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OPENING HOURS Monday 10am-1pm Wednesday 10am-1pm
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Orders for ALL GOODS for Thursday collection MUST be placed by **Monday 12 noon latest!**



בס"ד



Newsletter No.1079

23rd March 2019 | 16th Adar-II 5779

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

The family of the late **Michael Engleman**
Helen Joseph and Adrian Murray on the loss of their mother, **Sylvia Murray**

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 23 March/16 Adar-11 Mrs Audrie Braden, Mrs Cynthia Lee, Mr Colin Samuel, Mr Lawrence Simmons

Sunday – 24 March /17 Adar-11 No Yahrzeits

Monday – 25 March /18 Adar-11 Mrs Florette Lieberman

Tuesday – 26 March /19 Adar-11 Mrs Rhoda Lever

Wednesday – 27 March /20 Adar-11 Mrs Angela Cohen, Mrs Ann Wine

Thursday – 28 March /21 Adar-11 Mrs Moira Dickson

Friday – 29 March/22 Adar-11 Mrs Annette Samuels

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Shalom Friendship Club "The Monday Club" Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 25th March at the home of Ivan Kanutin Contact Janice Steel on 07752 874065</p>	<p>AID Society Bridge Sunday 7th April Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Sunday Cheder 10:15am-12:15pm yael@moont.com</p>	<p>SJYC Youth Club Ages 5-15 in the Talmud Torah Thursdays 4:30-6:30pm</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-In Shul Hall Tuesday 9th April, 2-4pm Email Jan swhcfc@gmail.com</p>

Stanley Robinson
Geoffrey Pepper
Gabbaim

Finchley Road
Westcliff-on-Sea
Essex SS0 8AD

Telephone 01702 344900

Fax 01702 391131

Email shuloffice@swhc.org.uk

Website www.swhc.org.uk

Facebook facebook.com/swhc.org.uk

*This week's Newsletter is
kindly sponsored by
Marcia & Michael Goldberg
in celebration of their
40th Wedding Anniversary.
Mazel Tov!*



*We extend a warm welcome to those
attending our services this week and
hope we will see you again soon.*

SHABBAT TZAV

FRIDAY NIGHT

Shabbat begins/candle lighting 5:54pm

Mincha *then* Kabbalat Shabbat 6.00pm

SHABBAT DAY

Shacharit 9:30am

Children's Service & Kiddush 11:00am

Kiddush *after the main service*

Mincha *followed by*

Seudah Shlishit 5:40pm

Ma'ariv *when* Shabbat ends 7:06pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am

Ma'ariv 8:00pm

MONDAY - THURSDAY

Shacharit 8:30am

Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am

Shabbat begins/candle lighting 6:06pm

Mincha *then* Kabbalat Shabbat 6:10pm

Torah Reading	Rabbi Geoffrey Hyman	Soncino Pg 631
Haftorah Tzav	Roy Barnes	Soncino Pg 647
Anim Zemirot	Saul Bebb	Sacks Singers Pg 458

If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.

THOUGHTS ON THIS WEEK'S PARSHA *from Jeremy Symons*

I have found one of the important themes that runs through this week's Sedra of Tsav is finding rationales behind what was performed in the Mishkan, in which is now just a seemingly obsolete tradition. The Parsha begins with a full description of the Korbonos (Sacrifices) mentioned in last week's portion of Vayikra before moving on to the ordination of Aaron, and his sons becoming Kohanim (priests) whose duties would include the preservation of the Mishkan and the ones who will take the lead roles in all the sacrificial rituals on behalf of the rest of B'nai Yisrael.

Many of the Torah Commentators are quick to point out that these particular duties are, on the surface, very mundane and ordinary tasks. Is it really possible that some of the most important religious and meaningful acts the Kohanim are commanded by Hashem to perform stem from such menial work?

Take the concept of washing your hands in the usual, ritually prescribed manner before eating a meal for example. It may seem a mundane act to perform but without doing so would prevent us all from performing other mitzvos prescribed in the Torah, such as sanctifying the Shabbat and other festivals by eating challah etc. The role of washing your hands also plays a part in two of the central roles of the fifteen steps in the Seder service we have on Pesach. (Urchatz and Rach'tzah); corresponding to the fifteen steps which ascended to the Beit Hamikdosh (Temple). The Seder service itself is referred to as an Avodah service to Hashem. This echoes back to the times of the first and second temples which was performed by the Kohanim who, prior to the service, had to purify themselves in the Mikvah before they could offer up any Korban Pesach's (Passover sacrifices), which was a halachic requirement as stated in Parshas "BO", chapter 12.

Today as there is no longer a Beit Hamikdosh or a Mishkan around to perform this Mitzvah, we are still obligated instead to wash our hands before commencing our own Avodah ceremony around our Shabbat and Yom Tov tables, because in Hashem's eyes we are all considered righteous and have intrinsic elements of Kedusha/holiness within every one of us.

It could be said that maybe we, as individuals, do not feel this in ourselves and are not worthy of this prestigious accolade given to us by Hashem, let alone capable of being purified and becoming more spiritual in the process. Therefore, we might think washing our hands is nothing more than a menial task but let me put the record straight. This could not be further from the truth. In fact, it is actually a blessing - The token act of spiritual cleansing ourselves, with the knowledge of even though this purification process is not yet real, possibly in our eyes, never the less the performance of washing one's hands alone is a step in the right direction and will eventually lead us to a genuine purification in Hashem's eyes.

It is amazing to think that if a simple task of washing your hands is considered that holy then just imagine how much some of the bigger deeds and mitzvos we perform are going to be worth!

Good Shabbos

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Edna Stuart on her 95th Birthday

Hazel & Steven Hodis on their Pearl (30th) Wedding Anniversary.

FORTHCOMING EVENTS.

This Shabbat 23rd March | The Kiddush is generously sponsored by **Marcia & Michael Goldberg** who are celebrating their **Ruby (40th) Wedding Anniversary**.

We have pleasure in welcoming **our guest Rabbi Geoffrey & Rebbetzin Michelle Hyman**. **Sunday 24th March 7pm** | **Emunah Film "Above and Beyond"** Telling the story of the pilots who defended the new State of Israel in 1948. Jewish Community Centre, Cobham Rd. Donation £6. Tickets from Rochelle Spector 01702 436991 or Marilyn Salt 07771 534155.

Tuesday 26th March | **Southend Learning Circles** led by Rabbi Aryeh Sufrin MBE and Mrs Sufrin of Chabad, in association with SWHC at the home of **Ann & David Wine**. Please contact the Shul Office for the address.

Next Shabbat 30th March | We welcome the return of the **Tzvi Chaim Freylich & Yosef Yehoshua Freylich**, who will be leining for us.

Tuesday 2nd April | **WIZO** trip to the new **Blockbuster Exhibition, Christian Dior: Designer of Dreams** at the V&A Museum. Please contact Adrienne Moss, 01702 333004.

Thursday 4th April 8pm | **Concert Series at SWHC presents Kibitz** a dynamic six-piece Klezmer and East-European band. Tickets 07951 185933 / concertseries@swhc.org.uk £10 members, £12 non-members. Free refreshments and grand raffle.

Shabbat 6th April | From the Gateshead Talmudic Centre, we have pleasure in welcoming the return of **Dovid Chalk, Eli Perry & Yeshaya Hepner** who will lead the services over Shabbat.

Sunday 7th April | **Emunah Sponsored "Condiment" Walk** from 9am. Geoffrey Pepper & Stephen Salt are walking for Emunah along the seafront and back to the Jewish Community Centre where everyone is invited for a complimentary tasty Bagel Brunch from approx. 1:15pm (***please confirm your attendance***) Food supplied by **"Just Kosher SWHC"** – SWHC shomerim in attendance. Funds raised will go towards the Boys' Home in Afula in northern Israel. The home ***is in desperate need of repair***. To donate please go to: www.justgiving.com/fundraising/pepper4emunah or by cheque made payable to British Emunah Fund (please leave in an envelope in the Shul Office marked Emunah).

Shabbat 20th April 8pm 2nd Night Pesach | **Communal Seder** in the Shul Hall in the company of **Rabbi Geoffrey Hyman**, who will be pleased to answer any Kashrut or Pesach related queries on 07976 433803. Adults: £30 pp Member/£35pp Non-Member.

Children (under 13): £15pp Member/£20 Non-Member.

Family (2A + 2 C): £80 Member/£90 Non-Member.

Please book with the Shul Office by Sunday, 14th April, 2019.

DATE FOR YOUR DIARY:

Wednesday 1st May Yom Hashoah (begins at Sundown)

Wednesday 8th May Yom Hazikaron followed by Yom Ha'Atzmaut

Sunday 12th May "Salt Beef & Latke Takeaway" from "Just Kosher SWHC."

SEUDAH SHLISHIT: If you would like to sponsor a Seudah for a birthday, anniversary or Yahrzeit, please contact Geoffrey Pepper.