

STONE SETTING *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 21 st October	2:00pm	Myra Solomons
	2:30pm	Sally Linden
Sunday 28 th October	2:30pm	Gertie Denenberg
	3:15pm	Leon Brone

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 20 October /11 Cheshvan Mrs Frances Witzendorf, Mr Stanley Robinson

Sunday – 21 October /12 Cheshvan Mrs Gillian Lang, Mr Neville Hyams, Mr Martin Hyams, Mrs Felicia Lawrence, Mr Mark Miller, Mr Malcolm Rubin, Mrs Alyce Alexander

Monday – 22 October /13 Cheshvan Mr Anthony Gower, Mr Murray Miller, Mrs Dawn Shestopal, Mr Gyula Vari, Mr Ronald Shinegold

Tuesday – 23 October /14 Cheshvan Mr John Ellis, Mrs Ann Elman, Mr Richard Ellis, Mr Stephen Redstone, Mrs Frances Goldstein

Wednesday – 24 October /15 Cheshvan Mrs Freida Goldstone, Mr Ronald Roback, Mr Gordon Rosenberg, Mrs Rita Phillips

Thursday – 25 October /16 Cheshvan No Yahrzeits

Friday – 26 October /17 Cheshvan Mr Chesney Lewis

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 19th November at the home of Ivan Kanutin Call Janice on 07752 874065</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Cheder chayafbar@gmail.com Sunday 21st October</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In Shul Hall Tuesday 6th November 2pm-4pm Email swhcfc@gmail.com</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>AID Society Bridge Sunday, 5th Nov Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>SJYC Sunday 18th November 2pm Details to follow</p>



Newsletter No.1058

20 October 2018 | 11 Cheshvan 5779

Rabbi Binyamin Bar

Rabbi

Stanley Robinson

Geoffrey Pepper

Gabbaim

Finchley Road
Westcliff-on-Sea
Essex SS0 8AD

Telephone 01702 344900

Fax 01702 391131

Email shuloffice@swhc.org.uk

Website www.swhc.org.uk

Facebook facebook.com/swhc.org.uk

SHABBAT LECH LECHA

FRIDAY NIGHT

Mincha/Maariv 5:30pm

Shabbat begins & candle lighting 5:36pm

SHABBAT DAY

Shacharit 9:30am

Children's Service & Kiddush 11:00am
Kiddush after the main service

Due to Simcha out of town, no Mincha or Maariv at the Shul.

Shabbat Ends 6:45pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am

Ma'ariv 8:00pm

MONDAY -THURSDAY

Shacharit 8:30am

Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am

Mincha *then* Kabbalat Shabbat 5:20pm

Shabbat Vayeira *commences*
and candle lighting 5:22pm

The leaflet this week is sponsored by Rochelle & Colin Samuel who are back in town for a couple of weeks and are looking forward to catching up with old friends.



We extend a warm welcome to those attending our services this week and hope you will join us again soon. Please do not eat or drink until the Rabbi has made Kiddush.

Torah Reading	Tzvi Chaim Freylich	Soncino Page 60
Haftorah Lech Lecha	Stephen Marcon	Soncino Page 82
Anim Zemirov	Saul Bebb	Sacks Siddur Page 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

YOM KIPPUR APPEAL FOR MAGEN DOVID ADOM.

Thank you for returning your pledge card. Your donation will help safeguard Israel's Blood Supply and new Blood Centre in the face of rapid population growth. Please bring or send your payment to the Shul office or call the office with your card details. All Donations payable to SWHC; ALL PAYMENTS WILL BE FORWARDED TO MDA. If you did not hear the appeal on Yom Kippur or were not in Shul and you wish to donate, please contact the Shul Office.

THE NEVER ENDING JOURNEY *Thoughts on this week's Parsha*

This week's Parasha starts with Hashem's command to Abraham: "Go forth from your land, from your birthplace, and from the house of your father, to the land that I will show you." The Torah tells us later that at this point in time Abraham was 75 and Sarah 65 years old, already a mature couple. However, little is said about their earlier life stories.

Abraham and Sarah's backgrounds were indeed very colourful and accomplishing. Abraham was raised in a pagan home and society, yet at the tender age of three he came to his own conclusion that there is a One Almighty G-d, who cannot be seen with the eye nor understood with the mind, who created heaven and earth. The Talmud tells us that the local dictator, King Nimrod, gave the young boy an ultimatum: renounce monotheism, or be thrown into a fiery furnace. Courageous Abraham chose the latter, but miraculously was unharmed by the fire. Afterwards, Abraham and Sarah actively publicized their newfound beliefs, and garnered a large following of believers in monotheism. Yet the Torah chooses not to tell us of Abraham and Sarah's great accomplishments, and instead begins recording their life story with Hashem's command to embark on a journey.

Although Abraham and Sarah had a spiritually comfortable and fulfilling life before their journey to Israel, Hashem demanded of them to drop everything and travel on an open-ended trip, intentionally neglecting to inform them of their destination. The mature couple's willingness to comply with this difficult request was extremely precious in Hashem's eyes.

Our sages tell us that "the story of the fathers is a sign for the children." The first story the Torah relates about the first Jews is a powerful lesson for their descendants, teaching us how to approach our Jewish mission in life. And the lesson is that whilst we must celebrate and be proud of great past accomplishments, a Jewish person not be comfortable with his or her spiritual standing. The journey must always continue.

From last month celebration of inspiring Yomim Tovim we must build on to more and more wonderful events such as these!

Shabbat Shalom,

Rabbi Binyamin Bar

THE SHOP AT THE SHUL *supplied by* **KOSHER DELI**
Kosher fresh, frozen, dry and baked goods available locally, Butchers & Delicatessen
Open: Sunday|9:30am - 11:30am Thursday|10am-4pm Friday|8:30am-11am
01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Katie, David & Remi Jacques on the occasion of their daughter and sister, **Mimi's Batmitzvah**. Also, to grandparents, **Janette & Maurice Jacques and Mirella & Philip Walters**.

FORTHCOMING EVENTS

This Shabbat 20th October | We welcome the return of **Tzvi Chaim Fraylich** who will be leining for us as Rabbi Bar is away.

Tuesday 23rd October 12:30pm | **Ladies Literary Lunch with Fiona Cummins**, former Show Business Editor of the Daily Mirror turned Crime Fiction author. Tickets from Sara Vandermolen van38@blueyonder.co.uk / 07813824684. £25 (non Ladies Guild members £30), Men & Women welcome. **IF YOU HAVE PUT YOUR NAME DOWN TO ATTEND PLEASE PAY IMMEDIATELY INTO THE SHUL OFFICE IN AN ENVELOPE MARKED "LADIES GUILD LUNCH" – Thank you. Any Special Dietary Requirements, please advise.**

Thursday 25th October, 7:30pm | **Ladies Challah Bake** Learn a delicious recipe and new braiding techniques. Lilly Solomons, Young Lady of the Year will lead the ladies in saying the Bracha. Venue: Shul Hall £3. Please RSVP with Shul Office by Monday 22nd October.

Next Shabbat 27th October | The Kiddush is kindly sponsored by **Sally & Alan Markovitch** as it is their farewell Shabbat from running "The Shop" and they would like to thank the Community for their support over the last 5 years. (Alan has committed to join the weekday minyanaires instead!!)

Sunday 4th November 2:30-5pm | **Kosher London Beth Din Food Fayre** Shul Hall £3 donation. For more information contact Marilyn Salt 07771 534155 or Aron Engel 07525 930428.

Thursday 8th November 8pm | **The Magnificos** The Concert Series at SWHC presents an 8 piece salsa band with music and dance from Latin America. £8 SWHC Members, £10 Non-Members. Tickets from Yael concertseries@swhc.org.uk / 07951 185933.

Saturday 10th November | **AJEX Shabbat** Please come and support those who gave their lives in the World Wars and all subsequent Wars in defence of the UK & Israel.

Sunday 11th November Mayor's Annual Civic Cenotaph Service & Parade. Assemble at Prittlewell Square at 10:15am. Immediately after the Civic Service, AJEX will proceed to Stock Road Cemetery for the Service of Remembrance at our Jewish War Memorial.

Shabbat 17th November Annual CST/Security Stewards Shabbat – Security Awareness Shabbat.

Sunday 18th November AJEX National Parade and Reunion Rally Service at Whitehall Cenotaph conducted by Chief Rabbi, Ephraim Mirvis. Fall-in at Horse Guards Parade Ground, London 1:45pm. Transport to Whitehall is available, call Derek Silverstone on 01702 616153, limited spaces. There will be an additional 16 seater coach available for those wishing to attend and please contact Stephen Salt 07947 709127.

This November marks the 100th anniversary of the ending of the Great War (1st World War); and the 80th Anniversary of Kristallnacht - Night of the Broken Glass – 9th November, 1938.

Saturday 1st December | **AID Society General Knowledge Quiz** Cobham Road Day Centre. 6.30pm for 7pm start. Tickets £10pp to include lots of nibbles, tea/coffee, cake and biscuits. Contact Marcia 07887 847482 / mandmgoldberg@gmail.com. (Not under SWHC Kashrut Authority).

Saturday 8th December (7th Night of Chanukah) 7pm | **Magic Evening** with Rabbi Geoffrey Shisler in the Shul Hall. Plan your table for this fabulous event now! Please contact Marilyn Salt 07771 534155 for more details.