



Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 29 December /21 Tevet** Mrs Valerie Sperber. Mr Philip Muslin, Mr Royston Keizer, Mr Maurice Tobias, Mr Gyula Vari
- Sunday – 30 December /22 Tevet** Mr Irvine Ford, Mrs Shoshana Freeman, Mrs Estelle Halpern, Mr Andrew Levy, Mr Ralph Ruvim, Mrs Amanda Cohen
- Monday – 31 December /23 Tevet** Mrs Rosalind Cohen, Mr Ivor Rose, Mr Melvyn Speck
- Tuesday – 1 January /24 Tevet** Mrs Margaret Althasen
- Wednesday – 2 January /25 Tevet** Mr Geoffrey Cohen, Mr Harvey Simons
- Thursday – 3 January /26 Tevet** Mrs Helene Platman, Ms Hilary Platman, Mrs Jane Barnett, Mrs Sylvia Bennett
- Friday – 4 January/27 Tevet** Mrs Netta Harper, Prof. John Harper, Mr Michael Kutner, Mrs Sandra Winston

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 28th January at the home of Angela & Robert Ereira Contact Janice Steel on 07752 874065</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Cheder Term ended, Spring term dates announced shortly.</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>Pop-In Shul Hall Tuesday 22nd Jan 2019, 2-4pm Email Jan swhcfc@gmail.com</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>AID Society Bridge Sunday 6th January Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>SJYC Watch out for details on the new weekly Club starting in January 2019!</p>

29th December 2018 | 21st Tevet 5779

Rabbi Binyamin Bar
Rabbi

Stanley Robinson
Geoffrey Pepper
Gabbaim

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The Shul Office will CLOSE at 3pm Monday 31st December and re-open at 9am Wednesday 2nd January.

We extend a warm welcome to those attending our services this week and hope we will see you again soon.

SHABBAT SHEMOT

FRIDAY NIGHT
Shabbat begins/candle lighting 3:36pm
Mincha *then* Kabbalat Shabbat 3:40pm

SHABBAT DAY
Shacharit 9:30am
Children's Service & Kiddush 11:00am
Kiddush *after the main service then* Mincha *after the Kiddush*

Shabbat ends 4:56pm
Ma'ariv 5:20pm
(Shul car park gates will be open)

WEEKDAY SERVICE TIMES

SUNDAY & MONDAY
Shacharit 8:30am
Ma'ariv 8:00pm

TUESDAY (Bank Holiday)
Shacharit 8:30am

WEDNESDAY & THURSDAY
Shacharit 8:30am
Ma'ariv 8:00pm

NEXT FRIDAY
Shacharit 8:30am
Shabbat begins/candle lighting 3:44pm
Mincha *then* Kabbalat Shabbat 3:45pm

Torah Reading	Rabbi Bar	Soncino Page 319
Haftorah Shemot	Rabbi Bar	Soncino Page 345
Anim Zemirot	Saul Bebb	Sacks Singers Page 458
<i>If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.</i>		

A MESSAGE FROM THE LADIES GUILD If you have put your name down with Sara Vandermolten (email: van38@blueyonder.co.uk) for tickets for **"On Your Feet"**, the hit show coming to the West End this Summer about the life story of Gloria Estefan on Tuesday, 13th August, 2019, please send your money into the Shul Office in an envelope with your name on. Tickets £42.50 each, coach £15 each. Many thanks.

MAN PLANS AND G-D LAUGHS *Thoughts on this week's Parasha*

The first Parasha of Shemot tells how baby Moshe – in his floating basket in the river - is saved by Pharaoh's daughter. She adopts Moshe and takes him to live in Pharaoh's palace. But soon enough a problem arises: what to feed the baby? In those days, there was no bottled baby formula, so when the birth mother wasn't available, the caretaker would have to hire a wet nurse. However, Moshe kept refusing to nurse from Egyptian women, until finally Pharaoh's daughter found one woman who Moshe agreed to nurse from - Yocheved, Moshe's biological mother!

We must appreciate the irony of this. Pharaoh's murderous decree against Jewish babies was specifically intended to prevent a new generation of Jewish leadership. So what happens instead? Moshe, the upcoming great Jewish leader, is raised, educated and trained - right under Pharaoh's nose, in Pharaoh's own home, at Pharaoh's expense! And on top of it all, Moshe's mother is getting paid a salary!

There's a clear lesson here for all of us. Hashem has a plan for the world, and we each have a choice: either to partner with Hashem and enjoy the pleasure of doing so, or (like Pharaoh) to go against Hashem and wind up feeling quite foolish.

"Make Hashem's will, your will" the Talmud declares this sound advice. Because, as we see with Moses and Pharaoh, either way, Hashem will work things out His way. The Yiddish proverb "Man Tracht un Got Lacht" – "Man plans and G-d Laughs" takes a whole new dimension here.

Our paths through life have all been pre-planned, says King David in the Psalms. And on a personal note, if anyone would have told me in my early 20's that I would be the Rabbi of Southend & Westcliff in England for close to 13 years I would have politely laughed with disbelief. And yet, here we are!

It has been a tremendous privilege to have been your Rabbi. It has been a great honour to have served you, which I have done with the best of my abilities. I have come to admire some great men and women which I encountered whilst being the Rabbi. The Rebbetzin and I are leaving having formed lifelong friendships with very many. And for that, we are truly grateful to the Almighty and to our Community.

May our wonderful community in Southend & Westcliff continue to be a great source of Yiddishkeit and spirituality, Torah and Mitzvot. May it continue to enjoy harmony and good relations within itself and with the wider society. May it flourish and go from strength to strength until the coming of Moshiach, speedily in our days.

Shabbat Shalom,
Rabbi Binyamin Bar

FORTHCOMING EVENTS

This Shabbat 29th December | "Farewell Kiddush" for Rabbi & Rebbetzin Bar.

We wish them every success for the future.

Next Shabbat 5th January We have pleasure in welcoming back **Tzvi Chaim Fraylich & Yosef Yehoshua Fraylich**, who will be leining for us.

Thursday 17th January, 7:30pm | "Raid on Entebbe" MDA Event

An evening of "Grey Goose" and Chocolate Mousse with speaker Major Rami Sherman. Tickets £15 (no appeal) from Linda Burns 07968 103269 / itburns@hotmail.co.uk or Simon Belson 07774 778383 / simonbelson@aol.com.

Shabbat Beshalach 19th January | The return of Dovid Chalk, Eli Hepner and Alex Krausher.

They will be leading the services over Shabbat. They were last here nearly 3 years ago and after the morning service finished, the Wardens were besieged by members of the Community saying how much they were uplifted by the heart-stopping service and sermon.

Sunday 20th January, 7:30pm | Comedy Evening with Rachel Creeger, celebrating Tu B'shevat (New Year for Trees). Tickets £10 members/£12.50 non members, to include fruit and tea refreshments and a Grand Raffle. Please contact the Shul Office on 01702 344900 or shuloffice@swhc.org.uk

Thursday 24th January, 6pm | Holocaust Memorial Day at the Civic Centre, Victoria Avenue, Southend-on-Sea, SS2 6ER. Guest speaker Dr Martin Stern OBE, a Holocaust Survivor, will be introduced by Rabbi Sufrin. There will also be music, poetry and readings. The event is free to attend and will be followed by refreshments provided by the Ladies Guild. Parking on site will be free for this event.

Friday 25th January, 12 noon | Holocaust Memorial Tree Planting Ceremony

The Worshipful the Mayor, Councillor Derek Jarvis will plant a tree at the junction of Maplin Way North & Bishopsteignton SS3 8AD.

Shabbat Yitro 26th January | Ann and David Wine`s Shabbat celebrating David`s second Barmitzvah. We have pleasure in welcoming the return of Rabbi Eli Brunner who will be officiating this Shabbat.

Just Kosher SWHC *Your one-stop Kosher Shop!*

If you want to place an order for collection:

EMAIL justkosher@swhc.org.uk PHONE/TEXT 07780 449081

NORMAL OPENING HOURS

Monday 10am-1pm, Wednesday 10am-1pm,

Thursday 11am-5pm, Friday 9am-1pm, Sunday 9.30am-12.30pm

Orders for ALL GOODS for Thursday collection MUST be placed by Monday 12 noon latest!