary of a Yahrzeit, please don't come on your own – bring help!

STONE SETTINGS *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 2nd September 9:30am **Nita Conway** (*Waltham Abbey*)
Late mother of Susan Aarons

Sunday 2nd September 2:30pm **June Brick** (*Minyan Required*)

YAHREZITS *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 1 September/21 Ellul Mr Jeffrey Gilbert, Mr Martin Neidus, Mrs Mildred Nelkin

Sunday – 2 September/22 Ellul Mr Gerry Gordon, Mr Mark Gordon,

Monday – 3 September/23 Ellul Mrs Shirley Shalet, Mr Morris King, Mrs Angela Cohen

Tuesday – 4 September/24 Ellul Mrs Brenda Feldman, Mrs Minn Rose,

Wednesday – 5 September/25 Ellul Mrs Minn Rose, Mr Jack Saunders

Thursday – 6 September/26 Ellul Mr Larry Lisner, Ms Maralyn Lisner, Mrs Elizabeth Rayner, Mrs Sandra Lieberman, Mr Jeffrey Simmons, Mrs Moira Myers, Mr Norman Rosenfeld

Friday – 7 September/27 Ellul Mr Derek Hyams

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS

<p>Monday Club Social Club with Card Games 11:45am-3:30pm Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 3rd September, 8pm at the home of Barbara Black Call Janice on 07752 874065</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Cheder Term begins 16th September. chayafbar@gmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In Shul Hall Tuesday 16th Oct, 2pm-4pm Email swhcfc@gmail.com</p>
<p>SJYC Save the Date! 27th Sep, 5pm Pizza in the Hut 1st Oct, 5:30pm Simchat Torah Party</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Simchas On Our Website Contact Stanley Robinson Stan.stanrob@gmail.com</p>

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*This week's newsletter is kindly sponsored by **Stephanie & Danny Greenbaum** in celebration of their Golden Wedding Anniversary. Mazel Tov!*



CST SECURITY CHECK
Please leave your lockers & seats unlocked to enable CST to make their inspections this coming week.

SHABBAT KI TAVO

FRIDAY NIGHT
Mincha/Kabbalat Shabbat 7:20pm
Shabbat *begins* & Candle Lighting 7:27pm

SHABBAT DAY
Shacharit 9:30am
Children's Service & Kiddush 11:00am
Kiddush *after the main service*

Ma'ariv *when Shabbat ends* 8.37pm

WEEKDAY SERVICE TIMES

SUNDAY
Shacharit 8:30am
Ma'ariv 8:00pm

MONDAY - THURSDAY
Shacharit 8:30am
Ma'ariv 8:00pm

NEXT FRIDAY
Shacharit 8:30am
Mincha *then* Kabbalat Shabbat 7.10pm
Shabbat *commences* 7:11pm



(See inside newsletter for more details.)

Torah Reading/Leining	Yosef & Tzvi Chaim Frailich	Soncino	Pg 1117
<i>We have great pleasure in welcoming both Yosef and Tzvi Chaim and are delighted that both will be leining for us.</i>			
Haftorah Ki Tavo	Jeremy Symons	Soncino	Pg 1134
Anim Zemirov	Saul Bebb	Sacks Siddur	Pg 458
<i>If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.</i>			

APPRECIATING HASHEM'S BLESSING *Thoughts on this week's parasha*

"And you will rejoice with all the good which Hashem your G-d gave to you and to your household, you and the Levi and the convert who are among you" (Devarim 26:11).

Later in the parasha, when the Torah lists the curses, it says: "Because you did not serve Hashem your G-d with joy and with a glad heart, when you had everything in abundance" (28:47). We learn from these verses that serving Hashem without joy is in itself a serious transgression which could lead to all the curses enumerated in this parasha. (Maimonides, Hilchot Lulav 8:15).

As we see, Hashem explicitly commands us to serve Him with joy. Let us try to understand the meaning of this commandment. The words; "And you will rejoice with all the good which Hashem your G-d gave you" relate to the Torah's commandment to bring the First Fruits (Bikkurim) to Jerusalem. The first ripe fruits of seven specific varieties were brought to the Temple in Jerusalem and given to the Kohanim.

By bringing the First Fruits from our fields to the Kohanim serving in the Temple, and by separating tithes, we publicly proclaim our awareness that it was not "my might and the strength of my hand [which] made me all this wealth." We recognize that Hashem alone is "the One Who gives you the strength to prosper" (Devarim 8:17-18), and that it is "Hashem's blessing which enriches" (Mishle 10:22). When we demonstrate our gratitude for Hashem's kindness by giving First Fruits and the tithes, our joy will be complete, and we will merit wholehearted enjoyment of Hashem's blessings and bounty.

Our Talmudic Sages describe this phenomenon as "melach mammon chasser" – money is salted by decreasing it (Ketubot 66b). Rashi explains that one who wishes to "salt" his money in order to preserve it should constantly trim it down through charity. Charity acts on wealth as salt acts on meat. There is "wealth which is preserved for its owner to his detriment" (Kohelet 5:12).

Charity is the safest, most effective preservative of all, ensuring that our money will stay with us, not to our detriment, but to our benefit.

Shabbat Shalom,
Rabbi Binyamin Bar


THE SHOP AT THE SHUL *supplied by* **KOSHER DELI**
Kosher fresh, frozen, dry and baked goods available local, Butchers & Delicatessen
Open: Thursday | 10am-4:00pm **Friday** | 8:30am-11:00am **Sunday** | 9.30am-11.30am
 01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Michael Allen on his 80th Birthday.

Sheila & Martin Solomons on their Emerald Wedding Anniversary.

Phillipa & Aaron David on their Ruby Wedding Anniversary.

Marilyn & Chesney Lewis on the Barmitzvah of their grandson, Samuel in Stanmore.

FORTHCOMING EVENTS

THIS SHABBAT 1st September | The Kiddush is generously sponsored by **Stephanie & Danny Greenbaum** in celebration of their Golden Wedding Anniversary.

MOTZIE SHABBAT 1st September | Midnight Selichot Service Doors open at 10.30pm. Enjoy late night refreshments & drinks. Hear the beautiful melodies of the Selichot led by Rabbi Bar. Introduction 11:45pm. Ladies and Gentlemen welcome. **Free entry.**

Sunday 2nd September | Ladies Guild Hat Sale Shul Hall, 10am-12:30pm. Donation £3. New colours and styles for Autumn/Winter 2018/19.

Sunday 2nd September, 8pm | Good Simanim Rebbetzin Bar invites all women and girls to "Let's start the New Year with Good Simanim!" Explore the different (symbolic) foods eaten on Rosh Hashanah. Learn about their origins and interesting customs through a power point presentation. Create your own decorative plate. £3, book your place via the Shul Office.

Thursday 6th September, 8pm | Machzor Sat-Nav at the home of Rabbi & Rebbetzin Bar. Learn the Machzor before the Yomim Noraim. Do you wish you could follow the services better during Rosh Hashanah & Yom Kippur? Men & women are invited for an in-depth study of the Machzor. Familiarize yourself with the main tefillot (prayers) and understand the davening. Light refreshments. Reserve your place with the Shul Office.

Sunday 9th September, 11am – 1pm | Cheder Registration & Orientation followed by a Beigel Brunch in the Talmud Torah! Register your child/grandchild for the new term at SWHC Cheder. Contact the Shul Office to put your name on the list. Free for pupils and parents/grandparents.

Rosh Hashanah & Yom Kippur We are delighted to welcome back **Chaim Weissman** who will be leading the davening with Rabbi Bar, over the High Holy Days.

Sunday 16th September, 7.30pm | AID Society Bridge Thorpe Bay Bridge Club. Call Geoff Cohen 339601 or Jan Linden 343289.

Wednesday 19th September, 4pm | Yom Kippur Ladies Hour There will be our annual Ladies Hour discussion group. Should anyone wish to take a turn and join Rebbetzen Bar at giving a short talk then please contact Rochelle O'Brart on 01702 719297.

Thursday 27th September, 5pm | Pizza in the Hut SJYC Sukkah Party! Book your child's free place with the Shul Office. Pizza, chips and games!!

Thursday 27th September, 7pm | Simchat Beit Hashoeva The Shul will be holding its annual Sukkah Party after Ma'ariv. Everyone is welcome to celebrate with us in our large Sukkah for an evening of celebration with refreshments and guest speaker. Free Entry.

Monday 1st October, 5:30pm | Children's Simchat Torah Party We have pleasure in inviting all our children to see Papalarny followed by 'Jelly & Ice Cream' Party. Afterwards join in the main Shul for singing and dancing with the Torah. Flags and Goody bags for all!

Tuesday 2nd October | Simchat Torah Morning Celebrations Service from 9.30am dancing with the Torah and running Kiddush. Afterwards "Sit Down" Communal Brunch that everyone is invited to!