

Just Kosher SWHC FOR ALL YOUR PESACH GOODS

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PESACH OPENING HOURS Thursday 18th April 10am-5pm, Friday 19th April 10am-1pm, Monday 22nd April (Bank Holiday) 10am-1pm, Tuesday 23rd April 10am-1pm, Wednesday 24th April 10am-1pm, Thursday 25th April 10am-1pm.

CLOSED: Sunday 21st April, Friday 26th April and re-open Sunday 28th April



CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

The family of the late **Boris Chajt**

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 20 April/15 Nisan Mr Howard Glyn, Mrs Betty Kosky, Mr Geoffrey Struminger

Sunday – 21 April/16 Nisan Mrs Marion Sussman, Mrs Simone Ridgewell

Monday – 22 April /17 Nisan Mrs Sylvia Shaw, Mr Lawrence Collins,

Mrs Alyce Alexander, Ms Pamela Kay, Mrs Frances Goldstein

Tuesday – 23 April /18 Nisan Mrs Yvette Eichen, Mrs Varda Peters

Wednesday – 24 April /19 Nisan Mrs Sylvia Shaw, Mr Sam Rakusen

Thursday – 25 April /20 Nisan Mr David Garston, Mrs Janet Levene, Mr Anthony Kanutin,

Mrs Helen Koppel, Mrs Felicia Lawrence, Mrs Carol Turansky

Friday – 26 April/21 Nisan Mrs Sonia Helper, Mrs Angela Klemer, Mrs Janice Linden,

Mrs Joy Harris, Mrs Diane Cohen, Mrs Jackie Jacks, Mr David Walters

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

Shalom Friendship Club "The Monday Club" Closed for Pesach Resumes 29 th April Call Maurice 01702 351845	Bereavement Support Group Monday 20 th May <u>Change of Venue:</u> now at the home of Florette Lieberman Call Janice 07752 874065	AID Society Bridge Sunday 5 th May Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289
Sunday Cheder Resumes after Pesach Sunday 5 th May yael@moont.com	SIYC Youth Club Ages 5-15 in the Talmud Torah Resumes after Pesach Thursday 2 nd May	J.A.C.S. Wednesdays Closed for Pesach Resumes 1 st May 01268 771978
Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105	Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST	Ladies Guild Kiddushim Contact Sara Vandermolen on 01702 344900 swhc.org.uk/ladies-guild/#kiddush
Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110	Newsletter Sponsorship Contact the Shul Office £25 donation	Pop-In Shul Hall Tuesday 21 st May, 2-4pm Email Jan swhcfc@gmail.com

20th April 2019 | 15th Nisan 5779

**Stanley Robinson
Geoffrey Pepper
Gabbaim**

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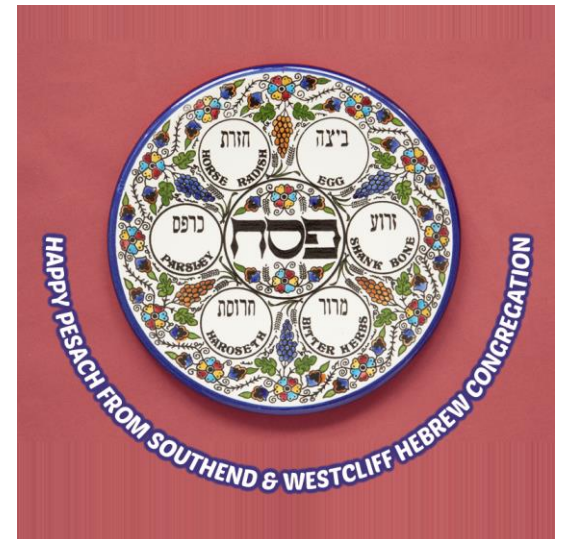
Website www.swhc.org.uk

Facebook facebook.com/swhc.org.uk



SHABBAT & PESACH

*Please see inside for all Shabbat, Pesach
& Weekday Service Times.*



Shabbat Shalom and Happy Pesach!

*We are delighted to welcome all
members and guests today.
Everyone is invited to the Kiddush
following the service.*

THE SHUL OFFICE WILL BE CLOSED ON:

Friday 19th April
Sunday 21st April
Monday 22nd April
Friday 26th April

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Stanley Serkin on his 80th Birthday

Mirella & Philip Walters on their Sapphire (45th) Wedding Anniversary

Edna Stuart on the birth of a great granddaughter

THOUGHTS ON PESACH *from Jeremy Symons*

A once highly renowned artist, who had unfortunately happened upon hard times, booked a session with a psychoanalyst. At their first meeting, the artist explained the reason behind why his work had dried up and found it difficult to find the inspiration to paint, "I have too much stress hanging over me. I need to have a clear, open and free mind to create; I have to be free to express myself. I have to be free to get up when I want, to do what I want to do. I can't be regimented; I have to be free!" The therapist replied, "That's all well and good. Just be careful you don't become a slave to your freedom."

In the Haggadah we proclaim: "Therefore we are obligated to appreciate, praise, laud, glorify, aggrandize, extol, bless, exalt, and acclaim the one who... brought us from... servitude (may'avdut) to freedom (cheirut)..."

While it is appropriate to give thanks to Hashem for removing us from servitude to Pharaoh, it is reasonable to ask "Does that make us truly free?" From the outset, G-d's directive to Pharaoh of "Let my people go" was inextricably attached to the stated reason: "So that they may serve me" (Shemot 9:13).

Too often we are slaves to our impulses, to our biases, to our habits, to our work. Adversity, both external and internal, may pursue us but it need not possess and overwhelm us.

This is the message of Pesach and what it represents. The Haggadah proclaims that Hashem is our "soul proprietor." Therefore, our mission is predicated on serving the Almighty. The Torah (Vayikra, 25:55) unequivocally states: "For the Children of Israel are servants to Me..."

Pesach reminds us that we have the ability to transcend our drives and our material circumstances and if we choose to, experience the liberation of our souls now, it will definitely make us all worthy of celebrating Pesach 'Next Year In Jerusalem' as free men and women.

Chag Sameach and Good Shabbos!

Slippers For The Mikvah.

If you are going on holiday and have hotel slippers that you are not going to use, please bring them into the Shul Office.

- KIDZ KALENDAR -

The Kidz Kalendar is back for another year and starting to take entries. Any previous entries will continue unless informed otherwise. Please contact the Shul Office with your entries, amendments or questions as soon as possible. Calendar goes to print the second week of June.

Cheder & SJYC are jointly providing an exciting day trip to the **Jewish Museum** on Sunday 9th June. 9.30am - 5.30pm. £7.50 per person, (2adults + 2 children under 15 - £20), including entrance, bagel lunch & travel. All are welcome to join us, space must be booked and paid to the Shul by Friday 17th May. Subsidised by The Kidz Kalendar. Please contact Barry - 07876685826 or Yael -07951 185933 for further details.

FORTHCOMING EVENTS

This Shabbat 20th April | Shabbat Pesach. We have pleasure in welcoming back guest **Rabbi Geoffrey Hyman** and his wife, **Michelle** who are spending Pesach with us. There is a Cholent Kiddush which has been kindly sponsored anonymously.

PESACH 5779 / 2019

Friday 19th April | Erev Pesach & Fast of First Born (*Bank Holiday - Shul Office Closed*)

Morning Service *followed by* Siyum & L'chayim for the firstborn 8:30am

Chametz can be eaten until 10:34am **Burning of Chametz until 11:45am**

Mincha *followed by* Ma'ariv 7:30pm

Shabbat / Yom Tov Pesach begins & Candle Lighting 7:41pm

Shabbat 20th April | 1st Day Pesach

Morning Service 9:30am

Haftarah: **Arnold Azulay** Musaf '*Tefilat Tal*' - *Prayer for Dew* 11:30am

followed by Kiddush which is sponsored anonymously

Mincha *followed by* Ma'ariv 7:40pm **2nd Night Communal Seder - Shul Hall 8:00pm**

Candle Lighting 8:58pm

The candles should not be lit before this time. Candles should be lit from an existing flame

Sunday 21st April | 2nd Day Pesach

Morning Service 9:30am

Haftarah: **Jeremy Symons**

followed by Kiddush

Mincha 7:50pm Ma'ariv & Yom Tov ends 9:00pm

CHOL HAMOED

Monday 22nd (*Bank Holiday - Shul Office Closed*) **Tuesday 23rd & Wednesday 24th April**

Morning Service 8:30am Mincha & Ma'ariv 7:55pm

Thursday 25th April | Erev Shevii Shel Pesach

Morning Service 8:30am

Mincha *followed by* Ma'ariv 7:50pm **Reminder: Eruv Tavshilin**

Candle Lighting 7:51pm

Friday 26th April | Erev Shabbat / Shevii Shel Pesach

Morning Service 9:30am Mincha *followed by* Ma'ariv 7:50pm

Haftarah: **Simon Belson**

followed by Kiddush

Candle Lighting 7:53pm

The candles must be lit by this time. Candles should be lit from an existing flame

Shabbat 27th April | Acharon Shel Pesach

Morning Service 9:30am 'Yizkor' Memorial Service approx. 11:15am

Haftarah: **Stephen Salt**

followed by Kiddush generously sponsored by **Mirella & Philip Walters.**

Mincha *followed by* Seudah Shlishit 7:50pm

Ma'ariv, Shabbat / Yom Tov ends **9:12pm**

Wednesday 1st May, 7pm | Yom HaShoah (begins Sundown) Guest Speaker **Evelyne Raphael.** Film Showing "**Forgotten Soldier**" & **Memorial Candle Lighting** to the 6 million who perished in the Holocaust. Free entry, no appeal.

Tuesday 7th May | Yom HaZicharon (begins Sundown)

Wednesday 8th May | Yom HaZicharon *leading into Yom Ha'atzmaut*

Sunday 12th May | "Salt Beef & Latke Takeaway" from "*Just Kosher SWHC.*"

Sunday 19th May | SWHC AGM 9:30am voting commences. 10:30am AGM commences.