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OPENING HOURS Monday 10am-1pm Wednesday 10am-1pm
 Thursday 11am-5pm Friday 9am-1pm Sunday 9.30am-12.30pm

Orders for ALL GOODS for Thursday collection MUST be placed by **Monday 12 noon latest!**



6th April 2019 | 1st Nisan 5779

YAHREZITS *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 6 April/1 Nisan Mrs Norma Ansell, Mrs Adrienne Moss, Mrs Natalie Rubin, Mrs Olga Chinn, Mrs Sylvia Shaw

Sunday – 7 April/2 Nisan Mrs Sheila Sekenofsky, Mr Trevor Raye, Mr Andrew Roth

Monday – 8 April /3 Nisan Mrs Tina Jacobs, Mr Sammy Charker, Mr Keith Fenton

Tuesday – 9 April /4 Nisan Mrs Janice Pitch, Mrs Pauline Patchick, Mr Andrew Shaw, Mrs Sylvia Shaw, Mrs Frances Goldstein

Wednesday – 10 April /5 Nisan Mr Geoffrey Woolf, Mrs Zena Keizer, Mr Colin Samuel

Thursday – 11 April /6 Nisan Mrs Mozelle Simmons, Mr Cyril Black, Mr Norman Hayeem, Mr Geoffrey Woolf

Friday – 12 April/7 Nisan Mrs Betty Young, Mrs Evelyn Assenheim, Mrs Janette Jacques, Mr Ben Jay, Mrs Sherry Jacobs, Mrs Bernice Abrahams, Mrs Wendy Secunda

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Shalom Friendship Club "The Monday Club" Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 15th April <u>Change of Venue:</u> now at the home of Sophie Zetter Call Janice 07752 874065</p>	<p>AID Society Bridge Sunday 7th April Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Sunday Cheder-Mock Seder 10am-12:15pm yael@moont.com</p>	<p>SJYC Youth Club Ages 5-15 in the Talmud Torah Resumes after Pesach</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Sara Vandermolen on 01702 344900 swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-in Shul Hall Tuesday 9th April, 2-4pm Email Jan swhcfc@gmail.com</p>

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This week's Newsletter is kindly sponsored by
Marilyn & Stephen Salt
as they celebrate their 52nd Wedding Anniversary.
Mazel Tov!



Shabbat Shalom! We are delighted to welcome all members and guests today. Everyone is invited to the special Cholent Kiddush following the service.

SHABBAT ROSH CHODESH

Tazria & HaChodesh

FRIDAY NIGHT

Shabbat begins/candle lighting 7:18pm
 Mincha *then* Kabbalat Shabbat 7:20pm

SHABBAT DAY

Shacharit 9:30am
 Children's Service & Kiddush 11:00am
 Kiddush *after the main service*

Mincha *followed by*

Seudah Shlishit 7:00pm
 Ma'ariv *when Shabbat ends* 8:32pm

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit 8:30am
 Ma'ariv 8:00pm

MONDAY - THURSDAY

Shacharit 8:30am
 Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
 Shabbat begins/candle lighting 7:30pm
 Mincha *then* Kabbalat Shabbat 7:30pm

Hallel		Eli Perry	Sacks Siddur pg 618
Psalm of the Day	Mizmor Shir	Eli Perry	Sacks Siddur pg 152
Psalm for Rosh Chodesh	Borchi Nafshi	Eli Perry	Sacks Siddur pg 154
Torah Reading/Leining		Dovid Chalk	Soncino pg 674
2 nd Sefer Torah	Rosh Chodesh	Dovid Chalk	Soncino pg 944 v.9-15
Maftir 3 rd Sefer Torah	HaChodesh	Dovid Chalk	Soncino pg 386 v. 1-20
Haftorah HaChodesh		Stephen Salt	Soncino pg 1195
Droscha		Yeshaya Hepner	
Musaf		Eli Perry	Sacks Siddur pg 432
Ata Yatzarta substitution prayer Amidah		Eli Perry	Sacks Siddur pg 440
Anim Zemiroth		Saul Bebb	Sacks Singers Pg 458

THOUGHTS ON THIS WEEK'S PARSHA *from Jeremy Symons*

The first of Nissan and the first of Tishrei mark the beginnings of the Jewish year. The solar aspect of our calendar beginning on Tishrei, represents 'The fixed laws of nature' mirroring the agricultural cycle and the commencement of the rainy season; whereas the lunar cycle, starting from the first of Nissan, symbolizes the ups and downs of our Jewish history reflecting on the supernatural aspect of being formed into a mighty nation and our constant survival through the numerous atrocities we have and continue to face in our lifetime. Even the name of the month, Nissan relates to the word 'Nes' (miracle), signifying the miraculous tenacity of our Jewish Race.

Because of our uniqueness, our Sages ordained that on the Shabbat before the month of Nissan or like this year Rosh Chodesh Nissan, we are to read what is known as Parsha HaChodesh, the commandment to sanctify the new moon and to establish Nissan as the first month of the year; a mitzvah so crucial that it is the first one given to the Jewish people.

As the lunar and solar years run on separate cycles, a leap month is added for seven of every nineteen years, harmonizing the two-yearly cycles. This means that this year it is Parsha Tazria that we read on Parsha HaChodesh. In order to find a possible connection between the two Parshas, you would only have to look to the first eight verses where the Torah is discussing the mitzvah of Bris Milah. While we generally associate this with our patriarch Avraham, the actual obligation for us today to perform this very special mitzvah is based on the command given with respect to a new mother; Meaning that both the covenant of an individual and the covenant of an entire nation must go hand in hand. This in my opinion is why we begin the Torah reading celebrating the birth of a child and end with the reading about the birth of a nation.

Even though the main focus of Parsha HaChodesh of sanctifying the new moon, the preparation and the eating of the Korban Pesach is totally dependent on Bris Milah, an uncircumcised person may not eat from it; There appears, however, to be nothing else linking the main theme of this Parsha (The mundane laws of the skin disease known as *Tzara'at*) with the grandeur of the exodus. Yet as so often happens, seemingly diverse components of the Torah complement one another beautifully. Let me demonstrate how!

The festival of Pesach is about nation-building whereas Tzara'at is seeking to destroy that very nation. Our Rabbi's teach that Tzara'at is the physical manifestation of a spiritual disease, caused by 'lashon hara', speaking negatively about others and the word 'Pesach', etymologically, can be divided into two words - Peh and Sach - the mouth speaks. The Seder experience on Pesach is one of telling the story of how we lived through the tyranny of living in Mitzraim and survived. Even the sanctification of the new moon was dependent on a verbal declaration. But if we unfortunately misuse Peh Sach, by speaking improperly, it could, Hashem forbid, lead to our demise.

Tzara'at can manifest itself in a home just as much also, which is why in preparation for Pesach, we must get rid from our home of anything leaven (euphemism for inflating ego's) which could end up causing a lot of unnecessary hurt and pain. It is in the privacy of our homes that the strength of our Jewish nation will remain intact and impervious to all the evil things happening around us. May Elijah the prophet fulfil Hashem's word of rebuilding the Beis Hamikdash in order that we can truly celebrate the festival of Pesach, next year in Jerusalem.

Good Shabbos

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Caroline Newman on the marriage of her brother, Rabbi Yisroel Newman to Sara Kahan (New York)

Royston Keizer celebrating his 90th Birthday

Rev Gary and Mrs Gillian Newman on the birth of a granddaughter, Sophia Miriam

FORTHCOMING EVENTS.

This Shabbat 6th April | Cholent Kiddush generously sponsored by **Marilyn & Stephen Salt** on the occasion of their 52nd Wedding Anniversary.

We have pleasure in welcoming back **Dovid Chalk (Leining), Eli Perry (Chazan) & Yeshaya Hepner (Drasha)** from Gateshead Talmudic Centre and Israel, who will be leading all the services over Shabbat.

Sunday 7th April | Emunah Sponsored "Condiments" Walk from 9am.

Geoffrey Pepper & Stephen Salt are walking for Emunah and then back to the Jewish Community Centre for a complimentary Bagel Brunch from approx. 1:15pm (**please confirm your attendance**) Food supplied by "**Just Kosher SWHC.**" Funds raised will go towards the Boys' Home in Afula. To donate please go to:

www.justgiving.com/fundraising/pepper4emunah or by cheque made payable to British Emunah Fund (please leave in an envelope in the Shul Office marked Emunah).

Next Shabbat 13th April | Shabbat HaGadol. We welcome back guest

Rabbi Geoffrey Hyman & his wife, Michelle. Rabbi Hyman will be leading the services over Shabbat.

Shabbat 20th April 8pm 2nd Night Pesach | Communal Seder in the company of **Rabbi Geoffrey Hyman & his wife, Michelle**, who will be joining us for the whole of the Pesach period. Rabbi Hyman will be pleased to answer any Kashrut or Pesach related queries on 07976 433803.

Wednesday 1st May, 7pm | Yom HaShoah (begins Sundown) Guest speaker

Evelyne Raphael, film showing and Memorial Candle Lighting to the 6 million who perished in the Holocaust.

Tuesday 7th May | Yom HaZicharon (begins Sundown)

Wednesday 8th May | Yom HaZicharon leading into Yom Ha'atzmaut celebrating 71 years of Israel's independence. Entertainment from Yossi Yoffe and Shirim Ladies Choir. Donation Adults £10 (Children Free) which includes "Sass's Famous Falafel". Grand Raffle on the night. All proceeds go to the British Friends of Israel War Disabled. Tickets from Shul Office or Marilyn Salt.

Sunday 12th May | "Salt Beef & Latke Takeaway" from "**Just Kosher SWHC.**"

Sunday 19th May | SWHC AGM 9:30am voting commences. 10:30am AGM commences.

Thursday 23rd May | Lag B'Omer Barbeque

SEUDAH SHLISHIT: If you would like to sponsor a Seudah for a birthday, anniversary or Yahrzeit, please contact Geoffrey Pepper.