

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

The family of the late **Freda Mickleson**.

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 14 th October	2:00pm	Lily Bloch
	2:45pm	Sadie Freedman (Minyan Required)
Sunday 21 st October	2:00pm	Myra Solomons
	2:30pm	Sally Linden

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 13 October /4 Cheshvan No Yahrzeits

Sunday – 14 October /5 Cheshvan Mrs Shirley Shalet, Mrs Jane Lipner, Mrs Fay Muller

Monday – 15 October /6 Cheshvan Mrs Margaret Althasen, Mr Spencer Dobkins, Mr Lee Gavin Dobkins, Mrs Karen Plaskow,

Tuesday – 16 October /7 Cheshvan Mr Anthony Jones, Mrs Sheila Sekenofsky, Mrs Sally Markovitch

Wednesday – 17 October /8 Cheshvan Mrs Edna Stuart, Mrs Helene Platman, Mr Melvyn Rosehill, Mr Stanley Rubins, Mr Ralph Schiller, Mr Ronald Shinegold, Mr David Wine

Thursday – 18 October /9 Cheshvan Mrs Wendy Vandecar, Mr Michael Nelkin

Friday – 19 October /10 Cheshvan Mrs Gillian de Metz, Mr Ronald Roback, Mr Stanley Serkin, Mrs Ann Wine

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 19th Nov at the home of Kathy & Norman Hayeem Call Janice on 07752 874065</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Cheder chayafbar@gmail.com Sunday 14th October</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In Shul Hall Tuesday 16th Oct, 2pm-4pm Email swhcfc@gmail.com</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>AID Society Bridge Sunday, 14th October Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>SJYC Sunday 14th October 12:30-3pm, 0 – 18 yrs See inside for details</p>



13 October 2018 | 4 Cheshvan 5779

Rabbi Binyamin Bar
Rabbi

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Geoffrey Pepper
Gabbaim

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*This week we wish a hearty Mazel Tov to the **Silverstone & Rabinovitch families** on the occasion of **Derek and Michael's 70th Birthdays**. Mazel Tov!*



We extend a warm welcome to those attending our services this week and hope you will join us again soon. Please do not eat or drink until the Rabbi has made Kiddush.

SHABBAT NOACH

FRIDAY NIGHT

Mincha/Maariv 5:50pm
Shabbat begins & candle lighting 5:51pm

SHABBAT DAY

Shacharit 9:30am
Children's Service & Kiddush 11:00am
Kiddush after the main service

Mincha followed by Seudah Shlishit 5:45pm
Ma'ariv when Shabbat ends 6:59pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
Ma'ariv 8:00pm

MONDAY -THURSDAY

Shacharit 8:30am
Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
Mincha then Kabbalat Shabbat 5:30pm
Shabbat Lech Lecha commences and candle lighting 5:36pm

Torah Reading	Rabbi Bar	Soncino Page 34
Torah Reading Shvi'i	Alexander Small	Soncino Page 51
Haftorah Noach	Michael Rabinovitch	Soncino Page 56
Anim Zemirov	Adam Silverstone	Sacks Siddur Page 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THANK YOU

I would like to thank my wonderful family, friends and co-workers on Ladies Guild for all the help, good wishes and amazing food parcels following my recent accident. Hope it won't be long before I am back 'in action.' What a fantastic and caring community we have.

Shirley Shalet

NOAH'S ARK – ARK OF FAITH AND DECENCY

This week's Parasha is Noah, and is named after the famed builder of the ark. It is during this portion that we learn of the great flood that destroyed everything. The Torah explains why this dramatic act was needed. Immorality in all of its forms was rampant. Hatred amongst the peoples of the earth was complete.

But even after it had been decided to destroy the existing life, people were given ample opportunity to change. People would ask Noah, "Why are you building this large craft?" and he would reply, "Because Hashem has wearied of human immorality and has decreed that the world will be destroyed should people choose not to repent." Even when the rains of the flood started the people could have changed and transformed the destructive rains into rains of blessing, but they remained hard-hearted.

Noah, who maintained his dignity and righteousness despite living in the most depraved of society, and his family, miraculously survived the flood and lived to rebuild humanity. Upon their emergence from the ark seven special laws were commanded to Noah, and through him to all humanity. The laws are aptly called the Seven Noahide Laws. These laws include: 1. Belief in one G-d / Not serving idols. 2. Not blaspheming G-d. 3. Not murdering. 4. Not stealing. 5. Not committing immoral sexual acts. 6. Not being cruel to animals. 7. Establishing courts of justice.

Our Rabbis teach us that the floodwaters represent the numerous bad influences and evil found around us. These waters may appear tempting and good at first glance, but when one takes a step back and analyzes what he is seeing, the destructiveness becomes apparent.

For the Jew the ark represents the spiritual protection given by our Torah that is to be found in our synagogues and our homes. For all of Humanity, the ark represents strict adherence to the Seven Noahide Laws. Those laws are the Torah's clear instructions as to what should be the goals and aspirations of all humanity.

Shabbat Shalom,

Rabbi Binyamin Bar

THE SHOP AT THE SHUL *supplied by* **KOSHER DELI**

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MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Georgina & Colin Baum on their Coral Wedding Anniversary

FORTHCOMING EVENTS

This Shabbat 13th October | The Kiddush is generously sponsored by the **Silverstone** and **Rabinovitch** families in celebration of **Derek** and **Michael's** 70th Birthdays. Mazel Tov!

Sunday 14th October, 10:45am | **MDA Brunch, The Green Prince.** A gripping account of terror, betrayal, political intrigue and unthinkable choices. Simon Belson 0774778383 / simonbelson@aol.com or Linda Burns 07968103269 / itburns@hotmail.co.uk. ONLY A FEW TICKETS REMAINING.

Sunday 14th October 12:30-3pm | **Youth Club Bagel Brunch/Lunch** after Cheder at 12:30pm. Children & Parents welcome. No charge for Cheder Children. £2.50 for non Cheder children - followed by fun and games. Under 5s must have parent present.

Next Shabbat 20th October We welcome back **Yosef & Tzvi Chaim Fraylich** who will be leyning for us whilst Rabbi Bar is away this Shabbat.

Tuesday 23rd October 12:30pm | **Ladies Literary Lunch with Fiona Cummins**, former Show Business Editor of the Daily Mirror turned Crime Fiction author. Tickets from Sara Vandermolen van38@blueyonder.co.uk / 07813824684. £25 (non Ladies Guild members £30), Men & Women welcome. **Payment now please to "Ladies Guild" to Shul Office in marked envelope.**

Thursday 25th October, 7:30pm | **Ladies Challah Bake** Learn a delicious recipe and new braiding techniques. Lilly Solomons, Young Lady of the Year will lead the ladies in saying the Bracha. Venue: Shul Hall £3. Please RSVP with Shul Office by Monday 22nd October.

Sunday 4th November 2:30-5pm | **Kosher London Beth Din Food Fayre** Shul Hall £3 donation. For more information contact Marilyn Salt 07771 534155 or Aron Engel 07525 930428.

Thursday 8th November 8pm | **The Magnificos** The Concert Series at SWHC presents an 8 piece salsa band with music and dance from Latin America. £8 SWHC Members, £10 Non-Members. Tickets from Yael concertseries@swhc.org.uk / 07951 185933.

Saturday 10th November | **AJEX Shabbat** Please come and support those who gave their lives in the World Wars and all subsequent Wars in defence of the UK & Israel. Everyone is encouraged to come and support AJEX.

Sunday 11th November Mayor's Annual Civic Cenotaph Service & Parade. Assemble at Prittlewell Square at 10:15am. Immediately after the Civic Service, AJEX will proceed to Stock Road Cemetery for the Service of Remembrance at our Jewish War Memorial.

Sunday 18th November AJEX National Parade and Reunion Rally Service at Whitehall Cenotaph conducted by Chief Rabbi, Ephraim Mirvis. Fall-in at Horse Guards Parade Ground, London 1:45pm. Transport to Whitehall is available, call Derek Silverstone on 01702 616153, limited spaces.

Saturday 1st December | **AID Society General Knowledge Quiz** Cobham Road Day Centre. 6.30pm for 7pm start. Tickets £10pp to include lots of nibbles, tea/coffee, cake and biscuits. Contact Marcia 07887 847482 / mandmgoldberg@gmail.com. (Not under SWHC Kashrut Authority)

Saturday 8th December (7th Night of Chanukah) Magic Evening with Rabbi Geoffrey Shisler in the Shul Hall. Plan your table for this fabulous event now! Please contact Marilyn Salt 07771 534155 for more details.