

(Yahrzeits begin the night before the date below)

Shabbat – 7 September/7 Elul Mrs Laura Lane, Mrs Beverley Finer, Mrs Patricia Krieger, Mr Michael Kutner, Mr Derek Silverstone, Mr Ian Woolf, Mrs Helene Rosehill

Sunday – 8 September/8 Elul Miss Bertha Morris, Mrs Marion Sussman

Monday – 9 September/9 Elul Mrs Pat David, Mr Aaron David, Mr Alan Gershlick, Mr David Gershlick, Mrs Rita Roth, Mrs Diane Cohen, Mrs Jackie Jacks, Mr David Walters

Tuesday – 10 September/10 Elul Mrs Susan Turner, Mr Sonny Kosky, Mrs Geraldine Jay, Mrs Lorraine Scropton, Mrs Hazel Billyack

Wednesday – 11 September/11 Elul Mrs Helen Davis

Thursday – 12 September/12 Elul Mrs Beverley Miller, Mrs Myra Wolfe, Mr Royston Keizer, Mr Ronnie Kloos, Mr Gerald Ward

Friday – 13 September/13 Elul Mrs Karen Hyams

VISITING THE SICK If you know anyone who would like a hospital or home visit from the Rabbi or a member of the *Community Care Committee*, please email Rabbi Hyman rabi@swhc.org.uk or Janice Steel swhfc@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

<p>Shalom Friendship Club "The Monday Club" Social club with card games. Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 7th October at the home of Geoffrey Basco Call Janice 07752 874065</p>	<p>AID Society Bridge Sunday 8th September Thorpe Bay Bridge Club. Geoff Cohen 01702 339601 / Jan Linden 01702 343289</p>
<p>Cheder Monday Resumes 16th September mossadrienne@outlook.com</p>	<p>SJYC Youth Club barryjacobs200@hotmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Sara Vandermolen on 01702 344900 swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-In Shul Hall Tuesday 17th September 2-4pm Email Jan swhfc@gmail.com</p>

Your Shop At The Shul

If you want to place an order for collection: justkosherswhc@gmail.com / 07780 449081

NEW SHOP OPENING HOURS:

Monday 10am – 1pm, Thursday 11am – 5pm

Friday 9.30am – 1pm, Sunday 9.30am – 12.30pm

CLOSED: Tuesday & Wednesday

PLEASE PLACE YOUR YOM TOV ORDERS EARLY!



7th September 2019 | 7 Elul 5779

Rabbi Geoffrey Hyman

Rabbi

Geoffrey Pepper

Maurice Symons

Gabbaim

Finchley Road
Westcliff-on-Sea
Essex S50 8AD

Telephone 01702 344900

Fax 01702 391131

Email shuloffice@swhc.org.uk

Website www.swhc.org.uk

Facebook facebook.com/swhc.org.uk

*This week's Newsletter
is kindly sponsored by
Barbara & Jonathan Moont
in celebration of
Yael & Guy Bebb's
wedding. Mazel Tov!*



SHABBAT SHOFETIM

FRIDAY NIGHT

Mincha *then* Kabbalat Shabbat 7:10pm
Shabbat & Candle lighting 7:12pm

SHABBAT DAY

Shacharit 9:30am
Children's Service 11:00am
Kiddush *after the main service*

Mincha *followed by*

Seuda Shlishit 7:00pm
Ma'ariv *when Shabbat ends* 8:22pm

WEEKDAY SERVICE TIMES

SUNDAY & MONDAY

Shacharit 8:30am
Ma'ariv 8:00pm

TUESDAY

Shacharit 8:30am
Mincha/Ma'ariv 7:00pm

WEDNESDAY & THURSDAY

Shacharit 8:30am
Ma'ariv 8:00pm

NEXT FRIDAY

Shacharit 8:30am
Mincha *then* Kabbalat Shabbat 7:00pm
Shabbat begins/candle lighting 6:56pm

We are delighted to welcome everyone today. If visiting, please make yourself known to the Wardens and the Shul Board of Management. Everyone is invited to the Kiddush following the service.

Torah Reading/Leining	Rabbi Hyman	Soncino	Pg 1078
Haftorah Shoftim	Roy Barnes	Soncino	Pg 1094
Anim Zemirov	Saul Bebb	Sacks Siddur	Pg 458
<i>If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.</i>			

THANK YOU

Following her indisposition, **Loretta Shulton** would like to thank everyone for their kind wishes, phone calls and help over the last few weeks.

Westcliff & District WIZO would like to thank all those kind and generous donors who helped the group raise £3,478.25 from their Jewish Women's Week House to House Collection this year. These funds will go to help deprived women and children who use the WIZO Projects in Israel. Jackie Kalms, Chairman

THOUGHTS ON THIS WEEK'S PARSHA *from Jeremy Symons*

Mahatma Gandhi once famously quoted "An eye for an eye only ends up making the whole world blind". All the Torah commentators make it perfectly clear that the words "an eye for an eye and a tooth for a tooth" written in this week's Parsha should not be taken literally. The idea behind it not only teaches us about punitive justice, where people are punished for bad things, but also about restorative justice, where there is reconciliation between people, or the damage done is repaired.

Using the Torah's example for instance, if you punched someone in the eye and caused an injury, it would be your duty to do what is necessary to fix the impairment and the equivalent compensation paid to the victim for both the damage that had been sustained and any financial losses that have incurred along the way because of it.

Atonement is also a major theme running through this Sedra and is a timely reminder of the mindset we should all be having as we approach the upcoming high festivals of Rosh Hashanah and Yom Kippur. Justice and forgiveness are very closely connected. During the month of Elul there is the custom to reflect on the mistakes you may have done wrong over the past year and try to rectify them. One solution is to approach the person / persons whom you wronged and ask for forgiveness; but just like the expressions mentioned in this week's Sedra it is vital that you don't take this method too literally. Before you go trying to get people to forgive, you should first think to yourself 'have I really done enough to display my true regret for what I did and assisted in making it right in order to deserve being forgiven.'

This process is called Teshuva, which is like returning the relationship we had, to what it was before someone got hurt. It is not enough to apologize to someone and expect to be forgiven straight away. You first have to demonstrate to them that you are deeply sincere and really mean it. If the person does not forgive you, then think why not? If you can come up with a good reason, then maybe you will be able to fix it. If you cannot think of a reason, then ask yourself instead, should I have done more to resolve the situation I caused? Or if the scenario was reversed, would I have pardoned them if they approached for forgiveness?

The whole point of Teshuva is to focus on the big picture and changing our behaviour long term. If everyone of us just took and changed one thing during this special time leading up to the Yom Noraim for the good, then our world would not only be a better place, but Hashem will surely inscribe us all in the Book of Life filled with good health, financial stability and happiness.

Shabbat Shalom

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Stuart Jacobs on his 83rd Birthday

Laura & Brian Burns on the engagement of their younger son, **Tobias** to **Shelby**, daughter of **Jilliane & Stephen Silver** of Waltham Abbey, granddaughter to **Sylvia & Ashley Silver**

Gavin Rosehill on his 21st Birthday

FORTHCOMING EVENTS

This Shabbat 7th September | The Kiddush will be generously sponsored by **Barbara & Jonathan Moont** in honour of the wedding of **Yael & Guy Bebb**. **Mazeltoiv!**

Sunday 8th September 7pm | Emunah Film Show "The New York Cantors"

Shebson Lodge Day Centre, Cobham Road. Donation £6 inc refreshments (not under SWHC Kashrut Supervision) from Rochelle Spector 01702 436991 / Marilyn Salt 01702 476349.

Monday 9th September 1pm-2pm | Pilates with Joggy Talmud Torah £5 per class

Monday 9th September 8pm | Cheder Meeting for Parents in the Talmud Torah. We look forward to welcoming all current parents, and parents of prospective new Cheder children, to an informal registration evening. Contact Adrienne Moss for further details. mossadrienne@outlook.com

Tuesday 10th September 10am-11am | Pilates with Joggy. Talmud Torah £5 per class

Tuesday 10th September 1pm-3pm | Drawing & Art with Rosalind. Talmud Torah £5 per class

Tuesday 10th September 7:30pm | The Israeli Breakfast Club Cheese & Wine Evening with speaker **Benjamin Anthony**. Shul Hall. £15 tickets from Linda Burns iturns@hotmail.co.uk / 07968 103269 or Simon Belson simonbelson@aol.com / 07774 778383.

Wednesday 11th September 8.30pm | Ladies Discussion Group

With Rabbi Hyman and Rebbetzin Michelle at 43 Finchley Road. Refreshments provided. All ladies welcome. Please contact The Shul Office Tel: 01702 344900 / shuloffice@swhc.org.uk to reserve your place.

Thursday 12th September 5.30-7pm | SJYC Youth Club 5-13 year olds. £3 to include light supper. Contact: Barry Jacobs 07876 685826 / barryjacobs200@hotmail.com

Next Shabbat 14th September | The Seudah Shlishit is sponsored by Rochelle & Colin Samuel

Motzei Shabbat 21st September | Midnight Selichot Service. Doors open at 10:30pm. Enjoy late night refreshments & drinks. Introduction 11:45pm. Ladies & gentlemen welcome. Free entry.

Sunday 22nd September 10am-12 noon | Family Coffee Morning. Bring your toddlers and enjoy light refreshments in the Talmud Torah. Contact: Barry Jacobs 07876 685826 / barryjacobs200@hotmail.com

Sunday 22nd September | AID Society welcomes the **Southend Boys & Girls Choir** Shul Hall. Doors open 7:30pm. Tickets £10 pp. Please call Marcia on 07887 847482.

Thursday 26th September | Youth Club 10-15 year olds £5 per session with exciting activities! Contact: Barry Jacobs 07876 685826 / barryjacobs200@hotmail.com

Rosh Hashanah & Yom Kippur | We are delighted to welcome back Chaim Weissman who will once again be our guest Chazan over the High Holy Days.

Monday 7th October | Ladies Guild trip to "Fiddler on the Roof." £60 stalls, £15 coach. Contact Sara Vandermolen 07813 824684 / van38@blueyonder.co.uk

Wednesday 23rd October | Ivrit with Lital. Talmud Torah £5 per class

Thursday 14th November, 12:30pm | Ladies Guild "Celebrity Luncheon with Laurence Marks" Call Sara Vandermolen 07813 824684 / email: van38@blueyonder.co.uk for full details.