

STONE SETTINGS *Stock Road Cemetery SS2 5QF*

Sunday 17th November 2:30pm **Vivienne Lee** **Minyan required**
 Sunday 24th November 2:30pm **Yvonne Dias**

Yahrzeits *The SWHC community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 9 November/11 Cheshvan Mrs Frances Witzendorf, Mr Stanley Robinson.

Sunday – 10 November/12 Cheshvan Mrs Gillian Lang, Mr Neville Hyams,
 Mr Martin Hyams, Mrs Felicia Lawrence, Mr Mark Miller, Mr Malcolm Rubin,
 Mrs Alyce Alexander.

Monday – 11 November/13 Cheshvan Mr Anthony Gower, Mr Murray Miller,
 Mrs Dawn Shestopal, Mr Gyula Vari, Mr Ronald Shinegold.

Tuesday – 12 November/14 Cheshvan Mr John Ellis, Mrs Ann Elman, Mr Richard Ellis,
 Mr Stephen Redstone, Mrs Frances Goldstein.

Wednesday – 13 November/15 Cheshvan Mrs Freida Goldstone, Mr Ronald Roback,
 Mr Michael Rodol, Mr Gordon Rosenberg, Mrs Rita Phillips.

Thursday – 14 November/16 Cheshvan No Yahrzeits

Friday – 15 November/17 Cheshvan Mr Chesney Lewis

VISITING THE SICK If you know anyone who would like a hospital or home visit from the Rabbi or a member of the *Community Care Committee*, please email Rabbi Hyman rabbi@swhc.org.uk or Janice Steel swhcfc@gmail.com or call Janice on 07752 874065 or the Shul Office on 01702 344900

REGULAR EVENTS & NOTICES

Monday Shalom Friendship Club Maurice 01702 351845	Monday - Pilates 2-3pm Shul Office 01702 344900	Monday Cheder 4.30pm-6.15pm mossadrienne@outlook.com
Tuesday - Pilates 10-11am Shul Office 01702 344900	Wednesday - JACS Allan Goldstein 01268 771978	Wednesday – Ivrit 1-2pm Shul Office 01702 344900
Thursday - Youth Club Barryjacobs200@hotmail.com	Newsletter Sponsorship £25 Shul Office 01702 344900	Tree of Life - £110 Shul Office 01702 344900
Stock Rd Cemetery SS2 5QF Sunday – Friday Winter 10am – 3pm GMT Summer 10am – 4pm BST	Shul Library swhc.org.uk/facilities/library sonnykosky@blueyonder.co.uk	Pop In Tuesday 19 November 2-4pm swhcfc@gmail.com
Bereavement Support Group Monday 11 November Home of Ivan Kanutin Call Janice 07752 874065	Ladies Guild Kiddushim Sara Vandermolten 01702 344900 swhc.org.uk/ladies-guild/#kiddush	AID Society Bridge Sunday 15 December Thorpe Bay Bridge Club. Geoff Cohen 01702 339601 / Jan Linden 01702 343289



9th November 2019 | 11th Cheshvan 5780

Newsletter No. 1111

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Rabbi

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SHABBAT LECH LECHA

FRIDAY NIGHT

Mincha *then* Kabbalat Shabbat 4:00pm

Shabbat begins/candle lighting 3:58pm

SHABBAT DAY

Shacharit 9:30am

Children's Service 11:00am

Kiddush *after the main service followed by* Mincha

Shabbat ends 5:11pm

Ma'ariv 5:30pm

WEEKDAY SERVICE TIMES

SUNDAY- THURSDAY

Shacharit 8:30am

Ma'ariv 8:00pm

FRIDAY

Shacharit 8:30am

Shabbat begins/Candle lighting 3:48pm

Mincha *then* Kabbalat Shabbat 3:50pm



We extend a warm welcome to those attending our services this week and hope you will join us again soon. Please do not eat or drink until the Rabbi has made Kiddush.

Torah Reading	Rabbi Hyman	Soncino Page 60
Maftir Reading	Samuel Nash	Soncino Page 82
Haftorah Lech Lecha	Stephen Salt	Soncino Page 82
Anim Zemirov	Saul Bebb	Sacks Siddur Page 458

If you would like to repeat your Bar Mitzvah Haftorah, please contact the Gabbaim.

SEDRA SUMMARY *from Rabbi Geoffrey Hyman*

Abram is commanded by G-d to leave his home and country to go to a promised land. G-d blesses him that he will become a great nation that will be a blessing for all mankind. Abram follows G-d's command, and arrives in Canaan where G-d tells him that this is the land that He will give him.

During a severe famine, Abram and Sarai take refuge in Egypt where they encounter problems because of the decadence that existed there. Abram returns to Canaan together with Lot who settles in the plains of Sodom and Gemorrah.

At the end of chapter 13, G-d reiterates the promise to Abram.

Chapter 14 describes the "war of the kings" in which Lot is taken captive and Abram rescues him. In chapter 15 Abram is promised a multitude of descendants and a formal covenant is entered into. During this, Abram is told by G-d of the oppression that will befall his descendants, but they will go out with great wealth to the Promised Land.

The birth of Ishmael, son of Abram and Hager is described in the next chapter.

A covenant of circumcision (Brit Milah) is given to Abram in chapter 17 and he is renamed, Abraham. Sarai too is renamed Sarah.

G-d tells Abraham that Sarah will bear him a son, Yitzchak who will be the heir to the covenant. He is also told that Ishmael will also become a large nation.

The Sedra concludes with the brit of Abraham, Ishmael and all the male members of his household. *Good Shabbos*

:: YOUR SHOP AT THE SHUL ::

If you want to place an order for collection: justkosherwhc@gmail.com / 01702 430307



SHOP OPENING HOURS THIS WEEK

- | | |
|-------------------------------|----------------------------|
| :: Monday 9:30am - 12:30pm | :: Tuesday CLOSED |
| :: Wednesday 9:30am - 12:30pm | :: Thursday 12noon - 5pm |
| :: Friday 9:30am - 1pm | :: Sunday 9:30am - 12:30pm |

YOM KIPPUR APPEAL FOR CHAI CANCER CARE

If still wish to donate, please contact the office, 01702 344900. **All cheque donations payable to Chai Cancer Care or bring cash or credit card into the Shul Office.**



Today marks the 81st Anniversary of Kristallnacht – Night of the Broken Glass – 9th November, 1938. We should remember our late, and much-loved, Otto Deutsch (*obm*), who lived through those terrible times in Vienna with his parents and sister.

MAZEL TOV! *A hearty Mazel Tov from the SWHC Community*

Sara & Michael Vandermolen & Sylvia Vandermolen on the birth of a grandson and great grandson. Mazel Tov also to parents **Brooke & Sebastian Vandermolen** and sister **Lyla** and maternal grand-parents, **Beverley & Howard Calvert**.

FORTHCOMING EVENTS

This Shabbat 9th November Lech Lecha | Barmitzvah Samuel Nash and AJEX Shabbat. We wish Mazel Tov to **Joanne & Darren Nash** on the Barmitzvah of their son, **Samuel**. The kiddush is jointly sponsored by the Nash family & AJEX. Please come and support those who gave their lives in the World Wars and all subsequent Wars in defence of the UK and Israel.

Sunday 10th November | Mayor's Annual Civic Cenotaph Service & Parade. All are invited to assemble at Prittlewell Square at 10.15am to march with AJEX and SJYC. Immediately after the Civic Service, AJEX will proceed to Stock Road Cemetery for the Service of Remembrance at our Jewish War Memorial.

Monday 11th November, 8pm | Southend Learning Circles with Rabbi and Mrs Sufrin at the home of Annette & Jeffrey Gilbert. All are welcome to attend, no previous knowledge required.

Thursday 14th November, 12:30pm | Ladies Guild "Celebrity Luncheon with Laurence Marks" Call Sara Vandermolen 07813 824684 / email van38@blueyonder.co.uk for full details.

Sunday 17th November | AJEX 85th Annual Ceremony & Parade, The Cenotaph, Whitehall. A coach will be leaving from Riverstone, Crowstone Road at 9:30am, which will be free of charge. We will be meeting at The Institute of Civil Engineers, 1 Great George Street London SW1P 3AA between 10:45am-1pm. All those who wish to attend please give your name and details to the Shul Office or contact Stephen Salt on 07947 709127. ALL THOSE WHO MARCH will have to apply for tickets, you will NOT be allowed to march without one. Spectators do not have to be ticketed.

Sunday 24th November, 8pm | Concert Series at SWHC presents "Modern Apes" A 60s tribute band with songs from the Beatles, Rolling Stones, The Kinks, The Who and more! A great vintage 4-piece band. Tickets £10 members, £12 non-members. concertseries@swhc.org.uk / 07951 185933.

Sunday 8th December 7pm | AID Society Race Night Shul Hall £10 pp including refreshments and raffle tickets. Tickets from Marcia 07887847482/Geoff 07969991209.

Sunday 22nd December, 7pm | Chanukah Magic Evening with Michael Gee Internationally renowned celebrity magician; appeared on Penn & Teller. Salt Beef supper (vegetarian option available if pre-ordered). Tickets: £25 members, £27.50 non-members from the Shul Office.

Public Menorah Lighting | Cliffs Pavilion, 22nd – 29th December 2019

Following on from the tremendous success of previous years, there will be a giant public Menorah this Chanukah. You are invited to come to the daily electric lighting with free doughnuts for all!

Sun 22nd Dec 5:30pm	<i>Magic Evening 7pm</i>	Thurs 26th Dec 7:30pm
Mon 23rd Dec 7:30pm	<i>Gala Night following</i>	Fri 27th Dec 2:30pm
Tues 24th Dec 7:30pm		Sat 28th Dec 7:30pm
Wed 25th Dec 7:30pm		Sun 29th Dec 5:30pm

