

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 2 February /27 Shevat** Mr Ronald Roback, Mrs Sally Gerstein
Sunday – 3 February /28 Shevat Mr Sam Young, Mrs Roberta Silver
Monday – 4 February /29 Shevat Mr Ronnie Blacker, Mrs Irene Josephs, Mrs Betty Steel, Mrs Helen Gordon
Tuesday – 5 February /30 Shevat Mrs Betty Morton, Mr Michael Herman, Mrs Minn Rose, Mr Ian Lieberman, Mr Gerald Ward
Wednesday – 6 February /1 Adar-1 Mrs Brenda Feldman, Mr Graham Berg, Mrs Beverley Miller, Mrs Moira Dickson, Mr Roy Silver, Mrs Anne Green, Lady Sharon Gold
Thursday – 7 February /2 Adar-1 Mr John Barnett, Mr Paul Binder, Mrs Annette Samuels, Mrs Mildred Nelkin, Mr Henry Harris, Mr Maurice Jacques, Mr Jack Saunders
Friday – 8 February /3 Adar-1 Mrs Elisabeth Rayner, Mrs Annabel James, Mrs Hazel Ward,

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 25th February at the home of Martin Dorne Contact Janice Steel on 07752 874065</p>	<p>AID Society Bridge Sunday 3rd February Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Cheder Sunday 10:15am-12:15pm Talmud Torah yael@moont.com</p>	<p>SJYC Thursdays 4:30-6:30pm £3 with Sarah and Shira in the Talmud Torah</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-In Shul Hall Tuesday 19th Feb 2019, 2-4pm Email Jan swhcfc@gmail.com</p>



2nd February 2019 | 27th Shevat 5779



Newsletter No.1073

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New Moon is Monday 4th February at 11.57pm

We extend a warm welcome to those attending our services this week and hope we will see you again soon.

SHABBAT MISHPATIM

- FRIDAY NIGHT**
 Mincha *then* Kabbalat Shabbat 4:20pm
 Shabbat begins/candle lighting 4:28pm
- SHABBAT DAY**
 Shacharit 9:30am
 Children's Service & Kiddush 11:00am
 Kiddush *after the main service then*
 Mincha *after the Kiddush*
- Shabbat ends 5:42pm
 Ma'ariv 6:10pm
(Shul car park gates will be open)

WEEKDAY SERVICE TIMES

- SUNDAY**
 Shacharit 8:30am
 Ma'ariv 8:00pm
- MONDAY & THURSDAY**
 Shacharit 8:30am
 Ma'ariv 8:00pm
- TUESDAY-WEDNESDAY (Rosh Chodesh)**
 Shacharit 8:30am
 Ma'ariv 8:00pm
- NEXT FRIDAY**
 Shacharit 8:30am
 Mincha *then* Kabbalat Shabbat 4:40pm
 Shabbat begins/candle lighting 4:41pm

Torah Reading	Tzvi Chaim Freylich	Soncino Pg 471
Haftorah Mishpatim	Stephen Salt	Soncino Pg 497
Blessing the New Month	Adar One	Sacks Singers Pg 424
Anim Zemirot	Saul Bebb	Sacks Singers Pg 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THOUGHTS ON THIS WEEK'S PARSHA *From Jeremy Symons*

A thief is not normally recognized as being the most sensitive person around. Yet in Parsha Mishpatim, the Torah delineates various prohibitions and punishments with regard to stealing. 'If a person steals an ox or a sheep and slaughters it or sells it, he must pay back five oxen for an ox and four sheep for the sheep, to the original owner as compensation.' According to Rashi, the reason why one less sheep is paid than the ox is because when a person steals an ox, all they need to do is simply lead it away. Whereas a sheep on the other hand, has to have been carried, and because running away with a sheep on your back is considered embarrassing, the Torah perceives it as a form of punishment in itself.

This Rashi explanation is difficult to understand. It is hard to imagine that any thief would be so preoccupied with their own humiliation whilst carrying out their crime. Surely all they must be thinking about at the time is the theft itself and the concern about being caught. They are probably not even aware that carrying a sheep is considered demeaning. They are certainly not thinking about it as they are making their escape.

The best way to comprehend this Rashi explanation, is by focusing on our own relationship we have with Hashem. Lord Jonathan Sacks once wrote, "The most basic fact in my relationship with the Almighty is that He loves me more than I love myself and is always looking out for my wellbeing and interests more than I do for me personally."

This is the basic foundation of the concept of bitachon (Trust). Without it, being able to put your complete faith in Hashem would be deemed foolish. How can someone rely on a G-d if they don't seem to care about you? It is insane! The only way a person can develop a true reliance on Hashem is by understanding the fact He loves every one of His creations to such an extent that it is totally beyond our human comprehension to understand. It is because of Hashem's infinite mercy and kindness towards us that even if a person like a criminal does not deserve something from our perspective, Hashem knows best, and for reasons we are not able to fathom, Hashem will bestow his compassion and benevolence to them anyway. It may well be that as the thief is making his or her escape, they are oblivious to the embarrassment and pain caused to themselves, yet Hashem considers that pain significant enough to count as partial punishment for the crime being committed.

This got me thinking, if a little bit of embarrassment has the power of reducing a punishment, therefore conversely, how much more so would a person receive for the embarrassment they might have endured whilst performing a mitzvah instead. There must be many times when we might stay away from or refuse to perform a particular mitzvah because we are worried of being humiliated by others. However, I now strongly believe that we should be strengthened by our acts of obeying the words of Hashem and reminding ourselves of the extra merits and rewards Hashem will bestow upon us for doing a mitzvah under such circumstances. So, next time you feel uncomfortable or too embarrassed about doing a mitzvah in fear of others' ridicule... just think of the fact that we are doing G-ds will and in return He will reward and continue to shower you with his blessings in the future for accomplishing them.

Good Shabbos

PLEASE NOTE: For those members interested in receiving political updates from Peter Baum, one of our Board of Deputies delegates, please follow Peter on Facebook, MeWe, Twitter or send him your email address peterbaum@hotmail.co.uk

MAZEL TOV *A hearty Mazel Tov from the SWHC community.*

Roberta & Michael Yaffe on the Batmitzvah of their granddaughter, **Charlotte** this Shabbat (London)

Estella Brone on her **95th birthday**

David Wine on his **83rd birthday & second Barmitzvah**

FORTHCOMING EVENTS.

This Shabbat 2nd February | We welcome the return of the Freylich boys!

Motzei Saturday 2nd February | CCJ presents an evening with **Ruth Fazal** including the UK premiere screening of "Ezekiel Out of Exile." Shul Hall. Drinks reception 7.30pm, Screening 8pm. Suggested donation £10 at the door.

Next Shabbat 9th February | We have pleasure in welcoming the return of **Rabbi & Rebbetzin Brunner** who will be spending Shabbat with us once again.

DATES FOR YOUR DIARY

Shabbat UK March 1st/2nd Join us for a special Shabbat. Friday Night dinner with wine £20pp and Shabbat Lunch £15pp, combi ticket £30 pp. Child price (12 and under) FND £12.50, Sat lunch £10pp, combi ticket £20pp. **Family combi price £90** (2 adults, 2 children.) Non Members £22.50 and £17.50, combi price, £35pp.

Wednesday 20th March | Fast of Esther. Fast begins 4:19am. Shacharit 8:30am. Mincha 1:45pm. Fast ends 7:01pm Ma'ariv 7pm followed by Reading of Megillah. Refreshments, Hamantaschen & Fancy Dress!

Thursday 21st March | Purim Shacharit 8:30am followed by Reading of Megillah. Youth event at 5pm in the Talmud Torah – The Buzz Has Got Talent – and Fancy Dress for all the Youth, their families & the wider Community with refreshments.

Tuesday 2nd April | WIZO trip to the new **Blockbuster Exhibition, Christian Dior: Designer of Dreams** at the V & A Museum. All details please contact Adrienne Moss, Tel: 01702 333004.

Motzei Shabbat 20th April | Communal Seder 2nd Night Pesach in the company of Chazan Eliot Alderman who will be officiating.

Tuesday 13th August | Ladies Guild "On Your Feet" The life story of Gloria Estefan. If you have put your name down for tickets, please bring payment into the Shul Office in an envelope marked "Ladies Guild" for £42.50 pp plus £15 pp coach.

Just Kosher SWHC

Your one-stop Kosher Shop!

If you want to place an order for collection:

EMAIL justkosherwhc@gmail.com PHONE/TEXT 07780 449081

OPENING HOURS

Monday 10am-1pm

Wednesday 10am-1pm

Thursday 11am-5pm

Friday 9am-1pm

Sunday 9.30am-12.30pm

Orders for ALL GOODS for Thursday collection MUST be placed by **Monday 12 noon latest!**