

(Yahrzeits begin the night before the date below)

Shabbat – 1 December /23 Kislev Mrs Cheryl Goldenberg, Mrs Vivienne Lee, Mrs Shirley Gibeon.

Sunday – 2 December /24 Kislev Mr Stephen Barnett, Mr Cyril Berman, Mr Maurice Berman, Mr Victor Berman, Mr Michael Goldstein, Mr Cedric Jacobs, Mr Keith Jacobs, Mr Stuart Jacobs.

Monday – 3 December /25 Kislev Mrs Sybil Graham, Mrs Suzanne Taylor, Mrs Joan Green, Mrs Brenda Hendrick

Tuesday – 4 December /26 Kislev Mr Cyril Berman, Mr Maurice Berman, Mr Victor Berman, Mr Brian Moss, Mrs Josephine Muslin.

Wednesday – 5 December /27 Kislev Mrs Brenda Franks, Mrs Edna Stuart, Mrs Zena Rose.

Thursday – 6 December /28 Kislev Mrs Susan Aarons, Mr Michael Konyn, Mrs Roberta Rose, Mrs Zena Rose, Mr Stephen Rosenthal.

Friday – 7 December /29 Kislev Mrs Francine Green, Mr Jeffrey Barcan, Mr Larry Lisner, Ms Maralyn Lisner, Mr Alan Shalet, Mrs Sylvia Vandermolen, Mr Michael Vandermolen, Mrs Frances Witzendorf, Mr Alan Witzendorf

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 17th Dec End of year social at the home of Janice Steel Call Janice on 07752 874065</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Cheder NO CHEDER THIS SUNDAY Resumes next week chayafbar@gmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In/Ladies Guild Joint Chanukah Party 12.15-3pm Tuesday 4th Dec BY INVITATION ONLY</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>AID Society Bridge Sunday, 2nd Dec Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>SJYC Motzei Shabbat 8th December 6:45pm The Chanukah Buzz Party with Marko Sparko & festive food!</p>



1 December 2018 | 23 Kislev 5779

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SHABBAT VAYESHEV

FRIDAY NIGHT

Mincha *then* Kabbalat Shabbat 3:30pm

Shabbat begins/candle lighting 3:33pm

SHABBAT DAY

Shacharit 9:30am

Children's Service & Kiddush 11:00am

Kiddush *after the main service*

followed by Mincha

Shabbat ends 4:50pm

Ma'ariv 5:20pm

(Shul car park gates will be open)

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am

Ma'ariv 8:00pm

MONDAY - THURSDAY

Shacharit 8:30am

Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am

6th Night Chanukah 3:20pm

Candles for the 6th night will be lit in Shul

Chanukah Candles must be lit at home

before the Shabbat Candles

Mincha *then* Kabbalat Shabbat 3:30pm

Shabbat begins/candle lighting 3:30pm

Just Kosher SWHC

Your "one stop" kosher shop is NOW OPEN. Please come and see the wide range of products available to you without going to London! See new opening times inside.



NEW MOON IS ON

Friday 7th December at 10:29pm

We extend a warm welcome to those attending our services this week and hope we will see you again soon.

Torah Reading Tzvi Chaim Fraylich & Yosef Yehoshua Fraylich	Soncino Page 229
Haftarah Vayeshev	Geoffrey Pepper Soncino Page 248
Blessing of the new month	Tevet Sacks Siddur Page 424
Anim Zemiroth	Saul Bebb Sacks Siddur Page 458

If you would like to repeat your Bar Mitzvah Haftarah, please contact the Gabbaim.

MAZEL TOV! *A hearty Mazel Tov from the SWHC community.*

Rabbi Binyamin & Rebbetzin Chaya Faigie Bar on the wedding of Chaya Faigie's brother, **Yerachmiel Jundef, to Elana Nussbaum** in New Jersey, USA.

Anne Marcus & Robin Marcus on the birth of a granddaughter born to **Oliver & Tamsin Marcus in London**. Mazel Tov also, to great-grandparents, **Nita & Stanton Marcus**.

YAAKOV'S "SETTLING DOWN" *Thoughts on the Parasha*

The beginning of Parashat Vayeshev is "Vayeshev Yaakov" and Yaakov settled. Rashi brings the Midrash to explain that after his long exile and struggles, Yaakov wished finally 'Leshev Beshalva' to settle down in peace and serenity, but the anguish and drama of the Yosef saga disturbed him to settle down. "The righteous seek tranquility, says Hashem, but are the righteous not satisfied with what awaits them in 'The World to Come' that they expect to live at ease in This World too?"

Rabbi Gedalya Shorr z"l explains that what the Midrash means is not that Yaakov and righteous people are not entitled to tranquility in this world. The Midrash's understanding is that Yaakov's mission was not yet complete. Yaakov thought that once he gave birth to the twelve tribes, managed well his dealing with his father in law Lavan, survived his meeting with Esav, and repaired the damage to his reputation following the Shechem story, he had finished his task to establish the future of the nation.

Hashem decided otherwise. The chain of events which began as he arrived to Eretz Yisrael paved the way for his eventual move to Egypt and all the awesome miracles that we recall over and over again, to set the nation free from the Egyptian bondage.

When Yosef was taken from him, Yaakov had all the reasons to be sure that his life was meant to end in failure. Yet his service of Hashem remained just as strong. It teaches all of us never to surrender to the "inevitable" and that soon enough the salvation will come!

Our Sages teach us that this world is not the place where the righteous can expect peace and tranquility but a place to keep growing. "The day is short and the workload too great" says the Mishna in the Ethics of the Fathers. There is so much to accomplish, such little time to do it and too few capable of doing it. Rabbi Yerucham Lebovitz says this is a message for all us to keep growing within our potential, to never settle with less and to adopt this attitude towards everything that happens in our lives to utilize them, as the increasing number of Chanukah candles, for positive growth. Wishing all of you a wonderfully inspiring Chanukah!

Shabbat Shalom and Chanukah Sameach!

Rabbi Binyamin Bar

FORTHCOMING EVENTS

This Shabbat 1st December | We have pleasure in welcoming back **Tzvi Chaim Fraylich & Yosef Yehoshua Fraylich**, who will be leining for us.

Motzei Shabbat 1st December | **AID Society General Knowledge Quiz** **Sold Out**.

Public Menorah Lighting | Cliffs Pavilion, 2nd – 9th December 2018

Following on from the tremendous success of previous years, there will be a giant public Menorah this Chanukah. You are invited to come to the daily lighting with free doughnuts for all!

Sun 2nd Dec	6:00pm		Thurs 6th Dec	7:30pm	<i>Gala Night</i>
Mon 3rd Dec	7:30pm		Fri 7th Dec	3:15pm	
Tues 4th Dec	7:30pm		Sat 8th Dec	6:00pm	
Wed 5th Dec	7:30pm		Sun 9th Dec	7:30pm	

Tuesday 4th December 12 noon | **Ladies Guild & Pop In Chanukah Party 12.15pm-3pm** Please contact Janice on 07752 874065/Lisa 07760 141162/email swhcf@gmail.com.

Entry is STRICTLY BY INVITATION ONLY.

Thursday 6th December | Gala Night All are invited to the Synagogue Hall for a reception in the presence of the Worshipful the Mayor of Southend on Sea Cllr Derek Jarvis & Mayoress Valerie Jarvis and Sir David Amess, following the lighting of the Menorah at the Cliffs Pavilion.

Motzei Shabbat 8th December | The Chanukah Buzz. Following the lighting at the Cliffs Pavilion at 6pm, Supper in the Talmud Torah at 6:45pm then Marko Sparko the Magician at 7:30pm. Tickets must be booked by Wednesday 5th December. Contact Barry Jacobs 07876 685826. Advance prices: Children 5-13 £2.50, Adults £5. On the night: Children 5-13 £3.50, Adults £7.50.

Motzei Shabbat 8th December 7pm | Magic Evening with Rabbi Geoffrey Shisler in the Shul Hall. **Sold Out.** £25 members, £27.50 non-members. Whisky & Vodka Reception (kindly sponsored by Linda & David Riseman for their Golden Wedding Anniversary), Salt Beef & Latke Supper.

Tuesday 18th December | Fast of Tevet Fast begins 6:04am. Fast ends 4:38pm.

SAVE THE DATE!

Thursday 17th January | MDA Event in the Shul Hall with speaker from "Entebbe".

Sunday 20th January | Comedy Evening in the Shul Hall.

Thursday 24th January | Holocaust Memorial Day at the Civic Centre.

Just Kosher SWHC

If you want to place an order for collection:

Email - justkosherwhc@gmail.com phone/text – 07780 449081
NEW OPENING HOURS: Monday 10am-1pm, Wednesday 10am-1pm,
 Thursday 11am-5pm, Friday 9am-1pm, Sunday 9.30am-12.30pm.
Orders for Thursday delivery should be placed by Tuesday 1pm latest!