



CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Laurence Millstone, Simone Shaw and Joanne Clifford on the loss of a wife and mother.

STONESETTINGS *Stock Road Cemetery, SS2 5QF unless otherwise stated.*

Sunday 25th August 2.30pm **Marie Royston**

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

- Shabbat – 17 August/16 Av** Mrs Benita Speck, Mr Allen Goldenberg, Mr Stephen Redstone, Mr Martin Solomons
- Sunday – 18 August/17 Av** Mrs Janette Cohen, Mrs Gillian Azulay, Mrs Susan Rakusen
- Monday – 19 August /18 Av** Mrs Evelyn Elman, Mrs Irene Burns, Mrs Margaret Shine, Mr Stuart Jacobs, Mrs Judith O’brart, Mrs Sandra Winston
- Tuesday – 20 August/19 Av** Mrs Annette Samuels, Mr John Klein
- Wednesday – 21 August/20 Av** Mrs Sybil Schiller
- Thursday – 22 August/21 Av** Mrs Sylvia Shaw, Mr Barry Foreman
- Friday – 23 August/22 Av** Mrs Dawn Shestopal, Mrs Annette Samuels

VISITING THE SICK If you know anyone who would like a hospital or home visit from a member of the *Community Care Committee*, please email swhcfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Shalom Friendship Club "The Monday Club" Social club with card games. Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 2nd September at the home of Geoffrey Basco Call Janice 07752 874065</p>	<p>AID Society Bridge Sunday 1st September Thorpe Bay Bridge Club. Geoff Cohen 339601 / Jan Linden 343289</p>
<p>Cheder Monday Resumes 16th September mossadrienne@outlook.com</p>	<p>SJYC Youth Club Club will continue after the summer yael@moont.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Sara Vandermolen on 01702 344900 swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-In Shul Hall Tuesday 20th August 2-4pm Email Jan swhcfc@gmail.com</p>

Just Kosher SWHC EAT WELL FOR LESS!

If you want to place an order for collection: justkosherswhc@gmail.com / 07780 449081

OPENING HOURS: Monday 10am – 1pm Wednesday 10am – 1pm
Thursday 11am – 5pm Friday 9.30am – 1pm Sunday 9.30am - 12.30pm

Orders for ALL GOODS for Thursday collection MUST be placed by Monday 12 noon latest!



17 August 2019 | 16 Av 5779

Rabbi Geoffrey Hyman

Rabbi

Geoffrey Pepper

Maurice Symons

Gabbaim

Finchley Road
Westcliff-on-Sea
Essex SS0 8AD

Telephone 01702 344900

Fax 01702 391131

Email shuloffice@swhc.org.uk

Website www.swhc.org.uk

Facebook facebook.com/swhc.org.uk



Shabbat Shalom! We are delighted to welcome everyone today. If visiting, please make yourself known to the Wardens and the Shul Board of Management. Everyone is invited to the Kiddush following the service.

SHABBAT VA'ETCHANAN

FRIDAY NIGHT

Mincha *then* Kabbalat Shabbat 7:30pm
Shabbat & Candle lighting 7:59pm

SHABBAT DAY

Shacharit 9:30am
Children’s Service 11:00am
Kiddush *after the main service*

Mincha followed by

Seuda Shlishit 7:50pm
Ma’ariv *when Shabbat ends* 9:13pm

WEEKDAY SERVICE TIMES

SUNDAY-THURSDAY

Shacharit 8:30am
Mincha/Ma’ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
Mincha *then* Kabbalat Shabbat 7:30pm
Shabbat begins/candle lighting 7:44pm

The Board of Management together with the entire Community, welcome Rabbi Geoffrey & Rebbetzin Michelle Hyman.

Torah Reading	Rabbi Hyman	Soncino Pg 1008
Haftorah Va'etchanan Nachamu	Simon Belson	Soncino Pg 1028
Anim Zemirot	Saul Bebb	Sacks Siddur Pg 458
<i>If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.</i>		

THOUGHTS ON THIS WEEK'S PARSHA *from Jeremy Symons*

Life is full of rules and regulations that we follow on a daily basis. Yet, these rules and regulations are part of the social contract that keeps us from crossing boundaries and invading someone else's space, expropriating another's property, or putting us or others in danger. Much of our twenty-first-century statutes still springs from our ancient laws of Torah, a fact no more in evidence than in this week's Sedra Va'etchanan. Here we have not only Moshe reiterating the Ten Commandments given by Hashem on Mount Sinai, but also to "give heed to laws and rules that I am instructing you to observe" (Devarim 4:1).

The Hebrew words for "laws," *Chukim*, and "rules," *Mishpatim*, appear together four times in just fourteen verses (ibid 4:1, 5, 8, 14), and again later in: 45; 5:1). If the Torah believes in brevity, why the repetitions? Why use two words when one would suffice? Our sages suggest a distinction between *Chukim* and *Mishpatim* to explain the repetitions. They say, just as the Ten Commandments are divided up into two sections, *Chukim* involve commandments between humanity and Hashem, (which could explain why these Mitzvot's have no rationality or purpose to them.) and *Mishpatim* are those laws between Man and Man that do have clear and logical reasonings behind them.

Holocaust survivor and educationist Rabbi Menachem Mendel Taub suggested another difference: "Moshe is teaching us two types of laws. The first are immutable that will stand the test of time—prohibitions against idolatry, theft, and murder; instructions regarding tzedakah and kindness to the vulnerable and poor. Whereas the others are those rules that evolve over time to meet the needs of the community. Taken together, they form halacha—not a fixed set of regulations unchanged from Sinai until now, but literally, as the Hebrew words advocates, "the way to go," the path on which we as Jews walk through our lives."

Jewish law has never been static; Let's take, for example, the mitzvah in our Sedra to "observe the Sabbath day and keep it holy" (Devarim 5:12). The Torah is terse and vague to what constitutes as work as the type of work done in the past was indeed much more back breaking and labour intensive, where today the same amount of work can be done with little or no insertion whatsoever. Machines do it with a touch of a button. Therefore, the Mishnah had to come along to outline the thirty-nine categories of work, specifically prohibited on Shabbat. In order to not only cover old traditional rural activities such as plowing, sowing, reaping etc. but also vocations around in our modern times, i.e. construction, retail, working in offices, providing a service etc.

Thus, the holiness of Shabbat commanded by Torah comes to us both as shall and shall not as it always has but defined differently and uniquely for the challenges in our time.

Shabbat is not merely a day off. It's an opportunity to leave creation as it is, disengage we from the material world in order to focus upon the 'inner world' of self, family and friends. In essence, Shabbat is an expanse of time that is holy, different in quality from the 'working week, consecrated both to Hashem and to us for the purpose of our fulfillment as Jews."

Moshe's and the Torah's repetition of the words *Chukim* and *Mishpatim* are teaching us to appreciate the inherent flexible and evolutionary nature of our Jewish laws, which can inform and support our decisions about Jewish values and practice. In this way, with Hashem's guidance, may we keep our Torah alive and relevant as the compass that helps us navigate our paths through our lives.

Good Shabbos

Talmud Torah Activities ^{**NEW**} Starting 9th September in the Talmud Torah

If you are interested in any of the classes below call 01702 344900 or email shuloffice@swhc.org.uk

Day	Weekly Classes	Start Date	Time	Cost
Monday	Pilates <i>with Joggy</i>	9 th September	1pm – 2pm	£5 per class
Tuesday	Pilates <i>with Joggy</i> Drawing & Art <i>with Rosalind</i>	10 th September 10 th September	10am-11am 1pm – 3pm	£5 per class £5 per class
Wednesday	Ivrit <i>with Lital</i>	23 rd October	1pm – 2pm	£5 per class

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Rosalie Grant on her **90th Birthday**.

Delia, daughter of **Jennifer & Allan Silver**, on gaining a First BA (Hons) degree.

FORTHCOMING EVENTS

This Shabbat 17th August 2019 | Kiddush for Rabbi Geoffrey & Rebbetzin Michelle Hyman. Join us on Shabbat to welcome our new Rabbinical couple to the community and Kiddush after the service. Rabbi Hyman can now be contacted by email: rabbi@swhc.org.uk

Sunday 1st September 7:30pm | An Evening with Mark Miller, who after his fascinating talk at Shabbat UK, will be recounting more of his amazing stories as a Detective Inspector with the Police Force. Plus musical entertainment from **Sidney Austin!** Delicious savouries, mini-bagels, fruit and drinks. Tickets from the Shul Office, Members £12.50/Non-Members £13.50

Sunday 8th September 7pm | Emunah Film Show "The New York Cantors" Shebson Lodge Day Centre, Cobham Road. Donation £6 inc refreshments (not under SWHC Kashrut Supervision) from Rochelle Spector 436991 / Marilyn Salt 476349.

Monday 9th September 8pm | Cheder Meeting for Parents in the Talmud Torah. We look forward to welcoming all current parents, and parents of prospective new Cheder children, to an informal registration evening. Contact Adrienne Moss for further details. mossadrienne@outlook.com

Tuesday 10th September 7:30pm | The Israeli Breakfast Club Cheese & Wine Evening with speaker Benjamin Anthony. Shul Hall. £15 tickets from Linda Burns itburns@hotmail.co.uk / 07968103269 or Simon Belson simonbelson@aol.com / 07774778383.

Sunday 15th September 3pm | "New Members" Tea Party sponsored by, and at the home of, Brenda & Michael Franks. If you know of anyone who has moved to the area, or is thinking about moving here, this is a perfect opportunity to get to know SWHC and to also be introduced to our new Rabbi & Rebbetzin, Geoffrey & Michelle Hyman together with the President, Vice President, Honorary Officers and some of the members who work so tirelessly behind the scenes in the running of our Community. Please contact the Shul Office to reserve your place.

Motzei Shabbat 21st September | Midnight Selichot Service. Doors open at 10:30pm. Enjoy late night refreshments & drinks. Introduction 11:45pm. Ladies & gentlemen welcome. Free entry.

Sunday 22nd September | AID Society welcomes the **Southend Boys & Girls Choir** at SWHC Shul Hall. Doors open 7:30pm. Tickets £10 pp. Please call Marcia on 07887 847482.

Monday 7th October | "Fiddler on the Roof." Ladies Guild have best stalls for the evening performance of this iconic show at the Playhouse Theatre, London. £60 stalls, £15 coach. Contact Sara Vandermolten 07813824684 / van38@blueyonder.co.uk

Thursday 14th November, 12:30pm | Ladies Guild "Celebrity Luncheon with Laurence Marks" Call Sara Vandermolten 07813824684 / email: van38@blueyonder.co.uk for full details.