

Just Kosher SWHC YOUR ONE STOP KOSHER SHOP

If you want to place an order for collection:

EMAIL justkosherswhc@gmail.com PHONE/TEXT 07780 449081

OPENING HOURS: Monday 10am – 1pm Wednesday 10am – 1pm
Thursday 11am – 5pm Friday 9am – 1pm Sunday 9:30am – 12:30pm

Orders for ALL GOODS for Thursday collection MUST be placed by Monday 12 noon latest!



Newsletter No.1091

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

The family of the late **Henry Harris**.

YAHREZITS *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 15 June/12 Sivan Mrs Yvette Eichen, Mr Jeffrey Freedman, Mr Steven Hodis, Mrs Sylvia Bennett, Mrs Janice Langsman, Mrs Rochelle Spector, Mr Barry Riseman

Sunday – 16 June/13 Sivan Mrs Adele Ramet, Mr Leslie Royston, Mrs Lila Jacobs, Mrs Jane Lipner

Monday – 17 June /14 Sivan Mr Dennis Baum, Mr Colin Baum, Mrs Dena Whitehead, Mrs Lillian Montsash, Mrs Kay Grice, Mrs Amanda Dobkins

Tuesday – 18 June /15 Sivan Mrs Sandra Symons, Mr Jeffrey Greenstein,

Mrs Maureen Elman, Mr Cedric Jacobs, Mr Stuart Jacobs, Mr Keith Jacobs

Wednesday – 19 June /16 Sivan Dr Arnold Azulay, Mrs Sheila Leigh, Mrs Ruth Rubins

Thursday – 20 June /17 Sivan Mrs Diane Franks, Mrs Adrienne Sussman,

Mr Lionel Cordell, Mr Gerry Russell, Mr Philip Walters

Friday – 21 June/18 Sivan Mr Jeffrey Barcan, Mrs Jackie Franks, Mrs Marylyn Solomon

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcf@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Shalom Friendship Club "The Monday Club" Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 24th June at the home of Norman Karobik Call Janice 07752 874065</p>	<p>AID Society Bridge Sun, 7th July Thorpe Bay Bridge Club. Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Cheder This Sunday 10:15am-12:15pm mossadrienne@outlook.com</p>	<p>SIYC Youth Club - Thursdays Ages 5-15 in the Talmud Torah</p>	<p>J.A.C.S. Wednesdays 01268 771978</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Sara Vandermolen on 01702 344900 swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-In Shul Hall Tuesday 18th June, 2-4pm Email Jan swhcf@gmail.com</p>

15th June 2019 | 12 Sivan 5779

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*This week's Newsletter is
Kindly sponsored by Yvette,
Bernice, Alison & Myra in
commemoration of
Hymie Eichen's Yahrzeit.
The light is still burning bright.
Shalom!*



Shabbat Shalom! We are delighted to welcome all members and guests today
Everyone is invited to the Kiddush generously sponsored by Angela & Gerry Russell. Mazel Tov!

SHABBAT NASO

FRIDAY NIGHT

Mincha *then* Kabbalat Shabbat 7:30pm
Shabbat & Candle lighting 8:00pm

SHABBAT DAY

Shacharit 9:30am
No children's service this week
Kiddush *after the main service*

Mincha *followed by*
Seudah 9:00pm
Ma'ariv *when Shabbat ends* 10:33pm

WEEKDAY SERVICE TIMES

MONDAY-THURSDAY

Shacharit 8:30am
Mincha/Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
Mincha *then* Kabbalat Shabbat 7:30pm
Shabbat begins/candle lighting 8:00pm

Torah Reading	Tzvi Chaim Freylich & Yosef Yehoshua Freylich	Soncino Pg 814
Haftorah Naso	Michael Rabinovitch	Soncino Pg 835
Anim Zemirov	Saul Bebb	Sacks Singers Pg 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THOUGHTS ON THIS WEEKS PARSHA *from Jeremy Symons*

Tucked away in the midst of a variety of episodes and laws of this weeks' Torah portion are the priestly blessings -- five verses that shine an encouraging light in the midst of a difficult Sedra. These priestly blessings are well known to many of us. "May Hashem bless you and keep you. May Hashem shine his countenance on you and be gracious to you. May Hashem lift his countenance upon you and establish you in peace. (Numbers 6:24-26)"

Less celebrated, however, are the few verses that appear immediately before and after the actual blessings. "Thus shall you bless the children of Israel, speak to them." What is the importance - even the meaning -- of the extra words, "speak to them"? After Hashem charges the priests with the actual verses of blessing, He ends with an additional command. "Place My name upon the children of Israel and I shall bless them." Again, the verse leaves us wondering - of course, it is Hashem who blesses us ultimately but what does His name have to do with it? Didn't He just prescribe the formula? Why aren't the three verses enough to spur Hashem's blessings? To help find an answer there is the story about a non-religious Jewish couple who lived in Israel along with their two children, none of whom cared about the importance of Jewish Traditions and values. They did not even attend Shul on Yom Kippur, let alone keep Shabbat or even think of eating Kosher.

One day, it came to a local Rabbi's attention that this couple had decided to emigrate because they felt the land of Israel was definitely too Jewish for them and did not fit in. The Rabbi felt very responsible for not encouraging and bringing this fine, perfect little family closer to the Torah and wanted to convince them to stay. So, he asked his Rebbetzin for advice. 'What can I do in order to help this couple reattach and bring themselves back to Judaism?' The Rebbetzin just smiled, placed her hand on the Rabbi's shoulder and whispered, "Do absolutely nothing!"

The Rabbi just stood there shocked and confused as his wife continued. "Whenever you see them, just be nice. Never miss a 'good morning' or a 'good afternoon'. Always enquire on how their children are and take an interest in the things they like to do. Above all don't show your concerns and guilty feelings you have towards them. Just be friendly and I'll guarantee, they'll change their minds and stay and who knows become more observant Jews while they're at it."

Adhering to the advice, the Rabbi begun inviting the couple round for meals, allowed his own boys to play together with the couple's children. Had discussions about politics, gardening, even taking interest in their local football team. In fact, He talked about many topics except for one - religion. The Rabbi was therefore surprised, when only after a few months had passed, the Couple asked him where the closest Synagogue was as they had decided, as Rosh Hashanah was fast approaching, they wanted to attend the service to hear the shofar. The Rabbi was even more amazed when days later they then asked for his help in building a Sukkah and excitedly informed him they had scrapped their plans of moving abroad and wanted to remain where they were, living in Israel because everywhere else they realised would be too gentile for them.

Before this week's Parsha enumerates the actual blessings, the Torah teaches us the true way to bless Jews - speak to them. The words, "speak to them" may be more important than the actual priestly blessings themselves. Just like the Torah says 'When Hashem's name is placed upon His nation, then blessings are sure to follow. 'A smile, a hello, a Good Shabbos, or Shabbat Shalom may be the key to forging a different attitude to an otherwise sceptical Jew. To paraphrase Neil Armstrong who reached great heights, by being the first man on the moon "One small word to man can produce giants for mankind." The true blessing does not come from theological incantations; it comes from the simplest of things - politeness, compassion and smiles.

Good Shabbos

A huge Thank You to our wonderful Ladies Guild for decorating our Shul, once again, so beautifully.

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Mrs Evelyn Shear on her 85th Birthday

Helene & Melvyn Rosehill on their 55th (Emerald) Wedding Anniversary

Pamela & Melvyn Diskin on their 50th (Golden) Wedding Anniversary

Teri & Maurice Arkus and Marlene & Paul Binder on the birth of a granddaughter, born to **Linzi & Michael Binder**.

FORTHCOMING EVENTS

Shabbat 15th June | The Kiddush this week is generously sponsored by **Angela & Gerry Russell** in celebration of their 55th (Emerald) Wedding Anniversary. Mazeltov!

Shabbat 29th June | Armed Forces Day This Shabbat the Kiddush is generously sponsored by **Sue & Michael Konyn** in celebration of **Michael's 85th Birthday**.

Shabbat 13th July | AID Society Shabbat Please come and support the Aid Society committee. All funds raised locally, stay local, helping vulnerable Jewish people in the town.

Sunday 14th July 11am-1pm | Salt Beef & Latke Takeaway from "Just Kosher SWHC" Pre-order available only. Come into the Shop and purchase a food voucher. Salt Beef Sandwich (6 slices of meat inside!) with Pickle £7 each, Potato Latkes 50p each.

Sunday 14th July 7pm for 7.30pm | Aid Society Sing Along Bingo at Southend & Westcliff Jewish Community Centre £10pp Tickets from Marcia Goldberg 07887847482 / Geoff Cohen 07969991209 (Not under SWHC Kosher Supervision)

FUTURE DATES

Shabbat 20th July | Saul Bebb Barmitzvah

Sunday 21st July | Fast of Tammuz

Shabbat 27th July | Lewis Briggs Barmitzvah / Stewart Somers Birthday Celebration

Seudah Shlishit If anyone would like to sponsor a Seudah Shlishit for a Birthday, Anniversary etc. or to commemorate a Yahrzeit, kindly contact geoffrey.pepper@hotmail.co.uk (minimum donation £30).