

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 26 January/20 Shevat Dr Arnold Azulay, Mr Geoffrey Basco, Mrs Hazel Fellowes, Mr Jeffrey Gilbert, Mrs Lily Kantor, Mr Lewis Herlitz, Mrs Adrienne Cordery, Mr Michael Konyn, Mrs Angela Kneller, Mrs Marion Sussman, Mrs Simone Ridgewell, Mr Michael Aarons

Sunday – 27 January /21 Shevat Mrs Jacqueline Phillips

Monday – 28 January /22 Shevat Mr Arnold Baum, Mrs Helen Birmingham, Mrs Betty Steel, Mr Gavin Simons

Tuesday – 29 January /23 Shevat Mrs Josephine Pitch, Mrs Hazel Fellowes, Miss Debbie Freeman, Mr Gordon Rosenberg, Mrs Barbara Barnett

Wednesday – 30 January /24 Shevat Mr Gerald Ward, Mrs Sonia Helper

Thursday – 31 January /25 Shevat Mr Leonard Crystall, Mrs Evelyn Elman, Mrs Irene Burns, Mrs Margaret Shine, Miss Diana Denny, Mrs Ella-Myrtle Hyman, Mrs Nita Marcus, Mr Stanley Robinson

Friday – 1 February/26 Shevat Mr Michael Engleman, Mr Roger Rapp, Mr Jonathan Rapp

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Monday Club Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 28th January at the home of Angela & Robert Ereira Contact Janice Steel on 07752 874065</p>	<p>AID Society Bridge Sunday 3rd February Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Cheder Sunday 10:15am-12:15pm Talmud Torah yael@moont.com</p>	<p>SJYC Thursdays 4:30-6:30pm £3 with Sarah and Shira in the Talmud Torah</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-In Shul Hall Tuesday 19th Feb 2019, 2-4pm Email Jan swhcfc@gmail.com</p>



26th January 2019 | 20th Shevat 5779



Newsletter No.1072

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*This week's Newsletter is kindly sponsored by **Ann & David Wine** in celebration of David's second Barmitzvah. Mazel Tov to all the family!*



We extend a warm welcome to those attending our services this week and hope we will see you again soon.

SHABBAT YITRO

FRIDAY NIGHT

Mincha *then* Kabbalat Shabbat 4:15pm
Shabbat begins/candle lighting 4:16pm

SHABBAT DAY

Shacharit 9:30am
Children's Service & Kiddush 11:00am
Kiddush *after the main service then*
Mincha *after the Kiddush*

Shabbat ends 5:32pm
Ma'ariv 6:00pm
(Shul car park gates will be open)

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
Ma'ariv 8:00pm

MONDAY – THURSDAY

Shacharit 8:30am
Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
Mincha *then* Kabbalat Shabbat 4:20pm
Shabbat begins/candle lighting 4:28pm

Torah Reading	Rabbi Eli Brunner	Soncino Pg 445
Haftorah Yitro	David Wine	Soncino Pg 464
Anim Zemirot	Zack Albert & Nathan Jessell	Sacks Singers Pg 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THOUGHTS ON THIS WEEK'S PARSHA *From Jeremy Symons*

Hashem is always talking to us in hidden ways. A spiritually sensitive person will hear these messages and act upon them. Yet on the flipside, a person who doesn't take life seriously won't necessarily hear the message that Hashem is telling him and will do nothing.

Last week we learned about the reaction of the world to the miracles that Hashem did for B'nai Yisroel. The entire world shook with fear from this nation who the G-d of the world performed the most wonderful miracles for. Everyone realized how special B'nai Yisroel was. Who would even think of starting up with them? Well, the Amalekites did. They ignored the special quality of B'nai Yisroel. They ignored the miracles that Hashem performed. They definitely weren't sensitive enough towards the message Hashem gave to the world.

There was one person however who was sensitive to hear what Hashem did to B'nai Yisroel. That person was Yitro. He heard all that Hashem did to B'nai Yisroel and learned the truth that there is one true G-d who must be revered and honoured. Therefore upon receiving the news of the events in Mitzraim, the redemption of B'nai Yisrael and the victory over Amalek - According to our Sages - Yitro was so impressed by these events that he wished to reconnect with his son-in-law Moshe and convert to Judaism. So, he packed his bags and came to 'hook up' with this special nation.

Yitro recognized the greatness of Hashem, in the way Hashem punished the Mitzraim Middah K'negged Middah (the punishment fits the crime). The Mitzraim wanted to destroy B'nai Yisroel by drowning the baby boys in water - they ended up drowning in water. Yitro had served every type of idol, until he realized that Hashem is the ultimate truth. Yitro not only listened, he acted upon what he heard. He picked himself up from the luxury of Midyan, where he was a respected priest, and brought himself to the wilderness to learn Torah. If a nation like the Amalekite can be so unaffected by the miracles performed for B'nai Yisroel, it wasn't enough for him to remain where he was. He had to be with his son-in-law to witness these wondrous events for himself.

'Caring people share their inspiration and knowledge of the truth with others.' Therefore, once the Torah had been given on Mount Sinai, Yitro returns back to his hometown to convert the rest of his family, and anyone else who was willing to listen, to Judaism.

The main focus of Parshas Yitro in my opinion, apart from the Ten Commandments, is the lesson; to take action when an opportunity arises. Otherwise you might not have the chance again.

Good Shabbos.

MAZEL TOV *A hearty Mazel Tov from the SWHC community.*

Norman Lapp on the birth of a great grandson (Israel)

FORTHCOMING EVENTS.

This Shabbat Yitro 26th January | The Kiddush this week is generously sponsored by **Ann & David Wine** in celebration of David's second Barmitzvah, Mazel Tov! We also have pleasure in welcoming the return of **Rabbi Eli Brunner**.

Tuesday 29th January, 8pm | Southend Learning Circles Led by Rabbi Aryeh Sufrin MBE and Mrs Sufrin of Chabad in association with SWHC. Ladies at the home of Brenda Franks, Gentlemen at the home of Roy Barnes. To volunteer to host an evening or for more info, contact Mrs Sufrin 020 8551 8604.

Next Shabbat 2nd February | We welcome the return of the **Freylich** boys!

Shabbat 9th February | We have pleasure in welcoming the return of **Rabbi & Rebbetzin Brunner** who will be spending Shabbat with us once again.

DATES FOR YOUR DIARY

Shabbat UK March 1st/2nd Look out shortly for more information on this community event, lets all keep Shabbat together!

Wednesday 20th March | Fast of Esther. Fast begins 4:19am.

Shacharit 8:30am. Mincha 1:45pm. Fast ends 7:01pm

Ma'ariv 7pm followed by Reading of Megillah.

Refreshments, Hamantaschen & Fancy Dress!

Thursday 21st March | Purim Shacharit 8:30am followed by Reading of Megillah. Youth event at 5pm in the Talmud Torah – The Buzz Has Got Talent – and Fancy Dress for all the Youth, their families & the wider Community with refreshments.

Tuesday 2nd April | WIZO trip to the new **Blockbuster Exhibition, Christian Dior: Designer of Dreams** at the V & A Museum. All details please contact Adrienne Moss, Tel: 01702 333004.

Shabbat 20th April | Communal Seder 2nd Night Pesach.

Tuesday 13th August | Ladies Guild have tickets for "On Your Feet", a musical direct from Broadway about the life story of Gloria Estefan. If you have put your name down for tickets, please bring payment into the Shul Office in an envelope marked "Ladies Guild" for £42.50 pp plus £15 pp coach.

Just Kosher SWHC **Your one-stop Kosher Shop!**

If you want to place an order for collection:

EMAIL justkosherswhc@gmail.com PHONE/TEXT 07780 449081

OPENING HOURS
 Monday 10am-1pm Wednesday 10am-1pm
 Thursday 11am-5pm Friday 9am-1pm Sunday 9.30am-12.30pm

Orders for ALL GOODS for Thursday collection MUST be placed by Monday 12 noon latest!