



Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 15 December /7 Tevet** Mr Ronald Roback
Sunday – 16 December /8 Tevet Mr Seth Belson, Mr Simon Belson, Mrs Laura Burns, Mr Ronnie Blacker, Miss Lorraine Blacker, Mr Henry Harris, Mr Simon Luton, Mrs Judith O'brart, Mrs Josephine Pitch, Mr Malcolm Pitch, Mr Stuart Pitch
Monday – 17 December /9 Tevet Mrs Carol Gedda, Miss Bertha Morris, Mr Jeffrey Phillips
Tuesday – 18 December /10 Tevet Mrs Benita Speck, Mrs Nita Marcus, Mrs Christine Leeding, Mr Ray Turner
Wednesday – 19 December /11 Tevet Mrs Elise Levy, Mr Alan Wand
Thursday – 20 December /12 Tevet Mrs Philippa David, Mrs Marilyn Lewis, Mrs Evelyn Statman, Mrs Linda Crystall, Mrs Betty Young
Friday – 21 December /13 Tevet Mr Maurice Arkus, Mr Sammy Cohen, Mrs Sandra Symons, Mrs Estelle Luton, Rabbi Emmanuel Levy

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 17th Dec End of year social at the home of Janice Steel Call on 07752 874065</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Cheder Sunday 10:15am – 12:15pm chayafbar@gmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In Talmud Torah Tuesday 22nd Jan 2019, 2-4pm Email Jan swhcfc@gmail.com</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>AID Society Bridge Sunday 6th January Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>SJYC Watch out for details on the new weekly Club starting in January 2019!</p>

15th December 2018 | 7th Tevet 5779

Newsletter No.1066

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Rabbi

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SHABBAT VAYIGASH

FRIDAY NIGHT
Mincha *then* Kabbalat Shabbat 3:30pm
Shabbat begins/candle lighting 3:29pm

SHABBAT DAY
Shacharit 9:30am
Children's Service & Kiddush 11:00am
Kiddush *after the main service then*
Mincha *after the Kiddush*

Shabbat ends 4:48pm
Ma'ariv 5:20pm
(Shul car park gates will be open)

Just Kosher SWHC

Your one-stop kosher shop is NOW OPEN. Please come and see the wide range of products available to you without going to London! See new opening times inside.



We extend a warm welcome to those attending our services this week and hope we will see you again soon.

WEEKDAY SERVICE TIMES

SUNDAY
Shacharit 8:30am
Ma'ariv 8:00pm

MONDAY
TUESDAY – Fast of Tevet

WEDNESDAY
THURSDAY
Shacharit 8:30am
Ma'ariv 8:00pm

NEXT FRIDAY
Shacharit 8:30am
Mincha *then* Kabbalat Shabbat 3:30pm
Shabbat begins/candle lighting 3:31pm

Torah Reading	Rabbi Bar	Soncino Page 277
Haftorah Vayigash	Dr Arnold Azulay	Soncino Page 293
Anim Zemirov	Saul Bebb	Sacks Singers Page 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THE WAGONS AND THE HEIFER *Thoughts on this week's Parasha*

Yaakov was mourning was 22 years for the loss of Yosef, who was slated to become the heir to the Abrahamic family. He was spending these years, trying to suppress the anger towards his sons whom he suspect of foul play against Yosef. Yaakov lost confidence in his sons, there is no apparent hair anymore, the family is dissolving.

Then an amazing incident happened. The family goes to the Grand Vizier of Egypt for food. After a number of troubles Yehuda makes a passionate plea and tells Yosef how life's difficulties have affected Yaakov and describes to him his constant state of mourning. The Grand Vizier reveals himself as Yosef and tells them that he wants to see Yaakov. When Yaakov sees the wagons Yosef sent to bring him to Egypt, Yaakov's spirits are revived.

What is so special about the "agalot" - wagons - to revive Yaakov's spirits? Rashi quotes a Midrash which explains that it was a code. The Hebrew word for a heifer is "egla", almost the same word as "agalot". Yosef was sending a sign to Yaakov: "Remember the last thing we studied together before you sent me to find out about the welfare of my brothers? It was about the broken necked heifer!"

As we know, the "egla arufa" – broken necked heifer happens as a result of an unresolved murder mystery. The elders of the towns say: we are not directly guilty of this crime but it may was someone who was insane or hungry carried out the killing, perhaps we should have been more careful in looking after the needs of that person. They bring the heifer as a sacrifice for an unintentional misdeed.

Yaakov is the elder of the family. He cannot completely blame his sons for their misdeed as he himself engendered the jealousy by being to affectionate towards Yosef he was unintentionally guilty of the crime. When Yaakov sees the "agalot" – wagons and the code sign that reminded him about the law of the broken necked heifer he and Yosef studied together he understands that Yosef has forgiven Yaakov for the tragedy that befell him.

The repentance of Yaakov and Yosef's forgiving of the root cause of his tragic circumstances begin by Yaakov seeing the wagons sent by his beloved son, Yosef. This is the first step towards the reunification of all other members of the family, Yosef forgiving his brothers and bringing them all to Egypt to be near him and establish Jewish life there.

Shabbat Shalom,
Rabbi Binyamin Bar

MAZEL TOV! *A hearty Mazel Tov from the SWHC community.*

Millie Highbloom on the occasion of her 101st Birthday. Mazel Tov!

FORTHCOMING EVENTS

Tuesday 18th December | Fast of Tevet Fast begins 6:04am. Fast ends 4:38pm.

Sunday 23rd December 10am | Tahara Training for Men at Stock Road Cemetery. Please contact Pam Freedman in the Shul Office 01702 344900/email shuloffice@swhc.org.uk to book your place.

Monday 24th December 10am - 12noon | Ladies Guild are holding a Coffee Morning in the Shul Hall in **Chaya Faigie Bar's honour**, to thank her for all the work she has done in our Community. All women welcome.

Shabbat 29th December | "Farewell Kiddush" for Rabbi & Rebbetzin Bar.

Thursday 17th January, 7:30pm | "Raid on Entebbe" MDA Event An evening of "Grey Goose" and Chocolate Mousse with speaker Major Rami Sherman. Tickets £15 (no appeal) from Linda Burns 07968 103269 / itburns@hotmail.co.uk or Simon Belson 07774 778383 / simonbelson@aol.com.

Sunday 20th January, 7:30pm | Comedy Evening with Rachel Creegor, celebrating Tu B'shevat. Tickets £10 members/£12 non members, to include fruit and tea refreshments and a Grand Raffle. Please contact the Shul Office on 01702 344900 or shuloffice@swhc.org.uk

Thursday 24th January, 6pm | Holocaust Memorial Day at the Civic Centre, Victoria Avenue, Southend-on-Sea, SS2 6ER. Guest speaker is Ziggi Shipper BEM, a Holocaust Survivor of the Lodz Ghetto and Auschwitz-Birkenau. There will also be music, poetry and readings. The event is free to attend and there will be refreshments provided by the Ladies Guild after the service.

Friday 25th January, 12 noon | Holocaust Memorial Tree Planting Ceremony Location to be announced.

Just Kosher **SWHC** *Your one-stop Kosher Shop!*

If you want to place an order for collection:

EMAIL justkosher@swhc.org.uk **PHONE/TEXT** 07780 449081

NEW OPENING HOURS	Monday 10am-1pm	Wednesday 10am-1pm
	Thursday 11am-5pm	Friday 9am-1pm
		Sunday 9.30am-12.30pm

Orders for ALL GOODS for Thursday collection MUST be placed by Monday 12 noon latest!

For Seasonal orders including Turkeys, Rolled Turkey Breasts, Turkey Legs, Meat, Poultry, Bread, Cakes, Deli and Dry Goods.

Please order by Monday, 17th December LATEST!

Orders for this period can be collected on Thursday, 20th December (11am-5pm) or Monday, 24th December (10am-1pm)