



13th July 2019 | 10 Tammuz 5779

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Jeffrey Green on the loss of his sister, **Barbara Miller**

STONESETTINGS *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 4th August 3.15pm **Jack Goldstein**

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 13 July/10 Tammuz** Mrs Spencer Levitan
- Sunday – 14 July/11 Tammuz** Mrs Frances Finegold, Mrs Audrey Barcan, Mrs Phyllis Fenton, Mr Michael Lee, Mr Derek Lee, Mrs Rosalind Cohen, Ms Pamela Kay
- Monday –15 July /12 Tammuz** Mrs Sheila Leigh, Mrs Frances Goldstone, Mr Allan Sholem
- Tuesday – 16 July/13 Tammuz** Ms Teresa Capp, Mrs Wendy Secunda,
- Wednesday – 17 July/14 Tammuz** Mrs Carol Turansky, Mrs Sheila Matthews
- Thursday – 18 July/15 Tammuz** Mrs Pamela Diskin, Mrs Sonia Scott, Mr Sasson Zecharia
- Friday – 19 July/16 Tammuz** Mrs Marion Jones, Mr David Plaskow, Mrs Susan Baker, Mrs Barbara Barnett, Mr Philip Walters

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Shalom Friendship Club "The Monday Club" Social club with card games. Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 22nd July at the home of Sophie Zetter Call Janice 07752 874065</p>	<p>AID Society Bridge Sun, 4th August Thorpe Bay Bridge Club. Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Cheder Monday 5pm – 6.30pm mossadrienne@outlook.com</p>	<p>SJYC Youth Club - Thursdays Ages 5-15 in the Talmud Torah yael@moont.com</p>	<p>J.A.C.S. Wednesdays 01268 771978</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Sara Vandermolen on 01702 344900 swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-In Shul Hall Tuesday 16th July 2-4pm Email Jan swhfc@gmail.com</p>

Geoffrey Pepper
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*This week's Newsletter is kindly sponsored by **Rosalind & Geoffrey Cohen** in celebration of their eldest grandson, **Charlie's** Barmitzvah in Borehamwood Shul last week. Mazel Tov also to parents Jenny (née Cregor) & Simon, and sister Josie.*



Shabbat Shalom! *We are delighted to welcome everyone today. If visiting, please make yourself known to the Wardens and the Shul Board of Management. Everyone is invited to the Kiddush following the service.*

SHABBAT CHUKAT

- FRIDAY NIGHT**
- Mincha *then* Kabbalat Shabbat 7:30pm
 - Shabbat & Candle lighting 8:00pm
- SHABBAT DAY**
- Shacharit 9:30am
 - Children's Service 11:00am
 - Kiddush *after the main service*
 - Mincha *followed by*
 - Seudah Shlishit 8:45pm
 - Sponsored Anonymously
 - Ma'ariv *when Shabbat ends* 10:22pm

WEEKDAY SERVICE TIMES

- MONDAY-THURSDAY**
- Shacharit 8:30am
 - Mincha/Ma'ariv 8:00pm
- NEXT FRIDAY**
- Shacharit 8:30am
 - Mincha *then* Kabbalat Shabbat 7:30pm
 - Shabbat begins/candle lighting 8:00pm

Seudah Shlishit If anyone would like to sponsor a Seudah Shlishit for a Birthday, Anniversary etc. or to commemorate a Yahrzeit, kindly contact geoffrey.pepper@hotmail.co.uk

Torah Reading	Yosef Freylich	Soncino Pg 898
Haftorah Chukat	Geoffrey Cohen	Soncino Pg 911
Anim Zemirov	Saul Bebb	Sacks Siddur Pg 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

THOUGHTS ON THIS WEEK'S PARSHA *from Jeremy Symons*

In this weeks' Sedra, we not only lose one of our greatest influential Jewish figures of all time but two - and to make matters worse we also read about the demise and fate of a third, all because of one defining incident. Of course, I am referring to the deaths of Miriam and Aaron and the looming end of Moshe's reign as the greatest leader who ever lived. After the events of the Meraglim (spies) and Korach's rebellion, you could have easily thought things were returning back on track. So, what went wrong?

Even though Hashem decreed that because of their consistent grumbling and lack of faith, not one of the first generation of B'nai Yisrael who had been freed from captivity and left Mitzraim, would be allowed to enter the Promised Land. Surely with all the merits under her belt and the important role she played in Moshe's early life ensuring his survival, Miriam would also have been excluded along with Yehoshua ben Nun and Caleb, from this terrible fate. But this wasn't the case. Why?

To get a better understanding you first have to delve into Hashem's reasoning of why both Aaron and Moshe forfeited their chance to not only lead the Jewish nation into the land of Israel but to enter it at all. Hashem said, 'Because you did not trust in me enough to honour me as holy in the sight of the Israelites, you will not bring this community into the land I give them.' (Bamidbar chapter 20, verse 12) The act of striking the rock instead of speaking to it, in Hashem's eyes, especially from a man of stature like Moshe; was an act of defiance and would not be tolerated nor overlooked and needed to be punished accordingly. Despite living the vast majority of his life in devoted servitude towards Hashem's calling and providence, it still wasn't enough to save him.

In a similar vein, this happened to Miriam too. It just took one misjudgement call on her part to undo everything good she had done previously. Miriam had taken it upon herself to criticise Moshe for first marrying a Cushite woman and then neglecting his marital duties towards her. What Miriam did not realise at the time was that this criticism was aimed at Hashem too because in effect she was questioning his motives of choosing Moshe to be B'nai Yisrael's leader. In his anger, Hashem inflicted Miriam with Tzara'at (leprosy) as a punishment. Even though Moshe interceded and prayed on his sister's behalf to be healed, once again the damage had already been done and just like her two brothers, she was now also refused entry into the Promised Land.

Both Miriam and Moshe had an opportunity to show the people of Israel what it meant to live in love as a servant of Hashem without complaint and, for most of their lives they did, but unfortunately they both ended up in failure. We, too, have opportunities to show the grumblers and complainers around us what it is to be a servant of Hashem wholeheartedly. With Hashem's help and guidance, allow us to draw them closer to him through love and servitude and not be drawn away from Hashem ourselves by our own misdeeds.

Good Shabbos

Just Kosher SWHC EAT WELL FOR LESS!

If you want to place an order for collection:

EMAIL justkosherwhc@gmail.com **PHONE/TEXT** 07780 449081

OPENING HOURS: Monday 10am – 1pm Wednesday 10am – 1pm
Thursday 11am – 5pm Friday 9.30am – 1pm Sunday 9:30am – 12:30pm

Orders for ALL GOODS for Thursday collection MUST be placed by Monday 12 noon latest!

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Lionel Barnett on his **90th Birthday**

FORTHCOMING EVENTS

This Shabbat 13th July | AID Society Shabbat Please come and support the Aid Society committee. Funds raised locally, stay local, helping vulnerable Jewish people in the town. The Kiddush is sponsored anonymously.

Sunday 14th July 11am-1pm | Salt Beef & Latke Takeaway from *"Just Kosher SWHC"* Pre-order available only. Come into the Shop and purchase a food voucher. Salt Beef Sandwich (6 slices of meat inside!) with Pickle £7 each, Potato Latkes 50p each.

Sunday 14th July 7pm for 7:30pm | AID Society Sing Along Bingo at Southend & Westcliff Jewish Community Centre £10pp Tickets from Marcia Goldberg 07887847482 / Geoff Cohen 07969991209 (Not under SWHC Kashrut Supervision).

Wednesday 17th July, 8pm | Southend Learning Circles Led by Rabbi Aryeh Sufrin MBE and Mrs Sufrin of Chabad in association with SWHC. Venues TBA, to volunteer to host an evening or for more info, contact Mrs Sufrin 020 8551 8604.

Shabbat 20th July | Barmitzvah of Saul Bebb Welcoming back Rabbi Aryeh and Mrs Devorah Sufrin. The Kiddush and Seudah Shilishit will be generously sponsored by the Bebb Family.

The Three Weeks begins 21st July | Fast of Tammuz - Fast begins 2:26am Fast ends 9:55pm. The 17th Tammuz is a Fast day commemorating the breach of the walls of Jerusalem before the destruction of the Second Temple and marks the beginning of the three-week mourning period, leading up to Tisha B'Av.

Shabbat 10th Aug | Tisha B'Av - Fast of Av. Mincha 8:00pm Fast begins 8:29pm during Shabbat. Ma'ariv 9:29pm when Shabbat ends, followed by Eicha.

Sunday 11th Aug | Shacharit 8:30am followed by Kinot and explanatory insights. Mincha/Ma'ariv 8:00pm. Fast ends 9:15pm. Mourning the destruction of both Temples and other disasters in Jewish History. **Shul Office will be closed.**

Talmud Torah Activities ****NEW****

From September 2019, we are delighted to announce new activities for the whole community taking place in the Talmud Torah. If you are interested in any of the classes below, and have not yet contacted the Shul Office, please do so as soon as possible. Telephone: 01702 344900 or email shuloffice@swhc.org.uk

Day	Weekly Classes	Start Date	Time	Cost
Monday	Pilates <i>with Joggy</i>	9 th September	1pm – 2pm	£5 per class
Tuesday	Drawing & Art <i>with Rosalind</i>	10 th September	1pm – 3pm	£5 per class
Wednesday	Ivrit <i>with Lital</i>	23 rd October	1pm – 2pm	£5 per class