

Just Kosher **SWHC** YOUR ONE STOP KOSHER SHOP

If you want to place an order for collection:

EMAIL justkosherwhc@gmail.com PHONE/TEXT 07780 449081

Sunday & Monday CLOSED FOR SHAVUOT

OPEN : **Tuesday 10am-1pm** Wednesday 10am-1pm Thursday 11am-5pm
Friday 9am-1pm Sunday 9.30am-12.30pm

Orders for ALL GOODS for Thursday collection MUST be placed by **Tuesday 12 noon latest!**



8th June 2019 | 5 Sivan 5779

Geoffrey Pepper
Maurice Symons
Gabbaim

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This week's Kiddush is in honour of your new Board of Management. Please come and support them. Mazeltov!



Shabbat Shalom! We are delighted to welcome all members and guests today and on Shavuot. Everyone is invited to the Kiddush following the service.

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 8 June/5 Sivan Mr Tony Dix, Mr Michael Franks, Mr Martin Franks, Mrs Sylvia Wand, Mr Leslie Lesser

Sunday – 9 June/6 Sivan Mr David Alexander, Mr Leslie Kleinman, Mr Simon Belson, Mr Seth Belson, Mrs Laura Burns, Miss Barbara Clements, Mrs Marion Sussman

Monday – 10 June /7 Sivan Mr Anthony Green, Mrs Joan Green, Mrs Roberta Silver

Tuesday – 11 June /8 Sivan Mr Martin Franks, Mr Michael Franks, Mrs Betty Kosky, Mrs Jeanette Cohen

Wednesday – 12 June /9 Sivan Miss Diana Denny, Mr Anthony Jacks

Thursday – 13 June /10 Sivan Mr Melvyn Diskin, Mrs Sheila Byrne

Friday – 14 June/11 Sivan Mrs Caron Brandajs, Mrs Margaret Althasen, Mrs Norma Ansell, Mrs Phyllis Fenton, Mrs Laura Lane, Mrs Sylvia Woolf

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICE

| | | |
|---|--|--|
| <p>Shalom Friendship Club "The Monday Club" Call Maurice 01702 351845</p> | <p>Bereavement Support Group Monday 24th June at the home of Norman Karobik Call Janice 07752 874065</p> | <p>AID Society Bridge Sun, 7th July Thorpe Bay Bridge Club. Call Geoff Cohen 339601 or Jan Linden 343289</p> |
| <p>No Cheder This Sunday mossadrienne@outlook.com</p> | <p>SJYC Youth Club - Thursdays Ages 5-15 in the Talmud Torah</p> | <p>J.A.C.S. Wednesdays 01268 771978</p> |
| <p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p> | <p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p> | <p>Ladies Guild Kiddushim Contact Sara Vandermolen on 01702 344900 swhc.org.uk/ladies-guild/#kiddush</p> |
| <p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p> | <p>Newsletter Sponsorship Contact the Shul Office £25 donation</p> | <p>Pop-In Shul Hall Tuesday 18th June, 2-4pm Email Jan swhcfc@gmail.com</p> |

SHABBAT BAMIDBAR

FRIDAY NIGHT

Mincha *then* Kabbalat Shabbat 7:30pm
Shabbat & Candle lighting 8:00pm

SHABBAT DAY AND SHAVUOT

Shacharit 9:30am
Children's Service & Kiddush 11:00am
Kiddush *after the main service*

Mincha *followed by*
Seudah Tikun Leil 8:45pm

**Ma'ariv when Shabbat ends
and Shavuot begins 10:29pm**

WEEKDAY SERVICE TIMES

SUNDAY & MONDAY Shavuot

See inside for service times

TUESDAY - THURSDAY

Shacharit 8:30am
Mincha/Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
Mincha *then* Kabbalat Shabbat 7:30pm
Shabbat begins/candle lighting 8:00pm

**THE SHUL OFFICE WILL BE CLOSED ON:
Sunday 9th & Monday 10th June (Shavuot)**

| | | |
|---|---|----------------------|
| Torah Reading | Rabbi Dovid Sher & Samuel Fine | Soncino Pg 793 |
| Haftorah Bamidbar | Lord Gold | Soncino Pg 810 |
| Anim Zemirot | Saul Bebb | Sacks Singers Pg 458 |
| <i>If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.</i> | | |

THOUGHTS ON THIS WEEKS PARSHA *from Jeremy Symons*

This week's Parsha, which begins the fourth book of the Torah Bamidbar, starts with Hashem commanding Moshe to take a census of the Jewish people.

Lord (Rabbi) Jonathan Sacks asks the question: If counting devalues the importance of the uniqueness of each individual which is an extremely important principle in Judaism, why did Hashem want a census taken in the first place?

Lord Sacks answers this question by proving that Hashem actually does still place an importance on each individual member of our Jewish race when counting them. He explains that this is why, when Hashem commands Moshe to count B'nai Yisroel he tells him to do this while "lift[ing] up the heads" of the Jewish people when counting them (Bamidbar 1:2). The reason for lifting up their heads, explains Lord Sacks, is to give them the confidence that each of them has the ability to contribute to society as a whole through their own unique gifts and talents. However, Lord Sacks stresses; realizing one's individual potential should be done only as seeing yourself as contributing to others beyond oneself as well.

Like our ancestors in the wilderness when they were being tallied up, we too must remember that every one of us counts and has something to offer the Jewish people and the world as a whole.

May we take this lesson into the upcoming holiday of Shavuot where we celebrate the giving of the Torah which our ancestors did, according to Rashi, 'As one man with one heart', a united Jewish people. Once we do that we can also serve as a light unto the nations, being a role model for the rest of the world.

Good Shabbos

THANK YOU! Maurice & Sandra Symons would like to thank their family, friends & the community for their cards, gifts & kind wishes on the occasion of Maurice's 75th birthday.

Seudah Shlishit If anyone would like to sponsor a Seudah Shlishit for a Birthday, Anniversary etc. or to commemorate a Yahrzeit, kindly contact geoffrey.pepper@hotmail.co.uk (minimum donation £30).

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Jackie & Martin Neidus on their **Diamond (60th) Wedding Anniversary**

Riva & Andrew Shaw on their **Coral (35th) Wedding Anniversary**

Barbara & Jerrald Nathan on their **Pearl (30th) Wedding Anniversary**

Hazel & Ivor Rose on the birth of a grandson, a son for **Suzanne & Arden Hart**. Nephew to Laurence Rose!

Rod Levin on the birth of a grandson, a son for **Ben & Tal Levin** in Israel.

FORTHCOMING EVENTS

SHAVUOT 5779

Shabbat 8th – Monday 10th June | We welcome the return of guest **Rabbi Dovid Sher & his Rebbetzin, Hannah**. **Rabbi Sher** delivered some inspirational sermons during his visit here last Sukkot.



Shabbat 8th June Erev Shavuot | Board of Management Shabbat & Kiddush

Shacharit 9:30am Torah Reading: **Rabbi Dovid Sher** and **Samuel Fine**

Shabbat Mincha 8:45pm *followed by Seudah Tikun Leil*, a programme of learning for Men & Women with refreshments, cheesecake and guest speakers.

Motzei Shabbat **1st Night Shavuot Shabbat ends and start of Shavuot**

Candle lighting 10:29pm (candles may not be lit before this time) Ma'ariv 10.29pm

Sunday 9th June | 1st Day Shavuot

Shacharit 9:30am Torah Reading: **Rabbi Dovid Sher** and **Samuel Fine**

Haftorah: Arnold Azulay

Reading of the Ten Commandments approx 10:30am

Children's Service 11am followed by a special Ice-Cream Kids Kiddush!

"Ten Commandments" Finger Buffet, Cheesecake & Ice Cream Kiddush when service ends.

Rebbetzin Hannah Sher will be our Guest Speaker at the finger buffet.

Mincha/Ma'ariv 7:30pm

Candle lighting 2nd Day 10:30pm

Monday 10th June | 2nd Day Shavuot

Shacharit 9:30am Torah Reading: **Rabbi Dovid Sher** and **Samuel Fine**

Haftorah: Stephen Marcon

Yizkor approx 11:30am

Community Cheesecake Kiddush when service ends.

Mincha 9:15pm

Ma'ariv 10:31pm when Yom Tov Ends

Shabbat 15th June The Kiddush will be generously sponsored by **Angela & Gerry Russell** who are celebrating their **Emerald (55th) Wedding Anniversary**.

Sunday 14th July 11am-1pm "Salt Beef & Latke Takeaway" from "Just Kosher SWHC."

Pre-order available only. Come into the Shop and purchase a food voucher.

Salt Beef Sandwich (6 slices of meat inside!) with Pickle £7 each, Potato Latkes 50p each.

Sunday 14th July 7pm for 7.30pm Aid Society Sing Along Bingo at Southend & Westcliff Jewish Community Centre £10pp Tickets from Marcia Goldberg 07887847482/Geoff Cohen 07969991209 (Not under SWHC Kosher Supervision)