

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

Angela Klemer and Anthony Helper on the loss of her mother, **Sonia Helper**.
Maureen, Ryan and Marcel Hass on the loss of a husband and father, **Issy**.
Lisa Shapiro, Joanne Baggs, Douglas Poster, Patricia Russel and Alicia Lewis on the loss of a mother and sister **Michele Messias**

STONE SETTINGS *Stock Road Cemetery SS2 5QF*

Sunday 27 October 2.30pm **Marilyn Brown** **Minyan urgently required as very few male family & friends.**

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 19 October/20 Tishri Mrs Valerie Lester, Mr Cyril Levy, Mr Philip Lewis, Mrs Linda Riseman, Mr Julian Nyman

Sunday – 20 October/21 Tishri Mrs Beverley Grubba, Mrs Marion Sussman, Mr Lawrence Millstone, Mrs Ruth Kaye

Monday – 21 October/22 Tishri NO YAHRZEITS

Tuesday – 22 October/23 Tishri Mrs Gill Hyams, Mrs Angela Ereira, Mrs Marylyn Solomon

Wednesday – 23 October/24 Tishri Mrs Susan Sinclair, Mr Geoffrey Basco, Mrs Natalie Rubin, Mrs Monica Freedman

Thursday – 24 October/25 Tishri Mrs Maureen Elman

Friday – 25 October/26 Tishri Mrs Muriel Rosenberg, Mr Lawrence Goldman, Mrs Betty Steel

VISITING THE SICK If you know anyone who would like a hospital or home visit from the Rabbi or a member of the *Community Care Committee*, please email Rabbi Hyman rabbi@swhc.org.uk or Janice Steel swhfc@gmail.com or call Janice on 0775 2874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

<p>Shalom Friendship Club "The Monday Club" Recommences 28th October. Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 11th November at the home of Ivan Kanutin Call Janice 07752 874065</p>	<p>AID Society Bridge Sun 3rd Nov Thorpe Bay Bridge Club. Geoff Cohen 01702 339601 / Jan Linden 01702 343289</p>
<p>No Cheder Due to festivals mossadrienne@outlook.com</p>	<p>SJYC Youth Club Contact barryjacobs200@hotmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Sara Vandermolen on 01702 344900 swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-In Shul Hall Tuesday 19th November 2-4pm Email Jan swhfc@gmail.com</p>



ת"ש

19 October 2019 | 20 Tishri 5780

Newsletter No.1108

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YOM TOV SHUL OFFICE HOURS

Sun 20, Mon 21 & Tues 22 October
 Shemini Atzeret & Simchat Torah
CLOSED

Wednesday 23 October
8.30am to 3pm

Thursday 24 October
8.30am to 5pm

Friday 25 October
8.30am to 1pm

SHABBAT CHOL HA'MOED SUKKOT

Mincha/Ma'ariv 5:35pm
 Shabbat begins/candle lighting 5:38pm

SHABBAT DAY

Shacharit 9:30am
 Children's Service 11:00am
 Kiddush *after the main service*

Mincha *followed by* Seuda Shlishit *in the Sukkah* 5:30pm
 Ma'ariv *when Shabbat ends* 6:47pm

SUNDAY – HOSHANA RABBA & EREV YOM TOV

Shacharit 8.00am
 Mincha/Maariv 5.30pm
 Candle Lighting 5.34pm

WEEKDAY, SHABBAT, YOM TOV SERVICE TIMES & CANDLE LIGHTING TIMES, Please see Yom Tov Timetable

SOUTHEND & WESTCLIFF HEBREW CONGREGATION HONOUREES 5780

Chatan Torah | **Jeremy Symons** Chatan Bereishit | **Alan Markovitch**
 Lady of the Year | **Louise Gershlick**

A hearty Mazel Tov to all the Honourees!

Hallel	Artscroll Machzor 484 / Sacks Siddur 618
Torah Reading	Rabbi Hyman Artscroll Machzor 534 / Soncino 558 v.12
Maftir Reading	Rabbi Hyman Artscroll Machzor 542 / Soncino 949 v.26
Haftorah Chol Ha'moed Succot	Stephen Salt Artscroll Machzor 544
Musaf	Rabbi Hyman Artscroll Machzor 554 / Sacks Siddur 670
Anim Zemirot	Saul Bebb Artscroll Machzor 578 / Sacks Siddur 458
Haftorah Shemini Atzeret	Anthony Larholt Artscroll Machzor 948
Haftorah Simchat Torah	TBA Artscroll Machzor 1184

THOUGHTS ON THIS WEEK'S PARSHA *from Jeremy Symons*

Apart from being mentioned in this week's Torah reading for Chol Hamoed Succot, what does Shabbat, The Yom Noraim, Pesach, Shavuout and Succot all have in common? They are all somehow, whether by means of Mitzvahs or customs, intimately connected with food. Even our fast days are about food or lack of it, but there is an ancient precedent for this ongoing attention to what is being served at our tables.

In Temple times, tens of thousands of people would load up their carts and wagons, laden with the firstborn of their animals, grain, fruits and vegetables that their current crop had yielded and travel up to Jerusalem and offload them to the Kohanim as an offering to Hashem.

The acknowledgement of the tenuousness of nature's harvest is never more evident in Jewish life than at Succot time, when we construct our fragile Sukkahs and dwell in them for seven days, recognizing and acknowledging the One who blessed each of our tables with food.

One of the names given to Succot is *Chag Ha'asif*, the 'Feast of Ingathering.' On one level Succot affords us the opportunity to survey our resources and take stock of our abundance in full recognition of Hashem's role in the productivity of our daily lives. There is no better way to acknowledge our gratitude than through the vehicle of sustenance, food.

For our ancestors, daily and festival offerings of animals and produce were the primary way to sanctify Hashem. The final verse of our Torah reading today, sheds light on another resource of using food to draw near to him, a means that would not be discontinued as a result of the destruction of the Temples: 'You shall not boil a kid in its mother's milk.' (Exodus 34:26) In the words that have become the backbone of *kashrut*, we inherit an ongoing opportunity to acknowledge Hashem - not in the collecting of the produce, but in its preparation and consumption. Kashrut is the notion that what and how we eat can make our tables a *mikdash me'at*, a 'miniature sanctuary,' where we thank Hashem for the nourishment that fills our bellies.

As this Torah reading shows, there is always plenty of opportunities throughout the yearly cycle of the Jewish calendar to sanctify Hashem through food. Whether it is through challahs on Shabbat, matzo at Pesach, apples dipped in honey on Rosh Hashanah or latkes and donuts on Chanukah, we acknowledge Hashem's fruitful world with words of blessing. We constantly thank him for our sustenance, our most basic necessity. When you actually sit down and think about it, how amazing is it to be able to elevate our most basic form of survival and activity of eating and drinking to the highest level of sanctifying Hashem's good name and honour. This is definitely one of the many messages we learn from the festival of Succot that I guarantee we can carry with us throughout the year.

Good Shabbos, Chag Sameach

:: YOUR SHOP AT THE SHUL ::

If you want to place an order for collection: justkosherswhc@gmail.com / 07780 449081

SHOP OPENING HOURS THIS WEEK

Monday & Tuesday CLOSED :: Wednesday 9:30am-12:30pm :: Thursday 11am-5pm

Friday 9:30am-1pm :: Sunday 9:30am-12:30pm

THANK YOU

To the Ladies Guild and the children for decorating our Sukkah so beautifully!

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Susan & David Fine on their 55th (Emerald) Wedding Anniversary
Janette & Maurice Jacques on their 55th (Emerald) Wedding Anniversary
Laura & Brian Burns on their 35th (Coral) Wedding Anniversary
Earl Jacobs and **Vivien Jacobs** on the birth of a grandson and **Lila Jacobs & Leslie Lesser** on the birth of a great grandson

FORTHCOMING EVENTS

Sunday 20th October | Kidz Kalender Sukkah Kafé All welcome to join us from 10am -12noon for a drink and a snack in the Sukkah, 50p an item. Raising money for the Youth of our community.

Monday 21st October | Shemini Atzeret Yizkor Memorial Service 11am APPROX

SIMCHAT TORAH

Monday 21st October 5:30pm | Children's Simchat Torah Party We have pleasure in inviting all our children to see Papalarny followed by 'Jelly & Ice Cream' Party. Afterwards join in the main Shul for singing and dancing with the Torah. Flags and Goody bags for all!

Monday 21st & Tuesday 22nd October | Simchat Torah Evening 6pm and Morning Celebrations Service from 9:30am. Dancing with the Torah and running Kiddush. See Yom Tov Timetable for details of times

Wednesday 23rd October 1pm-2pm | Ivrit (Modern Hebrew) with **Lital**. Talmud Torah, £5 per class.

Next Shabbat Bereishit 26th October | The Kiddush will be generously sponsored jointly by our Honourees, **Jeremy Symons** Chatan Torah, **Alan Markovitch** Chatan Bereishit and **Louise Gershlick** Lady of the Year.

Shabbat 9th November Lech Lecha | AJEX Shabbat and the Barmitzvah of **Samuel Nash**. Please come and support those who gave their lives in the World Wars and all subsequent Wars in defence of the UK and Israel.

Sunday 10th November | Mayor's Annual Civic Cenotaph Service & Parade. All are invited to assemble at Prittlewell Square at 10.15am to march with AJEX and SJYC. Immediately after the Civic Service, AJEX will proceed to Stock Road Cemetery for the Service of Remembrance at our Jewish War Memorial.

Thursday 14th November, 12:30pm | Ladies Guild "Celebrity Luncheon with Laurence Marks"
 Call Sara Vandermolen 07813 824684 / email: van38@blueyonder.co.uk for full details.

YOM KIPPUR APPEAL FOR CHAI CANCER CARE

Helping the Jewish Community Affected by cancer – patients, their family & friends.

Thank you for returning your pledge card or making a commitment to support this valuable organisation. Please bring or send your payment to the Shul office or call the office with your card details. **All cheque donations payable to Chai Cancer Care.**

If you did not hear the appeal on Yom Kippur or were not in Shul and still wish to donate, please contact the office, 01702 344900.

