



Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 24 November /16 Kislev** Mrs Zena Rose
- Sunday – 25 November /17 Kislev** Mrs Sybil Graham, Miss Caroline Newman
- Monday – 26 November /18 Kislev** Mrs Sue Abrahams
- Tuesday – 27 November /19 Kislev** Mrs Sybil Graham, Mrs Denise Pitch, Mr Michael Phillips, Mrs Irene Josephs, Mrs Sheila Blaine, Mrs Linda Bennett
- Wednesday – 28 November /20 Kislev** Mr Graham Berg, Mr Maurice Lesley, Mr Larry Lisner, Ms Maralyn Lisner, Mr David Ramet
- Thursday – 29 November /21 Kislev** Mr Barry Kaiser, Mrs Laraine Barnes
- Friday – 30 November /22 Kislev** Mrs Muriel Rosenberg, Mr David Baker, Mr Elliot Baker, Mr Michael Baker, Mr Sammy Cohen, Mr Eddie Greene

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email or call Janice on 07752874065 or the Shul Office on 344900

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 17th Dec End of year social at the home of Janice Steel Call Janice on 07752 874065</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Cheder Every Sunday chayafbar@gmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In/Ladies Guild Joint Chanukah Party 12.15-3pm Tuesday 4th Dec BY INVITATION ONLY</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>AID Society Bridge Sunday, 2nd Dec Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>SJYC Sunday 25th Nov 12.30-3pm FREE SESSION With Special Code Club!</p>

24 November 2018 | 16 Kislev 5779

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Just Kosher **SWHC**

Your "one stop" kosher shop opens this week. Please come and see the wide range of products available to you without going to London! See new opening times inside



We extend a warm welcome to those attending our services this week and hope you will join us again soon. Please do not eat or drink until the Rabbi has made Kiddush.

SHABBAT VAYISHLACH

FRIDAY NIGHT

Mincha *then* Kabbalat Shabbat 3:40pm
Shabbat begins/candle lighting 3:38pm

SHABBAT DAY

Shacharit 9:30am
Children's Service & Kiddush 11:00am
Kiddush after the main service
followed by Mincha

Shabbat ends 4:54pm
Ma'ariv 5:20pm
(Shul car park gates will be open)

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
Ma'ariv 8:00pm

MONDAY - THURSDAY

Shacharit 8:30am
Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
Mincha *then* Kabbalat Shabbat 3:35pm
Shabbat begins/candle lighting 3:33pm

Torah Reading	Rabbi Bar	Soncino Page 195
Haftorah Vayishlach	Jeremy Symons	Soncino Page 224
Anim Zemiroth	Saul Bebb	Sacks Siddur Page 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

MAZEL TOV! *A hearty Mazel Tov from the SWHC community.*

Stanton Marcus on the occasion of his 90th Birthday

YAAKOV MEETS ESAV *Thoughts on the Parasha*

Yaakov used several different tactics in dealing with Esav. He knew his brother was far more powerful than he was. Esav had four hundred warriors. By contrast, Yaakov had with him only his wives and children. At that time his oldest son Reuven was twelve. His children were to be the basis of the future Jewish people. But would they survive?

Yaakov tried conciliation, sending a large gift of several different kinds of livestock to Esav. Yaakov succeeded in persuading Esav to accept this gift. With this went an implicit acceptance on Esav's part of the existence of Yaakov and of the fact that he was in the right when he received their father's blessing. At the same time, Yaakov prayed to Hashem, in a beautiful prayer expressing his feelings of humility. He felt that he was not worthy of all the great benefits that Hashem had already granted him.

He was also ready to do battle. His tactic of dividing his camp in two was part of a military strategy. Yaakov was completely outnumbered, and he also hated the idea of harming others. Nonetheless, in order to protect his own life and the lives of his wives and children, he was ready to fight.

On the surface, these courses of action convey contradictory messages, aggression and giving gifts do not usually go with each other. Of course people routinely adopt tactics without being troubled by a lack of sincerity — if it works, do it! But Yaakov was the embodiment of truth and adopted both approaches with sincerity. He recognized Esav's hurt at losing the blessings hence the gifts, yet knowing the righteousness of his receiving the blessings he prepares himself for an attack even with his own strong arms.

These are also methods of relating to all other Esavs, the enemies of the Jewish people through the ages. In different ways, these approaches have been used at various times in our long history to ensure our survival.

Prayer, of course, is always needed and of prime importance. Striking the right balance between conciliation and readiness for battle is the key to saving lives for everyone concerned. The goal is peace and safety, and Yaakov's meeting with Esav provides an example of skillful negotiation which was eminently successful.

Shabbat Shalom,
Rabbi Binyamin Bar

FORTHCOMING EVENTS

Next Shabbat 1st December | We have pleasure in welcoming back **Tzvi Chaim Fraylich & Yosef Yehoshua Fraylich**, who will be leining for us.

Motzei Shabbat 1st December | **AID Society General Knowledge Quiz NOW SOLD OUT.**

Public Menorah Lighting | Cliffs Pavilion, 2nd – 9th December 2018

Following on from the tremendous success of previous years, there will be a giant public Menorah this Chanukah. You are invited to come to the daily lighting with free doughnuts for all!

Sun	2nd Dec	6:00pm		Thurs	6th Dec	7:30pm	<i>Gala Night</i>
Mon	3rd Dec	7:30pm		Fri	7th Dec	3:15pm	
Tues	4th Dec	7:30pm		Sat	8th Dec	6:00pm	
Wed	5th Dec	7:30pm		Sun	9th Dec	7:30pm	

Tuesday 4th December 12 noon | **Ladies Guild & Pop In Chanukah Party**

RSVP to Ladies Guild/Pop In - no later than **6pm Thursday 22nd November** for catering purposes. If anyone wishes to attend, please contact Janice on 07752 874065/Lisa 07760 141162/email swhfc@gmail.com to ensure inclusion on the guest list on the day, as entry is **strictly by invitation**.

Thursday 6th December | Gala Night All are invited to the Synagogue Hall for a reception in the presence of the Worshipful the Mayor of Southend on Sea, Cllr Derek Jarvis, Mayoress, Valerie Jarvis and Sir David Amess, following the lighting of the Menorah at the Cliffs Pavilion.

Motzei Shabbat 8th December | The Chanukah Buzz. Following the lighting at the Cliffs Pavilion at 6pm, Supper in the Talmud Torah at 6:45pm then Marko Sparko the Magician at 7:30pm. Tickets must be booked by Wednesday 5th December. Contact Barry Jacobs 07876 685826. Advance prices: Children 5-13 £2.50, Adults £5. On the night: Children 5-13 £3.50, Adults 7.50.

Motzei Shabbat 8th December 7pm | Magic Evening with Rabbi Geoffrey Shisler in the Shul Hall. **Sold Out.** £25 members, £27.50 non-members. Whisky & Vodka Reception (kindly sponsored by Linda & David Riseman for their Golden Wedding Anniversary), Salt Beef & Latke Supper.

Tuesday 18th December | Fast of Teveth. Fast begins 6:04am. Fast ends 4:38pm.

Dates for your Diary

Thursday 17th January | MDA Event in the Shul Hall with speaker from "Entebbe".

Sunday 20th January | Comedy Evening in the Shul Hall.

Thursday 24th January | Holocaust Memorial Day at the Civic Centre.

