

(Yahrzeits begin the night before the date below)

Shabbat – 28 September/28 Elul Mr Geoffrey Caplan, Mr Aubrey Cooper, Mrs Maureen Hyams, Mr Ralph Ruvin, Mrs Henrietta Rabinovitch

Sunday – 29 September/29 Elul Mr Michael Gershlick, Mrs Evelyn Shear, Mr Harvey Shear

Monday – 30 September/1 Tishri Mrs Irene Burston, Mr Lionel Cordell, Mrs Josephine Pitch, Mrs Sandra Lieberman

Tuesday – 1 October/2 Tishri Mr Michael Bilkus, Mrs Rochelle O’Brart, Mr Michael Konyn, Mrs Monica Freedman, Mrs Sylvia Bennett, Mrs Annette Samuels

Wednesday – 2 October/3 Tishri Mr Barry Linton, Dr Gerald Peters

Thursday – 3 October/4 Tishri Mr Mark Felman, Mrs Betty Morton, Mr Ronald Lawrence, Mrs Rosalind Cohen, Mr Jeffrey Simmons

Friday – 4 October/5 Tishri No Yahrzeits

VISITING THE SICK If you know anyone who would like a hospital or home visit from the Rabbi or a member of the *Community Care Committee*, please email Rabbi Hyman rabbi@swhc.org.uk or Janice Steel swhcf@gmail.com or call Janice on 07752874065 or the Shul Office on 01702 344900.

REGULAR EVENTS & NOTICES

<p>Shalom Friendship Club “The Monday Club” Social club with card games. Call Maurice 01702 351845</p>	<p>Bereavement Support Group Monday 7th October at the home of Barbara Black Call Janice 07752 874065</p>	<p>AID Society Bridge Sun 6th Oct Thorpe Bay Bridge Club. Geoff Cohen 01702 339601 / Jan Linden 01702 343289</p>
<p>No Cheder mossadrienne@outlook.com</p>	<p>SJYC Youth Club Details inside barryjacobs200@hotmail.com</p>	<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978</p>
<p>Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk 01702 589105</p>	<p>Stock Rd Cemetery, SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST</p>	<p>Ladies Guild Kiddushim Contact Sara Vandermolen on 01702 344900 swhc.org.uk/ladies-guild/#kiddush</p>
<p>Tree of Life - Shul Hall Mark your Simcha with a leaf on the tree for £110</p>	<p>Newsletter Sponsorship Contact the Shul Office £25 donation</p>	<p>Pop-in Shul Hall Tuesday 19th November 2-4pm Email Jan swhcf@gmail.com</p>

:: YOUR SHOP AT THE SHUL ::

If you want to place an order for collection: justkosherswhc@gmail.com / 07780 449081

FOR YOM TOV OPENING TIMES PLEASE SEE INSIDE LEAFLET

PLEASE PLACE YOUR YOM TOV ORDERS EARLY!



28th September 2019 | 28 Elul 5779

Rabbi Geoffrey Hyman
Rabbi

Geoffrey Pepper
Maurice Symons
Gabbaim

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YOM TOV OFFICE CLOSURE

Erev Rosh Hashanah Sun 29th Sep

Rosh Hashanah Monday 30th
September & Tuesday 1st October

Wednesday 2nd – Friday 4th
October Open 9am -1pm



SHABBAT NITZAVIM

FRIDAY NIGHT

Mincha/Ma’ariv 6:20pm
Shabbat begins/candle lighting 6:24pm

SHABBAT DAY

Shacharit 9:30am
Children’s Service 11:00am
Kiddush *after the main service*

Mincha *followed by* Seuda Shlishit
including Rosh Hashanah Shiur 6:00pm
Ma’ariv *when* Shabbat ends 7:32pm

SERVICE TIMES

Please see your Yom Tov Timetable, included with the CV and in the Shul Foyer for Service Times & Candle Lighting

NEXT FRIDAY

Selichot followed by Shacharit 8:00am
Shabbat Shuva Vayelech begins & candle lighting 6:08pm
Mincha/Ma’ariv 6:05pm

Rabbi & Rebbetzin Hyman, President, Board of Management and Synagogue Staff
WISH THE ENTIRE COMMUNITY

A Happy and Healthy New Year and Well Over the Fast

Torah Reading	Rabbi Hyman	Soncino Pg 1138
Haftorah Nitzavim	Derek Silverstone	Soncino Pg 1145
Anim Zemirot	Saul Bebb	Sacks Siddur Pg 458
<i>If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.</i>		

THANK YOU to the Ladies Guild for beautifully cleaning the silverware.

THOUGHTS ON THIS WEEK'S PARSHA *from Jeremy Symons*

Rosh Hashanah is the Jewish New Year, marking the beginning of a ten-day period of reflection and repentance, culminating with the holy day of Yom Kippur. Although one of the main focuses at this time, performing acts of Teshuva is not only about apologizing for one's sins and failings; it is also about forgiving others.

There is a famous story, often told by many rabbis to illustrate this point.

A young man was about to graduate from university. In his affluent neighborhood, it was a custom for graduates to receive a new car as a gift from their parents. For months, the young man eyed a fancy sports car, telling his wealthy father "That's the vehicle I want as my graduation gift."

Graduation day finally arrived, and his father handed him a small, wrapped present. The young man opened it up and found a copy of Tanach. Outraged that his wealthy father would give him such a gift, he left home that day, and vowed never to speak to his father again.

Over the years, the young man's anger faded. But his pride kept him from reconciling. Then one day the man received a phone call. His father had died. Filled with regret, the man returned home for the Levayah.

Looking through his father's things, he found the Tanach his father had given him. He opened it up, and found a slip of paper tucked inside. A check, dated the day of his graduation, made out for the exact amount of money for the sports car he'd so desired.

What's the moral of the story? Some believe the message is that 'Hashem's blessings come in unexpected packages.' others say that it means 'one should always look to the Torah for the answers they seek.' I however take a different lesson from it. A misunderstanding had needlessly caused a terrible rift. So, my advice is 'Never hold a grudge'. By the time you're ready to forgive, it may be too late.

For me the message of Rosh Hashanah is clear: How can we expect Hashem to forgive us when we refuse to forgive others? Holding a grudge may mean we miss out on the blessings that could have been—whether it's a sports car, or a sense of long term friendships and peace.

You hear many stories regarding people who have faced and endured tremendous wrongs against them, yet somehow, still found it in themselves to forgive, and were better for it.

Do you hold a grudge? If the answer is yes, then I pray you will take inspiration from this wonderful Jewish holiday and make this a time to let it go. Who's to know, Hidden blessings may await you.

L'shanah Tova: A good year to you all.

Good Shabbos

CST Security Check

Please leave your lockers & seats unlocked to enable CST to make their inspections prior to Rosh Hashanah.

FORTHCOMING EVENTS

Rosh Hashanah Sunday, Monday & Tuesday 29th & 30th September & 1st October | We are delighted to welcome back **Chaim Weissman** who will be our guest Chazan over the High Holy Days. For service times, refer to Yom Tov timetable.

Monday 30th September | **Tashlich service** 5pm. Meet at the bottom of Shorefield Road, Westcliff by the seafront.

Wednesday 2nd October | **Fast of Gedaliah** Fast begins 5:20am. Selichot, followed by Shacharit 8am. Mincha/Ma'riv 6:15pm. Fast ends 7:14pm.

Monday 7th October | **Ladies Guild trip to "Fiddler on the Roof."** £60 stalls, £15 coach. Contact Sara Vandermolten 07813 824684 / van38@blueyonder.co.uk

Tuesday/Wednesday 8th/9th October | **This year's Yom Kippur Appeal** is on behalf of **Chai Cancer Care**.

Wednesday 9th October 3:30pm | **Yom Kippur Ladies Discussion Group** in the Beit Hamedrash.

SUKKOT

Thursday 17th October 5:30pm | **Pizza in the Hut** SJYC Sukkah Party Book your child's free place with Barry Jacobs barryjacobs200@hotmail.com. Pizza, chips and shake the lulav!

Thursday 17th October 7pm | **Simchat Beit Hashoeva** Sukkah Party after Ma'ariv. Everyone is welcome to celebrate with us in our Sukkah for an evening of celebration with refreshments. Special guest **Chazan Reverend David Rome** who has performed nationally and internationally, "one of the finest in his field". He will be talking about Yiddish, Hebrew and Ladino songs, give some history and information about the composer, the song and the meaning. **Free Entry**

SIMCHAT TORAH

Monday 21st October 5:30pm | **Children's Simchat Torah Party** We have pleasure in inviting all our children to see Papalarny followed by 'Jelly & Ice Cream' Party. Afterwards join in the main Shul for singing and dancing with the Torah. Flags and Goody bags for all!

Monday 21st & Tuesday 22nd October | **Simchat Torah Evening** 6pm and Morning Celebrations Service from 9:30am. Dancing with the Torah and running Kiddush. See Yom Tov Timetable for details of times

Wednesday 23rd October 1pm-2pm | **Ivrit (Modern Hebrew) with Lital. Talmud Torah** £5 per class
Shabbat 9th November | **Ajex Shabbat/Samuel Nash Barmitzvah**

Thursday 14th November, 12:30pm | **Ladies Guild "Celebrity Luncheon with Laurence Marks"**
Call Sara Vandermolten 07813 824684 / email: van38@blueyonder.co.uk for full details.

17th November 2019 AJEX 85TH ANNUAL CEREMONY & PARADE, THE CENOTAPH, WHITEHALL. A coach which will be leaving from Riverstone, Crowstone Road at 9.30 am, which will be free of charge. We will be meeting at The Institute of Civil Engineers, 1 Great George Street London SW1P 3AA between 10.45 - 13.00 hours All those who wish to attend please give your name and details to the office or contact Stephen Salt on 07947 709127. ALL THOSE WHO MARCH will have to apply for tickets, you will NOT be allowed to march without one. Spectators do not have to be ticketed.

:: YOUR SHOP AT THE SHUL :: YOM TOV OPENING HOURS THIS WEEK ::

Thursday 26th Sept 11am-5pm Friday 27th Sept 9.30am-1pm
Sunday 29th Sept 9.30am-1pm Monday 30th Sept – Wednesday 2nd October **CLOSED**
The Shop will re-open on Thursday 3rd October from 11am-5pm