

## Just Kosher SWHC YOUR ONE STOP KOSHER SHOP

If you want to place an order for collection:

EMAIL [justkosherwhc@gmail.com](mailto:justkosherwhc@gmail.com) PHONE/TEXT 07780 449081

**OPENING HOURS:** Monday 10am-1pm Wednesday 10am-1pm  
Thursday 11am-5pm Friday 9am-1pm Sunday 9.30am-12.30pm

Orders for ALL GOODS for Thursday collection MUST be placed by **Monday 12 noon latest!**

## STONE SETTINGS

Sunday 12<sup>th</sup> May 10am **Joseph Aarons** (Late father of Michael Aarons) **Waltham Abbey**  
Sunday 19<sup>th</sup> May 12.30pm **Susan Finer** (née Harris) **Edgwarebury Lane**  
Sunday 19<sup>th</sup> May 2.30pm **Claire Linden** **Stock Road**

**Yahrzeits** *The SWHC community wish the following members, Long Life.*

*(Yahrzeits begin the night before the date below)*

**Shabbat – 11 May/6 Iyar** Mrs Josephine Strubel

**Sunday – 12 May/7 Iyar** Dr Gerald Peters, Mrs Linda Sanders

**Monday – 13 May /8 Iyar** Mr Paul Binder, Mr Myer Finegold, Mrs Sandra Royston

**Tuesday – 14 May /9 Iyar** Mrs Sylvia Shaw, Mrs Jackie Franks, Mrs Moira Dickson,  
Mr Anthony Gower, Mrs Linda Rubin, Mr Gerald Ward

**Wednesday – 15 May /10 Iyar** Mrs Stacey Lichtenfeld, Mrs Sharon Last,  
Mrs Sally Markovitch

**Thursday – 16 May /11 Iyar** Mrs Edna Stuart

**Friday – 17 May/12 Iyar** Mrs Miriam Goldman

**VISITING THE SICK** If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email [swhcf@gmail.com](mailto:swhcf@gmail.com) or call Janice on 07752874065 or the Shul Office on 01702 344900

## REGULAR EVENTS & NOTICES

<p><b>Shalom Friendship Club</b> "The Monday Club" Call Maurice 01702 351845</p>	<p><b>Bereavement Support Group</b> Monday 20<sup>th</sup> May <u>Change of Venue:</u> now at the home of Janice Steel Call Janice 07752 874065</p>	<p><b>AID Society Bridge</b> Sunday 2<sup>nd</sup> June Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p><b>Sunday Cheder</b> <a href="mailto:yael@moont.com">yael@moont.com</a></p>	<p><b>SJYC Youth Club - Thursdays</b> Ages 5-15 in the Talmud Torah</p>	<p><b>J.A.C.S. Wednesdays</b> 01268 771978</p>
<p><b>Shul Library</b> <a href="http://swhc.org.uk/facilities/library">swhc.org.uk/facilities/library</a> <a href="mailto:sonnykosky@blueyonder.co.uk">sonnykosky@blueyonder.co.uk</a> 01702 589105</p>	<p><b>Stock Rd Cemetery, SS2 5QF</b> Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p><b>Ladies Guild Kiddushim</b> Contact Sara Vandermolen on 01702 344900 <a href="http://swhc.org.uk/ladies-guild/#kiddush">swhc.org.uk/ladies-guild/#kiddush</a></p>
<p><b>Tree of Life - Shul Hall</b> Mark your Simcha with a leaf on the tree for £110</p>	<p><b>Newsletter Sponsorship</b> Contact the Shul Office £25 donation</p>	<p><b>Pop-In Shul Hall</b> Tuesday 21<sup>st</sup> May, 2-4pm Email Jan <a href="mailto:swhcf@gmail.com">swhcf@gmail.com</a></p>



11<sup>th</sup> May 2019 | 6 Iyar 5779

**Stanley Robinson**  
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*Gabbaim*

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**Facebook** [facebook.com/swhc.org.uk](https://facebook.com/swhc.org.uk)



*This week's Newsletter & Kiddush are generously sponsored by **Stanley Serkin**, who is celebrating his 80<sup>th</sup> Birthday. Mazel Tov!*

**Shabbat Shalom!**

*We are delighted to welcome all members and guests today. Everyone is invited to the Kiddush following the service.*

בס"ד



Newsletter No.1086

## SHABBAT KEDOSHIM

### FRIDAY NIGHT

Mincha then Kabbalat Shabbat 7:30pm  
Shabbat & Candle lighting 8:00pm

### SHABBAT DAY

Shacharit 9:30am  
Children's Service & Kiddush 11:00am  
Kiddush *after the main service*

*Mincha followed by*

Seudah Shlishit 8:15pm

Ma'ariv *when Shabbat ends* 9:40pm

## WEEKDAY SERVICE TIMES

### SUNDAY-THURSDAY

Shacharit 8:30am  
Mincha/Ma'ariv 8:00pm

### NEXT FRIDAY

Shacharit 8:30am  
Mincha then Kabbalat Shabbat 7:30pm  
Shabbat begins/candle lighting 8:00pm

Torah Reading	<b>Yosef Yehoshua Freylich</b>	Soncino Pg 723
Haftorah Kedoshim	<b>Stuart Pearl</b>	Soncino Pg 735
Anim Zemirot	<b>Saul Bebb</b>	Sacks Singers Pg 458

*If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.*

## THOUGHTS ON THIS WEEK'S PARSHA *from Jeremy Symons*

### **And you shall love your neighbour like yourself, I am G-d. (Vayikra 19; 18)**

The commandment to have love for fellow human beings is one of Judaism's most famous legacies to all mankind. The great Rabbi Akiva referred to it as a major principle of the Torah. His teacher Hillel, when confronted with a potential convert who wanted to be taught the whole Torah "while standing on one leg", responded with a variation on the theme: "That which is detested to you, refrain from doing to your friend."

The difficulty in the command of loving a neighbour comes with the word kamocho, "like yourself". Are we indeed supposed to give them everything that we have? Surely no love can approach the natural elemental power of self-love. How, then, can the individual be expected to love someone else as much as him or herself?

Remembering a shiur I once attended back in 2001, given by the late Rabbi Tauber who sadly passed away two weeks ago, he suggested that the command needs to be understood in a different way. Rabbi Tauber taught: The love that we have to have for our fellow, is defined by kamocho, "like you". This means the same sort of devotion that we expect from others towards us - The amount of devoted care and concern that we naturally expect from others that must serve as a yardstick of how much love we are to display for them. Loving our fellow does not extend to giving them everything that we possess; because that is not what we expect from our fellows to do for us. Ktav v'Hakabalah enumerates, in a non-exhaustive list, the actions of love and care that we would expect from others and expect them to do.

- (1) Be sincere and not be devious in their approach toward us;
- (2) Treat us with respect;
- (3) To enquire about our welfare;
- (4) To empathise with us in times of distress;
- (5) To receive us at all times with a smiling countenance;
- (6) To judge us and our actions favourably, not negatively;
- (7) To be prepared to put themselves out for us especially in our time of need, and finally;
- (8) To be willing to loan us items from time to time for however long they are required, on condition the items are returned back when finished with.

*Good Shabbos!*

**Seudah Shlishit** If anyone would like to sponsor a Seudah Shlishit for a Birthday, Anniversary etc. or to commemorate a Yahrzeit, kindly contact [geoffrey.pepper@hotmail.co.uk](mailto:geoffrey.pepper@hotmail.co.uk) (minimum donation £30).

## FORTHCOMING EVENTS

**This Shabbat 11<sup>th</sup> May** | We welcome again **Yosef Yehoshua Freylich** who will be leining for us.

**Sunday 5<sup>th</sup>-12<sup>th</sup> May | Jewish Women's Week** It is that time of the year when your smiling voluntary JWW Collector will be making you a visit! JWW is the only Jewish House to House Collection authorized by the Home Office. WIZO supports and cares for Israel's vulnerable children and families regardless of race, nationality and religion. Thank you in advance of your support. Jackie Kalms, Chairman Westcliff & District WIZO.

**Sunday 12<sup>th</sup> May | "Salt Beef & Latke Takeaway"** from "Just Kosher SWHC." Pre-order available only. **Come in to the shop and purchase a food voucher by Thursday, 9<sup>th</sup> May.** Salt Beef Sandwich & Pickle £7 each, Potato Latkes 50p each.

**Tuesday 17<sup>th</sup> May, 8pm | Southend Learning Circles** Led Mrs Sufrin of Chabad in association with SWHC. A joint ladies and gentlemen's circle at the home of Sarah and Mark Miller. For more info, contact Mrs Sufrin 020 8551 8604.

**Sunday 19<sup>th</sup> May | S&WHC AGM** 9:30am voting commences. 10:30am AGM commences.

**Thursday 23<sup>rd</sup> May | Lag B'Omer Barbeque (33<sup>rd</sup> day of the Omer.) 6-8pm** £10 Adults, £25 Family Ticket (2 Adults, 2 Children), £5 Children (Under 13). Live music, children's games and veggie options available. Book with the Shul Office by Sunday 19<sup>th</sup> May.

**Sunday 2nd June | CCJ** presents **The Persecution of Christians & Jews in the Middle East.**

**Venue:** Avenue Baptist Church, Milton Road, Westcliff, SS0 7PL. **Time: 3pm – 5pm**  
**Speakers:** Lyn Julius, Journalist and Author of "Uprooted" speaking on the persecution of Jews, Pastor Wagih Abdelmassih speaking on the persecution of Christians.  
For more information, contact Peter Baum or Jack de Metz

**Shabbat 8<sup>th</sup> June – Monday 10<sup>th</sup> June | Shavuot**

We have a very exciting programme planned for Shavuot with the welcome return of guest Rabbi, Dovid Sher (here last Sukkot).

**A MESSAGE FROM DAVE RAMET** With recent synagogue attacks around the world, security of our Shul is paramount. SWHC have their own CST volunteer security team, but we need more volunteers. We have a presence at the front door, the back gate, patrol the site and road outside. We employ paid security guards, but they do not know members of our Community and would not necessarily spot a visitor who would threaten our kehila. Please help us to secure our wonderful Shul and Community by volunteering. If you do not want to stand outside, there are other areas where you can help, including watching the security screens in the foyer and opening the foyer door as necessary. You will not be putting yourself at risk. If you can volunteer on a Shabbat morning for 30 minutes, please contact me, Michael Yaffe, the Shul Office or a member of our security team. We welcome your help and thank you in anticipation. *Dave Ramet 07946 650339.*

## - KIDZ KALENDAR -

The Kidz Kalendar is back for another year and starting to take entries. Any previous entries will continue unless informed otherwise. Please contact the Shul Office with your entries, amendments or questions as soon as possible. Calendar goes to print the second week of June.