



23 December 2017 | 5 Tevet 5778

Rabbi Binyamin Bar
Rabbi

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Gabbaim

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*This week's newsletter is kindly sponsored by **Diane Franks, Sidney Austin** and the **Thorn family** in celebration of **Jack's Bar Mitzvah**.
Mazel Tov!*



We are delighted to welcome all members and guests/visitors today. Everyone is invited to the Kiddush after the service which we hope you will enjoy.

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Susan Aarons, David Conway and **Michael Joseph** on the loss of a mother and sister,
Nita Conway

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 23 December / 5 Tevet** Mrs Josephine Strubel, Mr Jeffrey Greenstein
Sunday – 24 December / 6 Tevet Mrs Terrie Levene, Mr Neville Peters, Mrs Myra Polins, Mr Geoffrey Struminger
Monday – 25 December / 7 Tevet Mr Ronald Roback
Tuesday – 26 December / 8 Tevet Mr Ronnie Blacker, Miss Lorraine Blacker, Mr Henry Harris, Mr Simon Luton, Mrs Judith O'Brart, Mrs Josephine Pitch, Mr Malcolm Pitch, Mr Stuart Pitch
Wednesday – 27 December / 9 Tevet Mrs Carol Gedda, Miss Bertha Morris, Mr Geoff Newman, Mr Jeffrey Phillips
Thursday – 28 December / 10 Tevet Mrs Benita Speck, Mrs Nita Marcus, Mrs Christine Leeding, Mr Ray Turner
Friday – 29 December / 11 Tevet Mrs Elise Levy, Mr Alan Wand

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

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| <p>Monday Club Resumes 15th January Social club with card games 11:45 - 3:30pm, Shul Hall Call Maurice 01702 351845</p> | <p>Bereavement Support Group Monday 29 January At the home of Martin Dorne Call Janice on 07752 874065</p> | <p>Board Of Deputies Sponsors sought for an additional delegate. Donations to the Shul Office</p> |
| <p>Cheder Classes Resume Tuesday 9th January rabbibar@gmail.com</p> | <p>AID Society Bridge 7 Jan Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p> | <p>Pop-In Talmud Torah Tuesday 23 Jan 2pm-4pm Email Janice swhcfc@gmail.com</p> |
| <p>SJYC – Youth Club New Sunday Club starting 14th January 2018! Call Sarah Miller 07818 412425</p> | <p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p> | <p>Ladies Guild Kiddushim Contact Lisa Berg on 07760141162 or swhc.org.uk/ladies-guild/#kiddush</p> |
| <p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p> | <p>Newsletter Sponsorship Contact the Shul Office £25 donation</p> | <p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p> |

SHABBAT VAYIGASH

FRIDAY NIGHT

Shabbat commences 3:32pm
Mincha/Kabbalat Shabbat 3:30pm

SHABBAT DAY

Shacharit 9:30am
Children's Service 11:00am
Kiddush & Mincha *follows the main service*

Shabbat ends 4.51pm
Ma'ariv 5:20pm

WEEKDAY SERVICE TIMES

SUNDAY, MONDAY (Bank Holiday), TUESDAY (Bank Holiday) & WEDNESDAY

Shacharit 8:30am
Mincha 1:45pm
Ma'ariv 8:45pm

THURSDAY – Fast of Teveth

Fast begins 6:11am
Shacharit 8:30am
Mincha 1:45pm
Fast Ends 4:55pm
Ma'ariv 8:45pm

NEXT FRIDAY

Shacharit 8:30am
Shabbat commences 3:37pm
Mincha/Kabbalat Shabbat 3:35pm

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|--------------------------|--------------------|----------------------|
| Torah Reading | Rabbi Bar | Soncino pg 277 |
| Haftorah Vayigash | Jack Thorn | Soncino pg 293 |
| Anim Zemirot | Artie Thorn | Sacks Singers pg 458 |

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

SYNAGOGUE OFFICE HOLIDAY CLOSURE

Please note that the Shul Office will be closed from Sunday 24th December to Monday 1st January 2018 inclusive and will re-open on Tuesday 2nd January at 9am.

In case of bereavement only, please call 07813 004196.

HERO OF THE WEEK: YOSEF HATZADDIK *Thoughts on the Parsha*

Yosef could no longer hold himself back in front of all that were standing by him and so he called, "Go out all men from nearby me!" and no man stood near him when Yosef let his brothers know. And he gave a cry out with his weeping voice, and the Egyptians heard, and the house of Pharaoh, and Yosef said to his brothers, "I am Yosef! Is my father still alive?" And his brothers were not able to answer him because they were confounded from him. (Bereshit 45:1-3)

Yosef took an awful risk by sending away the Egyptians and leaving himself unprotected before a desperate and dangerous audience. Why did he do it? The Midrash asks and answers: "Go out all men from nearby me!" Why did Yosef do this? Rabbi Shmuel Bar Nachman said, "Yosef put himself in mortal danger, leaving himself without protection, that his brothers might kill him. After all, no one recognized him. So why did he say, "Go out all men from near by me!"? So said Yosef in his heart, "It is better that I should be killed, only that I should not embarrass my brothers in front of the Egyptians!"

Amazing! The most powerful instinct in a person is to remain alive and yet Yosef was willing to risk everything just so as not to embarrass his brothers. Any doubts we might have had about the purity of his motive for the game of "cat and mouse" he played with his brothers were also clarified in those moments before he revealed his true identity. Not only was not it not done out of cruelty or callousness but it was certainly based on love and compassion. 1) He wanted to make sure they had done a complete Teshuva which can only be determined if they find themselves in the exact same situation and they react differently. 2) Since they had judged him to be a false prophet based upon the pronouncements of his dreams, he needed to see the fulfillment of at least one dream, eleven bundles bowing down to his, even if he had to manipulate the last percentage manually.

How did Yosef do it? How did he muster the courage to hold his ocean of emotions from bursting forth just long enough till the Egyptians had left? How did he develop the instinct to not shame his brothers?

Stronger than the reactivity to his own physical pain, having sensitivity to the feelings of others. That is our hero, Yosef HaTzaddik!

Shabbat Shalom!

Rabbi Binyamin Bar

THE SHOP - NOW BEING SUPPLIED BY **KOSHER DELI**
Butchers & Delicatessen
Kosher fresh, frozen, dry and baked goods available locally
Open: Thursday | 10am-4:30pm **Friday** | 8:30am-11:30am **Sunday** | 9:30am-11:30am
01702 430307 (during opening hours) / alanmarkovitch@yahoo.co.uk / 07956 597271

MAZEL TOV! A hearty Mazel Tov from the SWHC Community!

Bertha Morris on the occasion of her 95th Birthday

Shirley Shalet on the occasion of her 80th Birthday

Vivien & John Klein on the Aufruf of their son, Alan (Australia). The Chupa will take place in Sydney on Wednesday 3rd January. Mazel Tov to bride to be, Raf Felthun, and her parents, Izette & David Felthun

Suzanne Taylor & Laurie Taylor on the engagement of their son, Alexander, to Lara, daughter of Neil & the late Ruth Moscow and to Corinne and grandmother, Leila Moscow

Esther & Shlomo Stark and family on the birth of a daughter

Lyetta & Alan Witzfeld on the birth of a grandson and **Rochelle & Barry Spector** and **Frances Witzfeld** on the birth of a great grandson

FORTHCOMING EVENTS

Shabbat 23rd December | Bar Mitzvah Jack Thorn. The Kiddush this week is generously sponsored by **Diane Franks & Sidney Austin** & the **Thorn family** in celebration of **Jack's** Barmitzvah. Mazel Tov!

Thursday 28th December 8:45pm after Ma'ariv | Easy insights, in English by SWHC member, Yaakov Friedman, for men, connecting with the weekly Sedrah. A relaxing 15 minute short session given and supported by sumptuous hot food.

Sunday 14th January 2018, 8pm | The Astor Palm Court Orchestra returns bigger and better than ever with 11 musicians! Playing their chocolate box mix of light classical and popular music you all know and love. Tickets £10/£8 from Yael please email, concertseries@swhc.org.uk.

Tuesday 16th January 2018, 7:30pm for 8pm | PaL – Phone and Learn Flexible Jewish Learning on any Jewish topic via phone or skype tutorial. Rabbi Shimshon Silkin will be speaking about "Seven Wonders of Jewish History". Refreshments will be served with the opportunity to meet the PaL team.

Tuesday 23rd January 2018, 8pm | Southend Learning Circles in association with SWHC. Led by Rabbi Aryeh Sufrin MBE & Mrs Sufrin of Chabad. Venues to be announced. If you can volunteer your home to host one of these evenings or would like more information, contact Mrs Sufrin 020 8551 8604 / mrssufrin@chabadilford.co.uk

Friday 26th January 2018, 12 noon | Tree Planting Ceremony Marine Parade Gardens, opp Crescent Rd, Leigh on Sea.

Sunday 28th January 2018, 3pm | Holocaust Day Commemoration Service, Civic Centre.

Monday 29th January, 6:45pm | Tu Bishvat JLS Evening Limmud-style event at the Shul Hall. Tu Bishvat fruity dinner catered by Suzanne Elman. 8-8:55pm Deputy speaker of the House of Lords, Lord Monroe Palmer will speak on "A view from The Lords". BBC Musical presenter Philip Hyman will speak about 'Leonard Bernstein as a Jewish Musician'. And a surprise speaker will enlighten us on "Eruv 101: how does it work?". £12.50 per person, £22.50 per couple for the whole evening. Call the Shul Office to book your place on, or before, 21st January. For more info please call Rabbi Bar on 01702 393535.

REGULAR SHIURIM WITH RABBI BINYAMIN BAR

What's bothering Rashi? Short Parasha Shiur | Parasha on Friday evenings at the Shul after the evening service. Men and women welcome.

Rabbi, I have a Sheyla... Halacha Shiur | Join in our lively and interactive Shiur, on Monday evenings at 8:15pm prior to the evening service at Rabbi Bar's home. Men and women welcome.