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OPENING HOURS
 Monday 10am-1pm Wednesday 10am-1pm
 Thursday 11am-5pm Friday 9am-1pm Sunday 9.30am-12.30pm

Orders for ALL GOODS for Thursday collection MUST be placed by **Monday 12 noon latest!**

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 9 March/2 Adar-11** Mrs Helen Davis
- Sunday – 10 March /3 Adar-11** Mrs Rochelle O’Brart
- Monday – 11 March /4 Adar-11** No Yahrzeits
- Tuesday – 12 March /5 Adar-11** Ms Jacqueline Coleman, Mr Jeffrey Greenstein, Mrs Maureen Elman, Mrs Cheryl Goldenberg
- Wednesday – 13 March /6 Adar-11** Mr Peter Baum
- Thursday – 14 March /7 Adar-11** No Yahrzeits
- Friday – 15 March/8 Adar-11** Mrs Norma Ansell, Mrs Gillian Azulay, Mrs Susan Rakusen

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Shalom Friendship Club “The Monday Club” Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 25th March at the home of Ivan Kanutin Contact Janice Steel on 07752 874065</p>	<p>AID Society Bridge Sunday 7th April Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Sunday Cheder 10:15am-12:15pm yael@moont.com</p>	<p>SJYC Youth Club Ages 5-15 in the Talmud Torah Thursdays 4:30-6:30pm</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-In Shul Hall Tuesday 19th March, 2-4pm Email Jan swhfc@gmail.com</p>



9th March 2019 | 2nd Adar-11 5779

Stanley Robinson
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Gabbaim

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Welcoming back
Rev Gary Newman



We extend a warm welcome to those attending our services this week and hope we will see you again soon.

SHABBAT PEKUDAI

FRIDAY NIGHT

Shabbat begins/candle lighting 5:29pm
 Mincha *then* Kabbalat Shabbat 5:30pm

SHABBAT DAY

Shacharit 9:30am
 Children’s Service & Kiddush 11:00am
 Kiddush *after the main service*

Mincha *followed by*

Seudah Shlishit 5:15pm
 Ma’ariv *when* Shabbat ends 6:41pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
 Ma’ariv 8:00pm

MONDAY-THURSDAY

Shacharit 8:30am
 Ma’ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
 Shabbat begins/candle lighting 5:43pm
 Mincha *then* Kabbalat Shabbat 5:45pm

Torah Reading	Rev Gary Newman	Soncino Pg 591
Haftorah Pekudai	Geoffrey Cohen	Soncino Pg 601
Anim Zemirov	Saul Bebb	Sacks Singers Pg 458
<i>If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.</i>		

THOUGHTS ON THIS WEEK'S PARSHA *from Jeremy Symons*

The last sentence in Parsha Pekudai marking the end of the Book of Shemot reads as follows: "For the cloud of Hashem would be on the Mishkan by day, and fire would be on it at night, before the eyes of all the House of Israel in all their journeys." [40:38]

What is interesting here is that if you read the last lines at the end of both the books Vayikra and Bamidbar the more common expression 'Children of Israel (B'nai Yisrael)' is used. Vayikra 27:34: "These are the commandments that Hashem commanded Moshe to B'nai Yisrael on Mount Sinai." Bamidbar 36:13: "These are the commandments and the ordinances that Hashem commanded through Moshe to the B'nai Yisrael in the Plains of Moab, at the Jordan, by Jericho."

What is the nuance here? What is the Torah hinting at here at the end of Shemot? To help find an answer you need to go right back to the beginning of the book about the genesis of the Jewish people, where we became a nation. "And these are the names of the Children of Israel who came to Egypt with Yaakov, each man and his household (u'beiso) came." [Shemot 1:1]. What is important here is that a nation per-se is not a conglomeration of millions of people. A nation – at least in the Jewish sense of the word – is a collection of families and their households. If we think back to the narrative of the Book of Shemot, we see this emphasis on the Bayis over and over again. For example, The Korban Pesach was brought together with one's family. "Thus, shall you say to the HOUSE (beis) of Yaakov..." 19:3]. The formation and strength of the Jewish nation is family by family making us a very tight unit.

Rav Shimson Raphael Hirsch notes the perfect symmetry between the first and last words of the book of Shemot and it is this reason, the book begins with the pasuk that accentuates that the Jewish people came down to Egypt – "each man with his HOUSEHOLD" and ends with the pasuk which highlights "the entire HOUSE of Israel."

We are only a nation by virtue of the fact that we are a nation of strong families. Long may it continue. Amen.

Good Shabbos

FORTHCOMING EVENTS.

This Shabbat 9th March | We welcome back **Rev Gary Newman** and his wife **Gillian**. This week's **Seudah Shilishit** is kindly sponsored by **Laura and Brian Burns** to welcome **Rev Gary & Gillian Newman** back to Westcliff.

Next Shabbat 16th March | We welcome back to Westcliff, **Ralph Schiller**.

PURIM 5779

Wednesday 20th March | Fast of Esther Fast begins 4:19am
Shacharit 8:30am. Mincha 1:45pm. Fast ends 7:01pm

Followed by Purim with Rabbi Mendel & Rebbetzin Chaya Raskin.
Ma'ariv 7pm *then* Reading of Megillah.
Refreshments, Hamantaschen & Fancy Dress!

Thursday 21st March | Purim Shacharit 8:30am *followed by* Reading of Megillah.
SJYC Youth event at 4:30pm, Reading of Megillah in the Talmud Torah – "The Buzz Has Got Talent" – and Fancy Dress for all the Youth, their families and the community with festive seudah. £3 per person.



Sunday 24th March 7.30pm | Emunah Film "Above and Beyond"

Jewish Community Centre, Cobham Rd. Donation £6.

Tickets from Rochelle Spector 01702 436991 or Marilyn Salt 07771 534155.

Tuesday 2nd April | WIZO trip to the new **Blockbuster Exhibition, Christian Dior:**

Designer of Dreams at the V&A Museum. Please contact Adrienne Moss, 01702 333004.

Thursday 4th April 8pm | Concert Series at SWHC presents Kibitz a six-piece Klezmer and

Eastern-European band. Tickets 07951 185933 / concertseries@swhc.org.uk

£10 members, £12 non-members. Free refreshments.

Sunday 7th April | Emunah Sponsored "Condiment" Walk from 9am.

Geoffrey Pepper & Stephen Salt are walking for Emunah along the seafront and back to the Jewish Community Centre in Cobham Road. Everyone is invited for a complimentary tasty Bagel Brunch at the Community Centre from approx. 1:15pm (***please confirm your attendance***) Food supplied by **the SWHC Kosher Shop at the Shul** – SWHC shomerim will be in attendance. Funds raised will go towards the Boys' Home in Afula in northern Israel. The home, built in the 1930s, ***is in desperate need of repair.***

To donate please go to: www.justgiving.com/fundraising/pepper4emunah or by cheque made payable to British Emunah Fund (please leave in an envelope in the Shul Office marked Emunah)

Shabbat 20th April 8pm 2nd Night Pesach | Communal Seder in Shul Hall in the company of Rabbi Geoffrey Hyman, who will be pleased to answer any Kashrut or Pesach related queries on 07976 433803. Register your interest now with the Shul Office.

Tuesday 13th August | Ladies Guild "On Your Feet" The life story of Gloria Estefan. If you have put your name down for tickets, please bring payment into the Shul Office in an envelope marked "Ladies Guild" for £42.50 pp plus £15 pp coach.